

# Annexure B(2) BENEFIT

## SCHEDULE

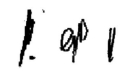
### LA CORE OPTION (With effect from 1 January 2023)

REGISTERED BY ME ON



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**GENERAL RULES APPLICABLE TO THIS ANNEXURE**

- (1) In this option, the DSP for all elective in-hospital PMB treatment and care is the KeyCare Network of hospitals, subject to Regulation 8 (3)(a) and (b). Where members voluntarily make use of the services of a non-DSP hospital for elective PMB services, a co-payment will apply as per Annexure G of these Rules. Specific treatment and procedures, as per the list provided in Annexure H of these Rules, to be obtained from one of the Scheme's identified Preferred Provider Day Surgery facilities.
- (2) In this option, unless otherwise indicated in this schedule, an out of hospital **NON-PMB** benefit will be financed first from the Medical Savings Account (MSA) and thereafter from the Extended Day-to-day Benefit (EDB).
- (3) The Extended Day-to-day Benefit (EDB) is a compulsory level of cover, in respect of out of hospital expenses, for GP's, Specialists, Acute Medication, Dentistry, Optical, Radiology and Pathology, up to the following annual joint limits:

Per Member	R7,429
Per Spouse/Adult Dependant	R5,188
Per Child (to a maximum of three)	R2,021

- (4) The MSA is a compulsory level of cover, for the **NON-PMB** day-to-day expenses up to the following annual limits:

Per Member	R11,172
Per Spouse/Adult Dependant	R9,756
Per Child (to a maximum of three)	R4,488

- (5) This Option has no overall annual limit.

	SERVICE	% BENEFIT	ANNUAL LIMITS	CONDITIONS/REMARKS
A.	<p><b>Statutory Prescribed Minimum Benefits subject to paragraph 1.4 of Annexure B</b></p> <p>Private Hospital, subject to DSP for elective procedures / treatment</p> <p>Out of Hospital</p> <p>*Including:</p> <ul style="list-style-type: none"> <li>■ Oncology, Chemotherapy, Radiotherapy, Organ Transplants (including Bone Marrow transplants) and Kidney Dialysis.</li> <li>■ Psychological, psychiatric treatment and drug and alcohol rehabilitation.</li> <li>■ Authorised related medicines and TTO.</li> <li>■ Specialist and general practitioners in and out-of-hospital</li> <li>■ Confinements and midwives</li> <li>■ Maxillo- facial procedures (Severe infections, jaw-joint replacements, cancer-related and trauma-related surgery, cleft-lip and palate repairs).</li> </ul>	100% of Cost	Unlimited	<ol style="list-style-type: none"> <li>1. Basis of cover as contained in Annexure G.</li> <li>2. Diagnosis, treatment and care costs subject to pre-authorisation and the preamble hereto covered from MMB (including Radiology, Pathology and MRI/CT Scans).</li> <li>3. Accommodation in a private ward is subject to certification by the attending practitioner as essential for the recovery of the patient.</li> <li>4. Limited up to a maximum of 21 Days in respect of Drug and Alcohol Abuse up to a maximum of the rate contracted with SANCA.</li> <li>5. Limited up to a maximum of 3 Days in respect of Detoxification up to a maximum of the rate contracted with SANCA.</li> </ol>
B.	<p><b>In Private Hospitals, Unattached Operating Theatres and Day Clinics</b></p> <p>Accommodation in a general ward, high care ward and intensive care unit.</p> <p>Theatre fees.</p> <p>Medicines, materials, and hospital equipment.</p> <p>Outpatient services.</p> <p>Confinement and midwives.</p>	100% of Cost up to LAHR	Unlimited	<ol style="list-style-type: none"> <li>1. Subject to pre-authorisation.</li> <li>2. Accommodation in a private ward is subject to certification by the attending practitioner as essential for the recovery of the patient.</li> <li>3. Covered from MMB.</li> <li>4. Medicines include the completion of a course of treatment specifically related to the event giving rise to hospitalization.</li> <li>5. Outpatient/Casualty visits paid from MSA, except in the case of PMB's.</li> </ol>

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	SERVICE	% BENEFIT	ANNUAL LIMITS	CONDITIONS/REMARKS
	<p><b>In Private Hospitals, Unattached Operating Theatres and Day Clinics</b> In-hospital consultations, surgical and other procedures</p>	100% of Cost up to LAHR	Unlimited	<ol style="list-style-type: none"> <li>1. Subject to pre-authorization, clinical entry criteria and, treatment guidelines</li> <li>2. Accommodation in a private ward is subject to certification by the attending practitioner as essential for the recovery of the patient.</li> <li>3. Covered from MMB.</li> <li>4. Medicines include the completion of a course of treatment specifically related to the event giving rise to hospitalisation.</li> <li>5. Outpatient/Casualty visits paid from MSA, except in the case of PMB's.</li> </ol>
	<p><b>Day surgery procedures or treatment</b> Healthcare services reflected in Annexure H at a defined list of preferred facilities</p>	100% of Cost up to LAHR	Unlimited	<ol style="list-style-type: none"> <li>1. Subject to pre-authorization, treatment guidelines and clinical criteria.</li> <li>2. A deductible of R6 300 applies per procedure performed outside of a network facility</li> </ol>
	Endoscopic procedures, gastroscopy, and colonoscopy	100% of Cost up to LAHR	Unlimited	Covered from MMB. Subject to pre-authorization.
	<p>Spinal care and surgery In and out of hospital management of spinal care and surgery for a defined list of clinically appropriate procedures, which include Lumbar or Cervical Fusion, Laminectomy or Laminotomy</p>	100% of cost up to LAHR or up to 80% of LAHR at non-Network facility	Unlimited	<ol style="list-style-type: none"> <li>1. Subject to the use of the services of the Scheme's Network of providers.</li> <li>2. Subject to pre-authorization, treatment guidelines and clinical criteria.</li> <li>3. Related accounts paid from MMB.</li> <li>4. Out-of-hospital conservative treatment subject to the Scheme's basket of care.</li> </ol>
	<p>Colorectal cancer care and surgery In and out of hospital management of colorectal cancer and related surgery</p>	100% of cost up to LAHR or up to 80% of LAHR at non-Network facility	Unlimited	<ol style="list-style-type: none"> <li>1. Subject to the use of the services of the Scheme's Network of providers.</li> <li>2. Subject to pre-authorization, treatment guidelines and clinical criteria.</li> <li>3. Related accounts paid from MMB.</li> </ol>
	<p>Pre-operative Assessment for the following list of major surgeries: arthroplasty, colorectal surgery, coronary artery bypass graft, radical prostatectomy and mastectomy</p>	100% of Cost up to LAHR	Limited to benefits in basket of care	Subject to authorisation and/or approval and the treatment meeting the Scheme's clinical entry criteria and treatment guidelines. Paid once per hospital admission from MMB.

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	SERVICE	% BENEFIT	ANNUAL LIMITS	CONDITIONS/REMARKS
C.	<b>Out of Hospital Procedures/Operations</b> 1. Surgical procedures	100% of Cost up to LAHR	Unlimited	Subject to pre-authorisation, covered from MMB including the channeling of a clinical procedure or operation from hospital to the doctor's room by the Scheme.
	2. Endoscopic procedures, laser tonsillectomy, gastroscopy, colonoscopy, 24-hour oesophageal pH studies and oesophageal motility studies	100% of Cost up to LAHR	Unlimited	Scope codes only: Covered from MMB. Subject to pre-authorisation. Related accounts paid from and limited to funds in Medical Savings Account/ Extended Day-to-day Benefit.
D.	<b>Home-based care in lieu of hospitalisation / early discharge</b> Home-based care for clinically appropriate chronic and acute treatment and conditions that can be treated at home	100% of cost up to LAHR, subject to PMB	Unlimited in baskets of care	1. Subject to authorisation / approval and paid from MMB. 2. Subject to treatment guidelines and clinical and benefit criteria and services provided by the Scheme's preferred providers, where applicable, and the treatment meeting clinical and benefit entry criteria. 3. Defined services in the Scheme's baskets of care apply.
	Clinically appropriate home monitoring devices for home monitoring of chronic and acute conditions	100% of the cost up to the LAHR	Limited to benefits in basket of care	1. Paid from the Major Medical Benefit, subject to basket of care. 2. Subject to approval, the Scheme's protocols and clinical and benefit entry criteria.
E.	<b>Practitioners (Out of Hospital)</b> GP and Specialists visits in doctor's rooms, virtual and tele consultations	100% of Cost up to LAHR	Joint Limit	Covered first from MSA and thereafter from EDB, except for PMB's.
	Virtual Pediatrician Consultations children aged 14 and under from a Network Pediatrician consulted in the 6 months immediately prior to the virtual consultation	100% of Cost up to LAHR	Unlimited	Once the MSA/EDB have been depleted, Virtual Pediatrician Consultations paid from MMB per qualifying child.
	Second-opinion consultation obtained from specialists at the Cleveland Clinic	50% of Cost	Unlimited	Paid from MMB to a maximum of 50% of the cost of the consultation. Subject to pre-authorisation.
	Nurse Practitioners	100% of Cost up to LAHR	Unlimited	Covered from MSA. Registered nursing services only. Domestic services excluded.
	Trauma related casualty visits for children aged 10 and under (includes consultation, facility fee and consumable codes billed) at a hospital in the Scheme's casualty network	100% of Cost up to LAHR	2 visits per child per annum	1. Paid from MMB once MSA and EDB are depleted. 2. Limited to 2 visits per child.

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	SERVICE	% BENEFIT	ANNUAL LIMITS	CONDITIONS/REMARKS																														
F.	<p><b>Dentistry</b></p> <p><b>Basic dental trauma procedures (not PMB)</b> For a sudden and unanticipated impact injury because of an accident or injury to teeth and the mouth, resulting in partial or complete loss of one or more teeth that requires urgent care in- or out-of-hospital</p> <p><b>Dentistry In-Hospital:</b> Specialised dentistry</p> <div style="border: 1px solid red; padding: 5px; margin: 10px 0;"> <p style="text-align: center; color: red; font-weight: bold;">REGISTERED BY ME ON</p>  <p>Mfana Maswanganyi 12/01/2023 07:52:04(UTC+02:00) Signed by Mfana Maswanganyi, m.maswanganyi@medicalschemes.co.za REGISTRAR OF MEDICAL SCHEMES</p> <p style="text-align: right; font-size: small;">SIGNIFLOW.COM</p> </div> <p>Basic dentistry</p> <p><b>Out-of-Hospital:</b> Specialised dentistry</p> <p>Basic dentistry</p>	<p>100% of the cost up to the LAHR</p> <p>100% of cost up to LAHR</p> <p>100% of cost up to LAHR</p> <p>100% of cost up to LAHR</p> <p>100% of cost up to LAHR</p>	<p>Limited to R61 500 per beneficiary per year</p> <p>In-hospital costs unlimited</p> <p>Related non-hospital accounts limited to R34,830 per beneficiary</p> <p>Unlimited</p> <p>Unlimited</p> <p>Unlimited</p>	<p><b>In-Hospital / Day Clinic</b> Paid from the Major Medical Benefit. Subject to pre-authorisation, clinical entry criteria &amp; treatment guidelines</p> <p>1. Deductible payable by the member:</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td rowspan="2" style="width: 20%;">Hospital</td> <td style="width: 50%;">Younger than 13 years</td> <td style="width: 30%;">R2,360</td> </tr> <tr> <td>Older than 13 years</td> <td>R5,970</td> </tr> <tr> <td rowspan="2">Day Clinics</td> <td>Younger than 13 years</td> <td>R1,160</td> </tr> <tr> <td>Older than 13 years</td> <td>R3,910</td> </tr> </table> <p>In-or out-of-hospital</p> <p>2. Related accounts (Dentist and others), paid from MMB, subject to joint limit of R61 500 per beneficiary per year.</p> <p>3. Dental appliances and Prostheses, and placement thereof, orthodontics (surgical &amp; non-surgical) paid from MMB, subject to joint limit of R61,500 per beneficiary per year.</p> <p><b>Subject to pre-authorisation</b></p> <p>1. Deductible payable by the member:</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td rowspan="2" style="width: 20%;">Hospital</td> <td style="width: 50%;">Younger than 13 years</td> <td style="width: 30%;">R2,360</td> </tr> <tr> <td>Older than 13 years</td> <td>R5,970</td> </tr> <tr> <td rowspan="2">Day Clinics</td> <td>Younger than 13 years</td> <td>R1,160</td> </tr> <tr> <td>Older than 13 years</td> <td>R3,910</td> </tr> </table> <p>2. Balance of Hospital/Day Clinic account (after deductible) paid from MMB.</p> <p>3. Related non-hospital accounts (for dentists, anaesthetists, etc) paid from MMB, subject to joint limit of R34,830 per beneficiary.</p> <p><b>Subject to pre-authorisation</b></p> <p>1. Deductible payable by the member:</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td rowspan="2" style="width: 20%;">Hospital</td> <td style="width: 50%;">Younger than 13 years</td> <td style="width: 30%;">R2,360</td> </tr> <tr> <td>Older than 13 years</td> <td>R5,970</td> </tr> <tr> <td rowspan="2">Day Clinics</td> <td>Younger than 13 years</td> <td>R1,160</td> </tr> <tr> <td>Older than 13 years</td> <td>R3,910</td> </tr> </table> <p>2. Balance of Hospital account (after deductible) paid from MMB.</p> <p>3. Related non-hospital accounts (for dentists, anaesthetists, etc) paid from and limited to funds in MSA/EDB.</p> <p>Paid from and limited to funds in MSA/EDB.</p> <p>Paid from and limited to funds in MSA/EDB.</p>	Hospital	Younger than 13 years	R2,360	Older than 13 years	R5,970	Day Clinics	Younger than 13 years	R1,160	Older than 13 years	R3,910	Hospital	Younger than 13 years	R2,360	Older than 13 years	R5,970	Day Clinics	Younger than 13 years	R1,160	Older than 13 years	R3,910	Hospital	Younger than 13 years	R2,360	Older than 13 years	R5,970	Day Clinics	Younger than 13 years	R1,160	Older than 13 years	R3,910
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	SERVICE	% BENEFIT	ANNUAL LIMITS	CONDITIONS/REMARKS
G.	<b>Prescribed Pharmaceuticals Including TTO</b>			
	Acute sickness conditions	100% of LAMR for medicine on preferred list and 90% for medicine not on preferred list	Joint Limit	Covered first from MSA and thereafter from EDB.
	Over-the-Counter Medication (Schedule 0, 1 and 2, generic or non-generic whether prescribed or not)	100% of cost	Joint Limit	1. Covered first from MSA and thereafter from EDB. 2. A sub-limit of R1,670 per beneficiary per year applies to certain categories of unscheduled supplements, provided as OTC.
	<b>PMB Chronic conditions (including but not limited to the appended CDL)</b>	100% of cost	Unlimited based on Formulary	1. Subject to pre-authorization, and the preamble hereto. 2. Full cover based on a formulary. If non-formulary medicine is used voluntarily the Scheme will pay up to the monthly Chronic Drug Amount (CDA). This is subject to Regulations 15 h (c) and 15 i (c). 3. Covered from MMB. 4. In the case of PMB's Annexure G applies. 5. Costs for completion of chronic application form covered from MMB.
	Diabetes Care or Cardio Care Disease Management Programmes	100% of LAHR	Unlimited	Non-PMB GP and other -related services covered in a treatment basket, subject to referral by the Scheme's Network GP and participation on the Chronic Illness Benefit. Paid from MMB.
	Continuous blood glucose monitoring	100% of the LAHR	Limited to R1,660 per beneficiary per month for sensors only	1. Subject to registration on the Scheme's Diabetes Management Programme, approval, criteria and obtaining sensors from DSP pharmacy. 2. Readers and/or transmitters paid from MSA, limited to R4,630 per device. 3. Purchase of the sensors subject to an annual co-payment: Adult beneficiary: R1,250; Paediatric beneficiary: R1,660
	<b>Other chronic conditions (as per appended list) in so far as they don't form part of the PMB's which will not be subject to the annual limit</b>	Paid up to a monthly Chronic Drug Amount and subject to annual limit	M : R12,805 M1+ : R25,410	1. Subject to pre-authorization, and the preamble hereto. 2. Full cover based on a formulary. If non-formulary medicine is used voluntarily the Scheme will pay up to the monthly Chronic Drug Amount (CDA). This is subject to Regulations 15 h (c) and 15 i (c). 3. Covered from MMB. 4. In the case of PMB's Annexure G applies. 5. Costs for completion of chronic application form covered from MMB.

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	SERVICE	% BENEFIT	ANNUAL LIMITS	CONDITIONS/REMARKS
K.	<p><b>Mental Health Benefit</b> Psychological, Psychiatric treatment and Drug and Alcohol rehabilitation with due regard to the PMB's (paragraph A)</p> <p>In- or Out-of-Hospital PMB related care</p> <p>Out of Hospital non-PMB mental health benefits (including psychologists, psychiatrists, art therapy and social workers)</p> <p>Disease management for major depression for members registered on the Mental Health Care Programme, including benefits to prevent relapse or recurrence of a major depressive episode</p>	<p>100% of cost up to LAHR</p> <p>100% of cost up to LAHR</p> <p>100% of the LAHR</p>	<p>Up to a maximum of 21 Days per beneficiary per annum</p> <p>Unlimited</p> <p>Unlimited.</p>	<p>Refer to Annexure G for PMB's</p> <ol style="list-style-type: none"> <li>Covered in full, from MMB at the DSP.</li> <li>If services of non-DSP is used voluntarily, a 20% co-pay applies to the hospital account.</li> <li>Subject to clinical criteria and protocols.</li> <li>A maximum of 21 Days In-Hospital or 15 days Out-of-hospital psychologist or psychiatrist contacts for PMB related conditions, both accruing to the maximum of 21 treatment days.</li> <li>Further limited to a maximum of 21 days for alcohol or drug abuse related rehabilitation, or treatment and care in the case of an attempted suicide, and 3 days for in-hospital detoxification services</li> </ol> <p>Covered from MSA, except for PMB's.</p> <p>Non-PMB GP-related services covered in the Scheme's basket of care subject treatment guidelines and managed care criteria and referral by the Scheme's Network GP. Paid from MMB. Specific limits apply in the basket of care.</p>
L.	<p><b>Physiotherapy</b> Pre-Hospital, In-Hospital and Post-Hospital</p> <p>Out of Hospital</p>	<p>100% of cost up to LAHR</p> <p>100% of cost up to LAHR</p>	<p>Unlimited</p> <p>Unlimited</p>	<p>Subject to pre-authorisation and case management, covered from MMB.</p> <p>Covered from MSA.</p>
M.	<b>Blood Transfusions and Blood Products/Equivalents</b>	100% of cost up to LAHR	Unlimited	Subject to pre-authorisation, covered from MMB.
N.	<b>Ambulance Services</b>	100% of cost up to LAHR	Unlimited	<ol style="list-style-type: none"> <li>Subject to pre-authorisation, covered from MMB.</li> <li>The services of the Scheme's DSP, must be used.</li> </ol>
O.	<b>Alternatives to hospitalisation</b> Approved Step-down Nursing Facilities Private Nursing	100% of cost up to LAHR	Unlimited	<ol style="list-style-type: none"> <li>Subject to pre-authorisation and case management, covered from MMB.</li> <li>Private nursing excludes domestic services.</li> </ol>
P.	<b>Advanced Illness Benefit</b> Out-of-hospital palliative care for members with life limiting conditions, including cancer, subject to PMB.	100% of the cost up to the LAHR	Unlimited, according to the Scheme's basket of care	<ol style="list-style-type: none"> <li>Covered from MMB, subject to authorisation, clinical criteria, and treatment guidelines.</li> <li>Basket of care includes cover for services rendered by a multi-disciplinary palliative care team: Hospice care at home and in-patient units, limited nursing care, medical care by palliative care trained doctors, psychosocial support, pain management, supportive medication, oxygen, physiotherapy and limited radiology and pathology.</li> </ol>

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	SERVICE	% BENEFIT	ANNUAL LIMITS	CONDITIONS/REMARKS
P1.	<b>Advanced Illness Member Support Programme</b> for members with advanced illnesses, i.e., advanced stages of cancer, or other life-limiting conditions, who require support at a time when they are trying to manage their symptoms and understand their healthcare need.	100% of the cost up to LAHR	Unlimited, according to the Scheme's basket of care	1. Covered from MMB, subject to authorisation, clinical criteria, and treatment guidelines. 2. Includes cover for a consultation with a provider trained in palliation, counselling sessions with counsellors, social workers or psychologists trained in palliation, advanced care planning and bereavement counselling (within 30 days of the death of a loved one).
Q.	<b>Auxiliary Services</b> Audiology Occupational therapy Speech Therapy Chiroprody/Podiatry Dietetics Homeopathy Naturopathy Chiropractics Orthoptics Acupuncture Unani-Tibb therapy Any other registered auxiliary service	100% of cost up to LAHR	Unlimited	Covered from MSA. Providers of service must be registered with the appropriate professional authority.  
R.	<b>Internal Prostheses</b> Cochlear implants, implantable defibrillators, internal nerve stimulators and auditory brain implants  Spinal Prostheses/Devices  Hip, Knee and Shoulder replacement devices  Other Internal Prostheses	100% of cost up to LAHR  100% of cost up to LAHR  100% of cost up to LAHR	Limited to R235,100 per beneficiary per annum  Unlimited  Unlimited Subject to preauthorisation, clinical criteria, obtaining the device from a Preferred Provider, and the use of the DSP hospital for Hip and Knee replacements  Unlimited	Covered from MMB subject to pre-authorisation.  Paid from MMB. Unlimited, subject to obtaining services from Scheme's Network Provider for prosthetic device, screws, cement, and other components used in the surgery. If the Network Provider is not used, an annual limit of R52,500 per beneficiary applies, limited to R26,250 per level. Further limited to two levels per procedure, and one procedure per year.  Covered from MMB. Shoulder replacement devices limited to R45,550 per prosthesis per admission if from a non-Preferred Provider. Hip and knee replacements limited to R30,900 per device from a non-Preferred Provider. A 20% co-payment of the hospital cost applies for hip/knee replacements when the services of a non-network hospital is used voluntarily.  Subject to pre-authorisation; clinical entry criteria, covered from MMB.
S.	<b>Pathology (non-PMB)</b> In Hospital  Out of Hospital  Point of care pathology testing	100% of cost up to LAHR  100% of cost up to LAHR  100% of cost up to LAHR	Unlimited  Joint Limit  Joint Limit	Covered from MMB. Subject to pre-authorisation and DSP for basic pathology.  Covered from MSA and thereafter from EDB.  1. Covered from MSA/EDB except for PMB's. 2. Subject to meeting the Scheme's treatment guidelines and managed care criteria and the results provided using Scheme accredited devices

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	SERVICE	% BENEFIT	ANNUAL LIMITS	CONDITIONS/REMARKS
T.	<b>External Medical Items</b> Prosthetic limbs, eyes and other external prostheses, orthopaedic appliances (including wheelchairs and crutches), nebulisers, glucometers, diabetic equipment, diagnostic agents and appliances, stoma bags, bandages, hearing aids and wigs with due regard to the PMB's.  Oxygen rental  Bluetooth enabled blood glucose monitoring device	100% of cost  100% of cost up to LAHR  100% of cost up to LAHR	Unlimited  Unlimited  Limited to 1 device per beneficiary per year	Covered from MSA except for PMB's.  Subject to pre-authorisation, the use of Scheme's DSP and covered from MMB.  Covered from MMB subject to: 1. Beneficiary being registered for Diabetes on the Chronic Illness Benefit. 2. Scheme's protocols; clinical entry criteria and DSPs.
U.	<b>Optical</b> Optometry Consultations  Spectacles, frames, contact lenses and refractive eye surgery (e.g. excimer laser)	100% of cost up to LAHR  100% of cost	Joint Limit  Joint Limit	Covered first from MSA and thereafter from EDB.  Covered first from MSA and thereafter from EDB.
V.	<b>Maternity</b> Maternity Programme Cover during pregnancy: Ante-natal visits, scans and selected blood tests and pre- or post-natal classes  Cover for the newborn baby for 2 years after the birth  Cover for the mother of the newborn baby for 2 years after the birth  Antenatal classes (if not registered on the Maternity Programme) Douglas	100% of LAHR  100% of LAHR  100% of LAHR  100% of LAHR	8 antenatal consultations with Gyneacologist, GP or Midwife. 1 Nuchal translucency or 1 non-invasive prenatal test (NIPT) or 1 T21 Chromosome test. 2X 2D Ultrasound scans. A defined basket of blood tests. 5 pre- or post-natal classes or consultations with a registered nurse.  2 visits to GP, paediatrician or ENT  1 consultation at GP or Gynaecologist for post-natal complications. 1 nutritional assessment at a dietician. 2 mental health consultations with a counsellor or psychologist. 1 lactation consultation with a registered nurse or lactation specialist.  Unlimited  Unlimited	Paid from MMB when registered on the Maternity Programme. Limited to the applicable benefits in MSA or EDB if not registered on the Maternity Programme.  3D scans covered up to the cost of a 2D scan only.    Paid from MSA only.  Paid from MSA only.

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	SERVICE	% BENEFIT	ANNUAL LIMITS	CONDITIONS/REMARKS
W.	<b>HIV/AIDS and related illnesses</b>	100% of cost	Unlimited	1. Subject to evidence-based managed care protocols/formularies as provided for in regulation 15 and managed by the Scheme's Management Programme. 2. Covered from MMB.
	<b>HIV prophylaxis (rape and mother-to-child transmission)</b>	100% of cost	Unlimited	1. Subject to pre-authorisation. 2. Covered from MMB.
	<b>HIV/AIDS-related GP consultations</b>	100% of cost	Unlimited	Subject to authorisation and obtaining treatment from DSP. A 20% co-payment applies if non-DSP is used voluntarily.
X.	<b>Screening Tests</b> <u>Group of tests at a Pharmacy</u> 1. Blood Glucose Test 2. Blood Pressure Test 3. Cholesterol Test 4. Body Mass Index (BMI)  OR One Flu vaccination	100% of the LAHR	One or all of the 4 listed screening tests per annum per beneficiary  One flu vaccination per beneficiary per year	1. Payable from MMB only if services were obtained in the Scheme's contracted network of pharmacies. 2. Payable from MSA if member voluntarily makes use of a Non-DSP. 3. Once the limit has been reached, tests will be paid for from the MSA. 4. Paid from MMB.  1. Paid up to the Scheme Rate for Group of Tests at a Pharmacy only.
	<b>Screening tests for children between ages 2 and 18 years of age:</b> 1. Body Mass Index (BMI) and counselling where appropriate 2. Basic Hearing screening 3. Basic Dental screening 4. Milestone tracking for children under the age of 8	100% of the LAHR	One, or all of the 4 listed screening tests per annum per beneficiary	1. Payable from MMB only if services were obtained from the Scheme's contracted DSP. 2. Once the limit has been reached, or if member uses services of a non-DSP, applicable tests will be paid from MSA.
	<b>Group of age-appropriate screening tests for beneficiaries who are 65 years or older</b>	Up to 100% of LAHR	Each of the assessments limited to one per beneficiary per annum	1. Subject to clinical criteria and payable from MMB for hearing, vision or frailty and core seniors assessment 2. Once the limits have been reached, or if non-DSP services are used paid for from the MSA/EDB.
	Additional screening assessment or consultation for at-risk members	up to 100% of LAHR	1 Consultation per person per annum	1. Subject to clinical criteria and treatment guidelines and the services obtained from the Scheme's accredited Network provider
	<b>Other screening tests (subject to PMB)</b> <u>Group of tests at Healthcare Professionals:</u> 1. Mammograms 2. Pap Smears 3. Prostate-Specific Antigen (PSA)	100% of the LAHR for the actual test codes only	<u>Limit per beneficiary:</u> One Pap Smear every 3 years. One Mammogram every 2 years. One PSA test per annum	1. The LAHR will be paid from MMB for the actual tests only. Associated consultations and other related procedures will be funded first from MSA and thereafter from EDB. 2. More frequent pap smears and/or mammography, MRI breast scan and once off BRCA testing, subject to clinical criteria and authorisation for at risk members.
	4. Colorectal cancer screenings for persons aged 45 to 75 years	100% of the LAHR	1 Faecal occult blood test or faecal immunochemical test every 2 years	1. A Colonoscopy, subject to clinical criteria and authorisation, for persons identified to be at risk

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	SERVICE	% BENEFIT	ANNUAL LIMITS	CONDITIONS/REMARKS
	<p><b>Other Vaccinations</b> 1. Other vaccinations</p> <p>2. Pneumococcal vaccinations</p> <p><b>Genetic testing</b> 1. Whole Exome screening (subject to licensing)</p> <p>Newborn screening</p>	<p>100% of the LAHR</p> <p>100% of the LAHR</p> <p>up to 50% of the cost of the LAHR</p> <p>100% of the LAHR</p>	<p>Unlimited</p> <p>One Pneumococcal vaccine per person every 5 years for persons under the age of 65 and one vaccine per person per lifetime for persons older than 65.</p> <p>Unlimited</p>	<p>1. Paid from MSA.</p> <p>1. Subject to clinical entry criteria. Paid from MMB.</p> <p>1. Must be obtained from Scheme's Preferred Supplier. 2. Up to 50% of the cost paid from MSA. 3. Remainder of the account to be paid by the member.</p> <p>Limited to funds available in MSA.</p>
Y.	<p><b>WHO Outbreak Benefit</b> Benefit for out-of-hospital management and appropriate supportive treatment of global World Health Organisation (WHO) recognised disease outbreaks:</p> <p>1. COVID-19 2. Monkeypox</p>	<p>100% of cost up to the LAHR, subject to PMB</p>	<p>Limited to a basket of care as set by the Scheme per condition</p>	<p>1. In addition to the cover set out in <b>Annexure G</b> of these Rules. 2. Subject to obtaining the services from the Scheme's preferred providers / DSPs, where applicable. 3. Subject to the condition and treatment meeting certain clinical criteria and protocols.</p>
Z.	<p><b>Trauma Recovery Benefit</b> For the patient suffering the trauma:</p> <p>Day-to-day cover for medical expenses related to a traumatic incident for members after suffering a loss of functionality due to a traumatic incident of an acute nature and who are left with a standard level of residual inability after discharge from hospital or rehabilitation facilities.</p> <p>Allied, Therapeutic and Psychological healthcare services (acousticicians, biokineticists, chiropractors, counsellors, dieticians, homeopaths, nursing providers, occupational therapists, physiotherapists, podiatrists, psychologists, psychometrists, social workers, speech and hearing therapists)</p> <p>Prescribed Medicine</p> <p>External Medical Appliances</p> <p>Prosthetic Limbs (with no further access to the External Medical Appliances Limit)</p> <p>Hearing Aids</p> <p>For other beneficiaries registered on the membership (not the patient suffering the trauma) Counselling sessions with a psychologist or social worker</p>	<p>100% of the LAHR</p> <p>100% of the LAHR</p> <p>100% of the LAHR</p> <p>100% of the LAHR</p> <p>100% of the LAHR</p> <p>Up to 100% of the LAHR</p>	<p>M = R22,200 M+1 = R30,150 M+2 = R36,750 M3+ = R42,650</p> <p>M = R24,300 M+1 = R29,600 M+2 = R35,650 M3+ = R38,900</p> <p>R43,000</p> <p>R93,550</p> <p>R22,650</p> <p>Limited to 6 sessions per person</p>	<p>1. These day-to-day benefits are paid from MMB, per family up to the end of the year following the one in which the traumatic incident occurred.</p> <p>2. Benefits will be paid up to the LAHR for day-to-day claims: i. following the traumatic onset of: Paraplegia; Hemiplegia; Quadriplegia and Tetraplegia. ii. for conditions resulting from the following traumatic incidents: Near-drowning; Severe anaphylactic reaction; Poisoning and Crime-related injuries. iii. relating to severe burns. iv. following the traumatic onset of an internal or external head injury. v. due to loss of limb, or part thereof.</p> <p>3. Benefits are paid according to the general rules applicable to this Benefit Option in terms of protocols, clinical entry criteria and DSP's.</p> <p>1. Paid in respect of each of the beneficiaries registered on the affected membership to the end of the year after the year in which the trauma occurred.</p>

**LEGEND:**

CDL	= Chronic Disease List (as appended)
DSP	= Designated Service Provider
EDB	= Extended Day-to-day Benefit
LAHR	= LA Health Rate
LAMR	= LA Medicine Rate
MMB	= Major Medical Benefit
MSA	= Medical Savings Account
PMB	= Prescribed Minimum Benefits
M	= Member
S	= Spouse/Adult
C	= Child (maximum of three)



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**CHRONIC DISEASE LIST: CDL (AS PER REGULATIONS UNDER THE MEDICAL SCHEMES ACT)**

Addison's Disease	Epilepsy
Asthma	Glaucoma
Bipolar Mood Disorder	Haemophilia
Bronchiectasis	HIV/AIDS
Cardiac Failure	Hyperlipidaemia
Cardiomyopathy	Hypertension
Chronic Obstructive Pulmonary Disease	Hypothyroidism
Chronic Renal Disease	Multiple Sclerosis
Coronary Artery Disease	Parkinson's Disease
Crohn's Disease	Rheumatoid Arthritis
Diabetes Insipidus	Schizophrenia
Diabetes Mellitus Types 1 & 2	Systemic Lupus Erythematosus
Dysrhythmias	Ulcerative Colitis

**OTHER CHRONIC CONDITIONS**

(In so far as they don't form part of the PMB which are not subject to the annual limit)

Anticoagulant Therapy (PMB)	Lipidoses and other storage disorders (PMB)
Ankylosing Spondylitis	Major Psychiatric Disorders (motivated by psychiatrist) (PMB)
Arthritis	Meniere's Disease
Attention Deficit Disorder (motivated by specialist)	Migraine (motivated by physician)
Benign Prostatic Hypertrophy (motivated by urologist)	Motor Neurone Disease
Cerebro-vascular Accident (Stroke) (PMB)	Myasthenia Gravis
Chronic Urticaria (motivated by dermatologist)	Narcolepsy (motivated by physician)
Cushing's Disease/Syndrome (PMB)	Osteoporosis (only if confirmed by industry standard BMD readings)
Cystic Fibrosis	Paget's Disease
Depression (according to depression rating scale) (PMB)	Pemphigus (motivated by dermatologist) (PMB)
Eczema (severe, motivated by dermatologist)	Psoriasis (severe, motivated by dermatologist)
GORD (diagnosis confirmed by Gastroenterologist or surgeon)	Scleroderma and other collagen vascular diseases
Gout (Uric acid levels must be provided, prophylaxis therapy only)	Trigeminal Neuralgia
Haematological disorders e.g., Thalassaemia (PMB)	Urinary Incontinence
Hyperthyroidism (PMB)	Zollinger Ellison Syndrome
Hypoparathyroidism (PMB)	

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