



Quality care in our day surgery network 2027

WE'RE IN IT FOR YOUR HEALTH



DAY SURGERY NETWORK

You have cover for a defined list of procedures in our day surgery network. A clinical exceptions process applies to all complex cases and procedures that may require an extended length of stay. You will be transferred to an appropriate facility if required. If you do not use one of these facilities for a planned day surgery admission, you will need to pay a co-payment.

LIST OF PROCEDURES COVERED IN THE DAY SURGERY NETWORK

B BIOPSIES

- Skin*, subcutaneous tissue, soft tissue, muscle, bone, lymph, eye, mouth, throat, breast, cervix, vulva, prostate, penis, testes

BREAST PROCEDURES

- Mastectomy for gynaecomastia*
- Lumpectomy* (fibroadenoma)

E EAR, NOSE AND THROAT PROCEDURES

- Tonsillectomy and/or adenoidectomy
- Repair nasal turbinates*, nasal septum*
- Simple procedures for nose bleed (extensive cautery)
- Sinus lavage*
- Scopes (nasal endoscopy*, laryngoscopy)
- Middle ear procedures (mastoidectomy, myringoplasty, stapedectomy, myringotomy, and/or grommets)

EYE PROCEDURES

- Cataract surgery
- Corneal transplant*
- Treatment of glaucoma
- Other eye procedures (removal of foreign body, conjunctival surgery (repair laceration, pterygium), glaucoma surgery, probing & repair of tear ducts, vitrectomy, retinal surgery, eyelid surgery, strabismus repair)

G GANGLIONECTOMY

GASTROINTESTINAL

- Gastrointestinal scopes (oesophagoscopy, gastroscopy, colonoscopy, sigmoidoscopy, proctoscopy, anoscopy)*

- Anorectal procedures (treatment of haemorrhoids, fissure, fistula)

GYNAECOLOGICAL PROCEDURES

- Diagnostic Dilatation and Curettage
- Endometrial ablation
- Diagnostic Hysteroscopy
- Colposcopy with LLETZ
- Examination under anaesthesia
- Diagnostic laparoscopy
- Simple vulval and introitus procedures: simple hymenotomy, partial hymenectomy, simple vulvectomy, excision bartholin's gland cyst
- Vaginal, cervix and oviduct procedures: excision vaginal septum, cyst or tumour, tubal ligation or occlusion, uterine cervix cerclage, removal cerclage suture
- Suction curettage
- Uterine evacuation and curettage

N NERVE PROCEDURES

- Neuroplasty median nerve, ulnar nerve, digital, nerve of hand or foot

O ORTHOPAEDIC PROCEDURES

- Arthroscopy, arthrotomy (shoulder, elbow, knee, ankle, hand, wrist, foot, temporomandibular joint), arthrodesis (hand, wrist, foot)*
- Minor joint arthroplasty (intercarpal, carpometacarpal and metacarpophalangeal, interphalangeal joint arthroplasty*)
- Tendon and/or ligament repair, muscle debridement, fascia procedures (tenotomy, tenodesis, tenolysis, repair/reconstruction, capsulotomy, capsulectomy,

synovectomy, excision tendon sheath lesion, fasciotomy, fasciectomy). Subject to individual case review

- Repair bunion or toe deformity*
- Treatment of simple closed fractures and/or dislocations, removal of pins and plates. Subject to individual case review

R REMOVAL OF FOREIGN BODY

- Subcutaneous tissue, muscle, external auditory canal under general anaesthesia

S SIMPLE SUPERFICIAL LYMPHADENECTOMY

SIMPLE HERNIA PROCEDURES

- Umbilical hernia repair
- Inguinal hernia repair

SKIN PROCEDURES

- Debridement
- Removal of lesions* (dependent on site and diameter)
- Simple repair of superficial wounds

U UROLOGICAL

- Cystoscopy
- Male genital procedures (circumcision, repair of penis, exploration of testes and scrotum, orchiectomy, epididymectomy, excision hydrocoele, excision varicocoele, vasectomy)

Some of these procedures are not covered on the KeyPlus option. These are noted by an asterisk * in the list above. All network lists can change at any time. Please go to www.lahealth.co.za to see the latest list before any planned admissions.

EASTERN CAPE			
East London	• Cure Day Hospital East London		
	• East London Day Hospital		
	• Life Beacon Bay Hospital		
	• Life St Dominic's Hospital		
	• Life St James Hospital		
Matatiele	• Matatiele Private Hospital		
Mthatha	• St Mary's Private Hospital		
Port Elizabeth	• Bay Eye Hospital		
	• Cure Day Hospitals Gqeberha		
	• Fembyro Fertility and Gynaecology Clinic		
	• Life St George's Hospital		
	• Medical Forum Theatre		
	• Netcare Greenacres Hospital		
	• The Edge Private Clinic		
Queenstown	• Life Queenstown Private Hospital		
Uitenhage	• Netcare Cuyler Hospital		
FREE STATE			
Bethlehem	• Bethlehem Medical Centre		
	• Mediclinic Hoogland		
Bloemfontein	• Citymed Theatre		
	• Cure Day Clinics Bloemfontein		
	• Emoyamed Bloemfontein		
	• Life Rosepark Hospital		
	• Mediclinic Bloemfontein		
	• Mediclinic Bloemfontein Day Clinic		
	• Netcare Universitas Private Hospital		
	• Pasteur Eye Hospital (Horizon Eye Care Centre)		
	• Stirling Hospital		
Frankfort	• Riemland Clinic		
Harrismith	• Busamed Harrismith Private Hospital		
Kroonstad	• Netcare Kroon Hospital		
Mangaung	• Netcare Pelonomi Private Hospital		
Sasolburg	• Netcare Vaalpark Medical Centre		
Welkom	• Mediclinic Welkom		
	• Welkom Medical Centre		

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GAUTENG			
Alberton	• Netcare Alberton Hospital		
	• Newmarket Day Hospital		
	• Optimed		
	• The Ear and Eye Clinic		
Benoni	• Lakefield Surgical Centre (Pty) Ltd		
	• Life The Glynnwood Hospital		
	• MMC Benoni Day Hospital		
	• Netcare Linmed Hospital		
	• The Healthy Eye		
Boksburg	• Advanced East Rand Day Hospital		
	• Boksburg Medical & Dental Centre		
	• Netcare Sunward Park Hospital		
Brakpan	• Life Dalview Hospital		
Centurion	• Centurion Day Hospital		
	• Centurion Eye Hospital		
	• Netcare Unitas Hospital		
	• Raslouw Private Hospital		
Florida	• Constantia Clinic		
Germiston	• Germiston Medical & Dental Centre		
	• Life Roseacres Hospital		
Heidelberg	• Life Suikerbosrand Hospital		
Johannesburg	• Bioart Fertility Clinic		
	• Centre of Advanced Medicine		
	• Crownmed Day Hospital		
	• Cure Day Clinics – Fourways		
	• Dr G M Pitje Day Clinic		
	• East Rand N17 Private Hospital		
	• Epione Day Hospital		
	• Intercare Day Hospital Sandton		
	• Johannesburg Eye Hospital		
	• Life Bedford Gardens Hospital		
	• Life Brenthurst Hospital		
	• Life Fourways Hospital		

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 Applicable to LA Keyplus Benefit Option

 Applicable to LA Focus, LA Active, LA Engage, LA Core and LA Comprehensive Benefit Options

GAUTENG			
Johannesburg	• Medfem Clinic		
	• Mediclinic Midstream		
	• Mediclinic Morningside		
	• Mediclinic Sandton		
	• Melrose Surgical Centre (PTY) LTD		
	• Nelson Mandela Children's Hospital		
	• Netcare Garden City Clinic		
	• Netcare Linksfield Park Clinic		
	• Netcare Linkwood Clinic		
	• Netcare Milpark Hospital		
	• Netcare Mulbarton Hospital		
	• Netcare Park Lane Clinic		
	• Netcare Rosebank Clinic		
	• Netcare Sunninghill Nursing Home		
	• Sandhurst Eye Centre		
	• Twenty Twenty Eye Surgery Centre		
	• Visiomed Eye Laser Clinic		
	• Vitalab Centre For Gynaecological Endoscopy		
	• Wits Donald Gordon Medical Centre		
Kempton Park	• Arwyp Medical Centre		
	• Birchmed Surgical Clinic		
	• Ekurhuleni Surgiklin Day Clinic		
Krugersdorp	• Netcare Krugersdorp Private Hospital		
	• Netcare Pinehaven Hospital		
Lenasia	• Lenmed Clinic Limited		
	• Lenmed Daxina Private Hospital		
Midrand	• Cure Day Clinics - Midstream		
	• Life Carstenhof Hospital		
	• Netcare Waterfall City Hospital		
Pretoria	• Botshilu Private Hospital		
	• Cintocare		
	• Constantia Park Medical and Dental Centre		
	• Cure Day Clinics – Erasmuskloof		
	• Cure Day Hospitals Montana		

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GAUTENG			
Pretoria	• Intercare Day Hospital Hazeldean (Pty) Ltd		
	• Intercare Day Hospital – Irene		
	• Kilnerpark Narko Clinic		
	• Life Brooklyn Day Hospital		
	• Life Eugene Marais Hospital		
	• Life Faerie Glen Hospital		
	• Life Groenkloof Hospital		
	• Life Pretoria North Surgical Centre		
	• Life Wilgers Hospital		
	• Louis Pasteur Hospital		
	• Mediclinic Kloof		
	• Mediclinic Legae		
	• Mediclinic Medforum		
	• Mediclinic Muelmed		
	• Medkin Clinic		
	• Mpudulle Eye Centre (Pty) LTD		
	• Netcare Akasia Clinic		
	• Netcare Femina Clinic		
	• Netcare Jakaranda Hospital		
	• Netcare Montana Private Hospital		
	• Netcare Moot Algemene Hospital		
	• Netcare Pretoria East Private Hospital		
	• Optimed Eye and Laser Clinic		
	• Pretoria East Eye Institute		
	• Pretoria Eye Institute		
	• Pretoria Urology Hospital		
	• Virida Private Day Hospital		
	• Waterkloof Surgical Centre		
	• ZAH Day Hospital		
	• Zuid Afrikaans Hospital		
Randburg	• Netcare Olivedale Clinic		
Randfontein	• Lenmed Health Randfontein Private Hospital		
	• Life Robinson Private Hospital		

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GAUTENG			
Roodepoort	• Cure Day Hospital Wilgeheuwel		
	• Life Flora Hospital		
	• Life Wilgeheuwel Day Clinic		
	• Life Wilgeheuwel Hospital		
	• Mayo Clinic		
Soweto	• Apex Surgi Centre Soweto		
	• Dr SK Matseke Private Hospital		
Springs	• Life Springs Parkland Hospital		
Tembisa	• Lenmed Zamokuhle Private Hospital		
Vaal	• Clinix Private Hospital Sebokeng		
	• Mediclinic Emfuleni		
	• Ocumed		
Vanderbijlpark	• Cormed Clinic		
Vereeniging	• Mediclinic Vereeniging		
	• Midvaal Private Hospital		
	• Visiclin Eye Clinic		
Vosloorus	• Clinix Botshelong Empilweni Clinic		
Westgate	• Medgate Day Clinic		
KWAZULU-NATAL			
Amanzimtoti	• Netcare Kingsway Hospital		
Ballito	• Netcare Alberlito Hospital		
	• Ribumed Ballito Day Hospital		
Berea	• JMH Morningside Day Hospital		
Cato Ridge	• Hibiscus Hospital Cato Ridge		
Chatsworth	• Life Chatsmed Garden Hospital		
Durban	• Ahmed Al-Kadi Private Hospital		
	• City Hospital		
	• Durban Eye Hospital		
	• Durdoc Clinic		
	• Hillcrest Private Hospital		
	• Lenmed Ethekwini Hospital and Heart Centre		
	• Lenmed Nu-shifa Hospital		
	• Life Entabeni Hospital		
	• Life Westville Hospital		

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KWAZULU-NATAL			
Durban	• Lorne Street Anaesthetic Clinic		
	• Netcare Parklands Hospital		
	• Netcare St Augustine's Hospital		
Empangeni	• Life Empangeni Private Hospital		
Howick	• Howick Day Clinic		
	• Lenmed Howick Private Hospital		
Isipingo	• Isipingo Clinic		
Kokstad	• Netcare Kokstad Private Hospital		
Ladysmith	• Ladysmith Day Hospital		
	• Lenmed La Verna Hospital		
Margate	• Netcare Margate Private Hospital		
	• Shelly Beach Day Hospital		
Newcastle	• Mediclinic Newcastle		
	• Mediclinic Newcastle Day Hospital		
Pinetown	• Life The Crompton Hospital		
	• Pinetown Medicross Theatre		
Pietermaritzburg	• Eden Gardens Private Hospital		
	• Life Hilton Private Hospital		
	• Mediclinic Pietermaritzburg Day Clinic		
	• Midlands Day Hospital		
	• Midlands Medical Centre		
	• Netcare St Anne's Hospital		
	• Pietermaritzburg Eye Hospital		
Phoenix	• Life Mount Edgecombe Hospital		
Port Shepstone	• Hibiscus Day Surgical Hospital		
	• Hibiscus Private Hospital		
Richards' Bay	• Melomed Richard's Bay		
	• Medicross Richard's Bay Day Theatre		
	• Netcare The Bay Hospital		
	• Richards Bay Medical Institute Day Hospital		
Scottburgh	• Hibiscus Hospital Scottburgh		
Tongaat	• Mediclinic Victoria		

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 Applicable to LA Keyplus Benefit Option

 Applicable to LA Focus, LA Active, LA Engage, LA Core and LA Comprehensive Benefit Options

KWAZULU-NATAL			
Umhlanga	• Gateway Private Hospital		
	• KZN Day Clinic		
	• Medstone Medical Centre T/A Umhlanga Eye Institute		
	• Netcare Umhlanga Hospital		
Vryheid	• Abaqulusi Private Hospital		
LIMPOPO			
Lephalale	• Mediclinic Lephalale		
Louis Trichardt	• Zoutpansberg Private Hospital		
Modimolle	• Hope for the Blind Eye Clinic		
Polokwane	• Mediclinic Limpopo Day Clinic		
	• Netcare Pholoso Hospital		
Thabazimbi	• Mediclinic Thabazimbi		
Thohoyandou	• Mveledzo Day Hospital		
Tzaneen	• Mediclinic Tzaneen		
MPUMALANGA			
Barberton	• RH Phodclinic		
Emalahleni	• Advanced De La Vie Day Hospital		
	• Highveld Eye		
	• Life Cosmos Hospital		
Ermelo	• Mediclinic Ermelo		
Middelburg	• Life Midmed Private Hospital		
Nelspruit	• Busamed Lowveld Hospital		
	• Cure Day Hospital Mbombela		
	• Kiaat Private Hospital		
	• Mediclinic Nelspruit		
	• Mediclinic Nelspruit Day Clinic		
	• Surgiclinic		
Piet Retief	• RH Piet Retief Private Hospital		
Trichardt	• Mediclinic Highveld		

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NORTH WEST			
Brits	• Mediclinic Brits		
Carltonville	• The Fountain Private Hospital		
Klerksdorp	• Daleside Day Hospital		
	• Life Anncron Hospital		
	• Wilmed Park Private Hospital		
Mafikeng	• Victoria Private Hospital (Mafikeng)		
Potchefstroom	• Mediclinic Potchefstroom		
	• Mooimed Private Hospital		
	• Potchefstroom Medical & Dental Centre		
Rustenburg	• Life Peglerae Hospital		
	• Rustenburg Medi-Care Centre		
	• Rustenburg Private Eye Clinic		
Vryburg	• Vryburg Private Hospital		
NORTHERN CAPE			
Hartswater	• Jane Keyser Clinic		
	• Medi – Harts Day Clinic		
Kathu	• Lenmed Health Kathu Private Hospital		
Kimberley	• Lenmed Royal Hospital and Heart Centre		
	• Mediclinic Kimberley and Gariep		
	• Narko Clinic		
Upington	• Kalahari Day Theatre Cataract and Eye Centre		
	• Mediclinic Upington		
WESTERN CAPE			
Atlantis	• Wesfleur Private Clinic		
Bellville	• Bellville Medical Centre		
	• Khangella Eye Theatre		
	• Mediclinic Louis Leipoldt		
Cape Town	• Alchimia Clinic		
	• Busamed Paardevlei Private Hospital (Rf) (Pty) Ltd		
	• Cape Dental Theatres		
	• Cape Eye Hospital		
	• Christiaan Barnard Memorial Hospital		
	• Cure Day Hospitals Foreshore		

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WESTERN CAPE			
Cape Town	• Drs Aevitas Clinic PTY LTD		
	• Gatesville Medical Centre		
	• Life Kingsbury Hospital		
	• Life Vincent Pallotti Hospital		
	• Mediclinic Cape Gate Day Clinic		
	• Mediclinic Cape Town		
	• Mediclinic Constantiaberg		
	• Mediclinic Panorama		
	• Mediclinic Strand		
	• Medicross Foreshore Day Hospital		
	• Melomed Tokai		
	• Netcare Blaauwberg Hospital		
	• Netcare N1 City Hospital		
	• Netcare UCT Medical Centre (Pty) Ltd		
	• Peninsula Eye Hospital		
	• Summerhill Surgical Centre		
	• The Cosmetic Surgery Institute		
	• The Link Day Surgery Clinic		
	• Tokai Medical and Dental Centre		
Constantia	• Driftwood Clinic		
Durbanville	• Advanced Durbanville Surgical Centre		
	• Langebaan Day Hospital		
	• Mediclinic Durbanville Day Clinic		
	• The Surgical		
George	• George Surgical Centre		
	• Mediclinic Geneva		
	• Mediclinic George Day Clinic		
Goodwood	• Monte Vista Clinic		
Hermanus	• Hermanus Medical Care T/A (Pty) Ltd Hermanus Day Hospital		
	• Mediclinic Hermanus		
Khayelitsha	• Thembani Theatres		
Knysna	• Advanced Knysna Surgical Centre		
	• Life Knysna Private Hospital		

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WESTERN CAPE			
Kraaifontein	• Kraaifontein Medical and Dental Centre		
Kuilsriver	• Netcare Kuilsriver Private Hospital		
Milnerton	• Intercare Day Hospital Century City		
	• Mediclinic Milnerton		
Mitchells Plain	• Mitchells Plain Medical Centre		
Mossel Bay	• Life Bay View Hospital		
	• Vidamed Bay Hospital		
Newlands	• Life Sport Science Orthopaedic Surgical Day Centre		
Oudtshoorn	• Cango Medicentre		
	• Mediclinic Klein Karoo		
Paarl	• Cure Day Clinics – St Stephens Paarl		
	• Mediclinic Paarl		
Parow	• Advanced Panorama Surgical Centre		
	• Cure Day Clinics – Bellville		
	• Inuversal Day Hospital Panorama		
Plettenberg Bay	• Mediclinic Plettenberg Bay		
Robertson	• Carewell Robertson Day Hospital		
Simon's Town	• Advanced Harbour Bay Surgical Centre		
Somerset West	• Cure Day Clinic - Somerset West		
	• Mediclinic Vergelegen Day Clinic		
	• Somerset Aesthetic Clinic		
	• Summerhill Surgical Centre		
Southern Suburbs	• Life Sport Science Orthopaedic Surgical Day Centre		
	• Rondebosch Medical Centre		
Stellenbosch	• Mediclinic Stellenbosch Day Clinic		
	• Mediclinic Winelands Day Clinic		
	• Wijnland Fertility Clinic		
Strand	• Copeland Memorial Surgical		
Vredenburg	• Life West Coast Private Hospital		
Worcester	• Advanced Worcester Surgical Centre		
	• Mediclinic Worcester		
LESOTHO			
Maseru	• Maseru Private Hospital		
	• Willies Hospital		

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VIEW OTHER NETWORK PROVIDERS USING FIND A HEALTHCARE PROVIDER ON THE DISCOVERY APP



Doctor Networks



Major joints networks



Medicine Networks

CONTACT US

The following channels are available for your queries or complaints and we encourage you to follow the process:

TO TAKE YOUR QUERY FURTHER



If you have already contacted the LA Health Medical Scheme call centre on 0860 103 933 or emailed service@lahealthms.co.za with your query and feel that it has still not been resolved, you may contact the Principal Officer.

TO LODGE A DISPUTE



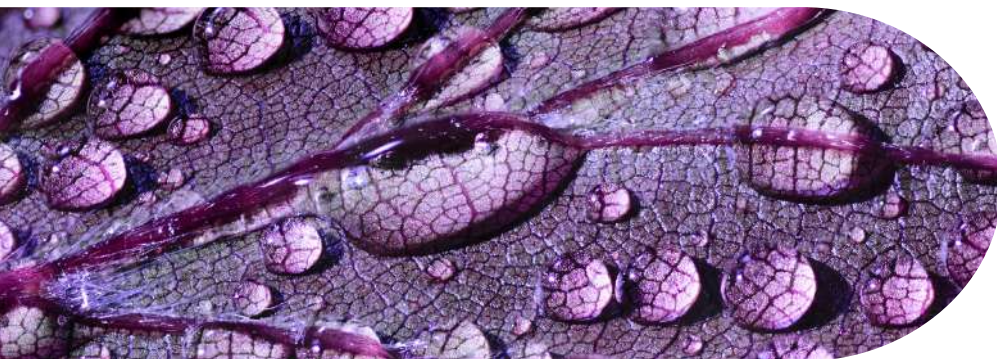
If you have received a final decision from LA Health Medical Scheme and want to challenge it, you may lodge a formal dispute. You can find more information about the Scheme's dispute process on the website.

TO CONTACT THE COUNCIL FOR MEDICAL SCHEMES



LA Health is regulated by the Council for Medical Schemes. You may contact the Council at any stage of the complaints process, but we encourage you to first follow the first three steps to resolve your complaint before contacting the Council.

Contact details for the Council for Medical Schemes: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion 0157 | complaints@medicalschemes.co.za | 0861 123 267 | www.medicallchemes.co.za



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LA COMPREHENSIVE



LA CORE



LA ENGAGE



LA ACTIVE



LA FOCUS



LA KEYPLUS

● CLIENT SERVICES 0860 103 933 ● WWW.LAHEALTH.CO.ZA ● SERVICE@LAHEALTHMS.CO.ZA ● REPORT FRAUD ANONYMOUSLY 0800 004 500



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