

Chronic Illness Benefit medicine list (Formulary) 2026

Who we are

LA Health Medical Scheme (referred to as 'the Scheme'), registration number 1145, is a not-for-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd ('the Administrator'), is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership of the Scheme.

Contact us

You can call us on **0860 103 933** or visit www.lahealth.co.za for more information.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicine when we make these changes.

The Chronic Illness Benefit (CIB) is structured according to the LA Health Medical Scheme Rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. You must make sure that you know these rules and conditions.

Any instructions or advice on medicine and the management of your condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on our medicine list. You may have a co-payment for medicine that is not on our medicine list.

This document outlines the medicines covered without a co-payment under the Chronic Disease List (CDL) conditions. Certain items are exclusively covered under the LA Core and LA Comprehensive Options, while others may not be available on LA KeyPlus Option.

LA Health Medical Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

The Chronic Disease List (CDL) medicine list for all Options

LA Comp refers to the LA Comprehensive Option. The Chronic Drug Amount (CDA) **does not** apply to the LA KeyPlus Option. Medicine marked with an asterisk (*) will soon be removed from the medicine list (formulary)

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R250	R250	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R170	R170	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R45	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Azmalter 200 dose 100mcg
					Glenbute 200 dose 100mcg
					Ventimax CFC free 200 dose 100mcg
	R240	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg (Only LA Core and LA Comprehensive)
	R240	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 320/9mcg (Only LA Core and LA Comprehensive)
					Symbicord turbohaler 120 dose 160/4.5mcg (Only LA Core and LA Comprehensive)
					Symbicord turbohaler 60 dose 160/4.5mcg
					Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Only LA Core and LA Comprehensive)
	R240	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg (Only LA Core and LA Comprehensive)
	R275	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	R190	Inhaled Glucocorticoids	Beclomethasone	Beclate 200 dose 50mcg; 100mcg; 200mcg
					Beclomethasone Glenmark 200 dose 50mcg; 100mcg; 200mcg
				Budesonide	Aeromide 300 dose 200mcg
					Budeflam HFA 300 dose 100mcg; 200mcg
	R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo DPI 60 dose 50/100; 50/250; 50/500 (Not available on LA KeyPlus)
Sereflo HFA 120 dose 25/50; 25/125; 25/250					
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250					
R240	R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg (Not available on LA KeyPlus)	
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Bipolar mood disorder	R110	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
					Citalopram 20 Oethmaan 20mg
					Depramil 20mg

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R110	R130	Anti-depressants: SSRI's	Citalopram	Tamomilt 20mg
				Escitalopram	Accord Escitalopram 10mg; 20mg
					Dolin 10mg; 20mg
					Emerdyne 10mg; 20mg
					Esetam 10mg; 20mg
					Zyescito 10mg; 20mg
				Fluoxetine	Fluoxetine 20 Oethmaan 20mg
					Zydus Fluoxetine 20mg
				Sertraline	Dyna Sertraline 50mg; 100mg
					Tralidep 50mg; 100mg
				R290	R385
	Partid 200mg				
	Tegretol CR 200mg; 400mg				
	Zeptol 200mg				
	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
					Convulex syrup 250mg/5ml
					Epilim crushable 100mg
					Eprolep CR 200mg; 300mg; 500mg
					Navalpro CR 200mg; 300mg; 500mg
					Navalpro liquid 200mg/5ml
					Rubilim CR 200mg; 300mg; 500mg
					Valeptic CR 300mg; 500mg
	R325	R325	Anti-epileptics: Other agents	Lamotrigine	Epitec 25mg; 50mg; 100mg; 200mg
					Lamilepsy 25mg; 50mg; 100mg; 200mg
					Lamorola 25mg; 50mg; 100mg; 200mg
					Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
					Serinem 25mg; 50mg; 100mg; 200mg
R160	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg	
R615	R945	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg	
R360	R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg, 80mg (Not available on LA KeyPlus)	
R345	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg	
R365	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg	
				Meltolan 5mg; 10mg	
				Nezolap 5mg; 10mg	
				Olandus 5mg; 10mg	

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Bronchiectasis	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Trolic 5mg
Cardiac failure	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
					Enpresil co
				Perindopril and diuretics	Ciplasyl Plus 4/1.25mg (Not available on LA KeyPlus)
					Pearinda Plus 4/1.25mg; 8/2.5mg (Not available on LA KeyPlus)
					Perdotor Plus 4/1.25mg (Not available on LA KeyPlus)
					Perindopril co Unicorn 4/1.25mg (Not available on LA KeyPlus)
					Prexum 10 Plus 10/2.5mg (Only LA Core and LA Comprehensive)
					Trexeva Plus 5/1.25mg
	R170	R180	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel * 5/5mg; 10/5mg; 5/10mg; 10/10mg (Not available on LA KeyPlus)
	R65	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
				Enalapril	Enalapril Arya 5mg; 10mg; 20mg
					Hypace 5mg
					Natrapress 10mg; 20mg
					Tenezil 10mg; 20mg
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Perindopril	Pearinda 4mg; 8mg (Not available on LA KeyPlus)
					Perdotor 4mg; 8mg (Not available on LA KeyPlus)
					Perindopril Unicorn 4mg; 8mg (Not available on LA KeyPlus)
					Ran-Perindopril 4mg (Not available on LA KeyPlus)
	Reprex 4mg; 8mg				
R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg	
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg	
				Rubitrend 6.25mg; 12.5mg; 25mg	
R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg	
				Austell Losartan co 50/12.5mg	
				Co-Normoten 50/12.5mg; 100/25mg	
				Hylokat 50/12.5mg; 100/25mg	
				Losaar Plus 50/12.5mg; 100/25mg	
				Zaario Plus 50/12.5mg; 100/25mg	
				Zartan co 50/12.5mg; 100/25mg	

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R90	R100	Angiotensin II antagonists: Combinations	Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)
					Telpres Plus 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)
					Tesar co 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)
					Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)
					Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)
				Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg (Only LA Core and LA Comprehensive)
					Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only LA Core and LA Comprehensive)
					Valazyd co 80/12.5mg; 160/12.5mg; 160/25mg (Only LA Core and LA Comprehensive)
					Valheft co 160/12.5mg; 160/25mg (Only LA Core and LA Comprehensive)
				R75	R110
	Trobet 150mg; 300mg (Not available on LA KeyPlus)				
	Losartan	Annin 50mg; 100mg			
		Austell Losartan 50mg; 100mg			
		Losartan Accord 50mg; 100mg (Not available on LA KeyPlus)			
		Losartan Macleods 50mg; 100mg (Not available on LA KeyPlus)			
		Normoten 50mg; 100mg (Not available on LA KeyPlus)			
		Zaario 50mg; 100mg (Not available on LA KeyPlus)			
		Zartan 50mg; 100mg (Not available on LA KeyPlus)			
	Telmisartan	Telpres 40mg; 80mg (Not available on LA KeyPlus)			
		Tesminol 40mg; 80mg (Not available on LA KeyPlus)			
		Ticarda 40mg; 80mg (Not available on LA KeyPlus)			
	Valsartan	Niosar 80mg; 160mg (Not available on LA KeyPlus)			
R120	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg	
				Hyperphen 10mg; 50mg	

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R60	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
					Biloblok 5mg
					Bilocor 5mg; 10mg
					Bislo 5mg; 10mg
					Bisoprolol Unicorn 5mg; 10mg
					Emcor 5mg; 10mg
					Presicard 5mg; 10mg
	R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
					Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R20	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
					Furobe 40mg
					Furosemide 40 Unimed 40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
					Ridaq 12.5mg
					Zidaflo 12.5mg; 25mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
					Catexan 2.5mg
					Cipla-Indapamide 2.5mg
					Mylan Indapamide 2.5mg
R120	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
				Spironolactone 25mg Accord 25mg	
				Spironolactone 25 Kiara 25mg	
R130	R130	Potassium supplements	Potassium chloride	Ultipot 600mg	
R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
				Isosorbide mononitrate	Ismo 20mg
					Monicor SR 60mg
Cardiomyopathy	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
					Enpresil co
				Perindopril and diuretics	Ciplasyl Plus 4/1.25mg (Not available on LA KeyPlus)
					Pearinda Plus 4/1.25mg; 8/2.5mg (Not available on LA KeyPlus)
					Perdotor Plus 4/1.25mg (Not available on LA KeyPlus)
					Perindopril co Unicorn 4/1.25mg (Not available on LA KeyPlus)
					Prexum 10 Plus 10/2.5mg (Only LA Core and LA Comprehensive)
	Trexeva Plus 5/1.25mg				
	R170	R180	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel * 5/5mg; 10/5mg; 5/10mg; 10/10mg (Not available on LA KeyPlus)

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R65	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
				Enalapril	Enalapril Arya 5mg; 10mg; 20mg
					Hypace 5mg
					Natrapress 10mg; 20mg
					Tenezil 10mg; 20mg
					Lisinopril
				Perindopril	Pearinda 4mg; 8mg (Not available on LA KeyPlus)
					Perdotor 4mg; 8mg (Not available on LA KeyPlus)
					Perindopril Unicorn 4mg; 8mg (Not available on LA KeyPlus)
					Ran-Perindopril 4mg (Not available on LA KeyPlus)
	Reprex 4mg; 8mg				
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Rubitrend 6.25mg; 12.5mg; 25mg
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
					Austell Losartan co 50/12.5mg
					Co-Normoten 50/12.5mg; 100/25mg
					Hylokat 50/12.5mg; 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Zaario Plus 50/12.5mg; 100/25mg
					Zartan co 50/12.5mg; 100/25mg
				Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)
					Telpres Plus 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)
					Tesar co 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)
					Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)
					Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)
				Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg (Only LA Core and LA Comprehensive)
					Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only LA Core and LA Comprehensive)
					Valazyd co 80/12.5mg; 160/12.5mg; 160/25mg (Only LA Core and LA Comprehensive)
					Valheft co 160/12.5mg; 160/25mg (Only LA Core and LA Comprehensive)

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength			
Cardiomyopathy	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan (Not available on LA KeyPlus) 150mg; 300mg			
					Trobet (Not available on LA KeyPlus) 150mg; 300mg			
				Losartan	Annin 50mg; 100mg			
					Austell Losartan 50mg; 100mg			
					Losartan Accord (Not available on LA KeyPlus) 50mg; 100mg			
					Losartan Macleods (Not available on LA KeyPlus) 50mg; 100mg			
					Normoten (Not available on LA KeyPlus) 50mg; 100mg			
					Zaario (Not available on LA KeyPlus) 50mg; 100mg			
					Zartan (Not available on LA KeyPlus) 50mg; 100mg			
				Telmisartan	Telpres (Not available on LA KeyPlus) 40mg; 80mg			
					Tesminol (Not available on LA KeyPlus) 40mg; 80mg			
					Ticarda (Not available on LA KeyPlus) 40mg; 80mg			
				Valsartan	Niosar (Not available on LA KeyPlus) 80mg; 160mg			
				R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
								Segavin 5mg
	Warfarin 5mg Austell 5mg							
	Warfarin 5 Unicorn 5mg							
	R120	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg			
					Hyperphen 10mg; 50mg			
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin 100 Clicks 100mg			
					Coprin 100mg			
					Myoprin (Only LA Core and LA Comprehensive) 100mg			
					Trinprin 100mg			
	R60	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisacor 5mg; 10mg			
					Biloblok 5mg			
					Bilocor 5mg; 10mg			
					Bislo 5mg; 10mg			
					Bisoprolol Unicorn 5mg; 10mg			
					Emcor 5mg; 10mg			

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R60	R70	Beta blocking agents: Selective	Bisoprolol	Presicard 5mg; 10mg
	R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
					Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R20	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
					Furobe 40mg
					Furosemide 40 Unimed 40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
					Ridaq 12.5mg
					Zidaflo 12.5mg; 25mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
					Catexan 2.5mg
					Cipla-Indapamide 2.5mg
Mylan Indapamide 2.5mg					
R120	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
				Spirolactone 25mg Accord 25mg	
				Spirolactone 25 Kiara 25mg	
R130	R130	Potassium supplements	Potassium chloride	Ultipot 600mg	
R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
			Isosorbide mononitrate	Ismo 20mg	
				Monicor SR 60mg	
Chronic obstructive pulmonary disease (COPD)	R45	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Azmaler 200 dose 100mcg
					Glenbute 200 dose 100mcg
					Ventimax CFC free 200 dose 100mcg
	R275	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
Trolic 5mg					
Chronic renal disease	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
					Enpresil co
				Perindopril and diuretics	Ciplasyl Plus 4/1.25mg (Not available on LA KeyPlus)
					Pearinda Plus 4/1.25mg; 8/2.5mg (Not available on LA KeyPlus)
					Perdotor Plus 4/1.25mg (Not available on LA KeyPlus)
					Perindopril co Unicorn 4/1.25mg (Not available on LA KeyPlus)
					Prexum 10 Plus 10/2.5mg (Only LA Core and LA Comprehensive)

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R80	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Trexeva Plus 5/1.25mg
	R170	R180	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel * 5/5mg; 10/5mg; 5/10mg; 10/10mg (Not available on LA KeyPlus)
	R65	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
				Enalapril	Enalapril Arya 5mg; 10mg; 20mg
					Hypace 5mg
					Natrapress 10mg; 20mg
					Tenezil 10mg; 20mg
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Perindopril	Pearinda 4mg; 8mg (Not available on LA KeyPlus)
					Perdotor 4mg; 8mg (Not available on LA KeyPlus)
					Perindopril Unicorn 4mg; 8mg (Not available on LA KeyPlus)
					Ran-Perindopril 4mg (Not available on LA KeyPlus)
					Reprex 4mg; 8mg
				R90	R100
	Austell Losartan co 50/12.5mg				
	Co-Normoten 50/12.5mg; 100/25mg				
	Hylokat 50/12.5mg; 100/25mg				
	Losaar Plus 50/12.5mg; 100/25mg				
	Zaario Plus 50/12.5mg; 100/25mg				
	Zartan co 50/12.5mg; 100/25mg				
	Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)			
		Telpres Plus 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)			
		Tesar co 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)			
		Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)			
		Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)			
	Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg (Only LA Core and LA Comprehensive)			
		Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only LA Core and LA Comprehensive)			
		Valazyd co 80/12.5mg; 160/12.5mg; 160/25mg (Only LA Core and LA Comprehensive)			

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength			
Chronic renal disease	R90	R100	Angiotensin II antagonists: Combinations	Valsartan and diuretics	Valheft co 160/12.5mg; 160/25mg (Only LA Core and LA Comprehensive)			
	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on LA KeyPlus)			
					Trobet 150mg; 300mg (Not available on LA KeyPlus)			
				Losartan	Annin 50mg; 100mg			
					Austell Losartan 50mg; 100mg			
					Losartan Accord 50mg; 100mg (Not available on LA KeyPlus)			
					Losartan Macleods 50mg; 100mg (Not available on LA KeyPlus)			
					Normoten 50mg; 100mg (Not available on LA KeyPlus)			
					Zaario 50mg; 100mg (Not available on LA KeyPlus)			
					Zartan 50mg; 100mg (Not available on LA KeyPlus)			
				Telmisartan	Telpres 40mg; 80mg (Not available on LA KeyPlus)			
					Tesminol 40mg; 80mg (Not available on LA KeyPlus)			
					Ticarda 40mg; 80mg (Not available on LA KeyPlus)			
				Valsartan	Niosar 80mg; 160mg (Not available on LA KeyPlus)			
					R60	R70	Beta blocking agents: Selective	Bisoprolol
				Biloblok 5mg				
	Bilocor 5mg; 10mg							
	Bislo 5mg; 10mg							
	Bisoprolol Unicorn 5mg; 10mg							
	Emcor 5mg; 10mg							
	Presicard 5mg; 10mg							
	R330	R330	Calcium supplements	Calcium carbonate	B-cal			
	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg			
					Gulf Folic acid 5mg			
	R50	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg			
	R535	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml			
Equifer ampoule 5ml 100mg/5ml								
Innofer ampoule 5ml 100mg/5ml								

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R535	R535	Iron, parenteral preparations	Iron, parenteral preparations	Rautevene ampoule 5ml (Not available on LA KeyPlus) 100mg/5ml
	R3 340	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml
					Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml
					Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml
					Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml
					Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml
					Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml
				Erythropoietin	Eprex pre-fill 2000U/0.5ml; 4000U/0.4ml
				Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml 50mcg/0.3ml (Not available on LA KeyPlus)
					Mircera pre-filled syringe 0.3ml 75mcg/0.3ml
					Mircera pre-filled syringe 0.3ml 100mcg/0.3ml (Not available on LA KeyPlus)
	Mircera pre-filled syringe 0.3ml 120mcg/0.3ml (Not available on LA KeyPlus)				
	Mircera pre-filled syringe 0.3ml 150mcg/0.3ml (Not available on LA KeyPlus)				
	Mircera pre-filled syringe 0.3ml 200mcg/0.3ml (Not available on LA KeyPlus)				
	Mircera pre-filled syringe 0.3ml 250mcg/0.3ml (Not available on LA KeyPlus)				
Roxadustat	Evrenzo 20mg; 50mg; 70mg; 100mg; 150mg				
R365	R365	Vitamin D and analogues	Alfacalcidol	Zodoray 0.25mcg; 1mcg	
Coronary artery disease	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin 100 Clicks 100mg
					Coprin 100mg
					Myoprin 100mg (Only LA Core and LA Comprehensive)
					Trinprin 100mg
	R140	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R60	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
					B-Block 50mg; 100mg
					Tenopress 50mg; 100mg
				Bisoprolol	Adco-Bisocor 5mg; 10mg
					Biloblok 5mg
					Bilacor 5mg; 10mg
					Bislo 5mg; 10mg
Bisoprolol Unicorn 5mg; 10mg					
Emcor 5mg; 10mg					
Presicard 5mg; 10mg					

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R245	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
				Verapamil	Verahexal 240 SR 240mg
					Verapamil 40 Oethmaan 40mg
	R80	R80	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
					Amlodac 5mg; 10mg
					Amlodipine Hetero 5mg; 10mg
					Amlodipine Unicorn 5mg; 10mg
					Amlodipine Unimed 5mg; 10mg
					Amlovasc 5mg; 10mg
					Amtas 5mg; 10mg
					Aprate 5mg; 10mg
					Austell-Amlodipine 5mg; 10mg
					Ciplavasc 5mg; 10mg
					Pendine 5mg; 10mg
					Vasloc 5mg; 10mg
					Felodipine
				Nifedipine	Adalat XL 30mg (Not available on LA KeyPlus)
					Cipalat Retard 20mg
Cipalat XR 30mg; 60mg (Not available on LA KeyPlus)					
Fedaloc SR 30mg; 60mg (Not available on LA KeyPlus)					
Fidocare XL 30mg; 60mg (Not available on LA KeyPlus)					
Gitsalat 30mg (Not available on LA KeyPlus)					
R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
			Isosorbide mononitrate	Ismo 20mg	
				Monicor SR 60mg	
Crohn's disease	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Gulf Folic acid 5mg	
	R880	R880	Intestinal anti- inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
					Asacol suppository (Not available on LA KeyPlus) 500mg
					Mezavant 1200mg
					Pentasa 500mg
Pentasa suppository (Not available on LA KeyPlus) 1000mg					
Salofalk 1500mg (Not available on LA KeyPlus)					

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength				
Diabetes mellitus Type 1	R200	R200	Blood glucose monitoring agents	Glucose strips	Contour ts blood glucose test strips (Not available on LA KeyPlus)				
					Glucocheck evolve test strip (Only LA Core and LA Comprehensive)				
					Glucocheck key test strip				
					On call plus blood glucose strips				
					On call sure blood glucose test strips				
					Onetouch select plus test strips				
					Test strip blood glucose clicks bionime gs550				
					Test strip freestyle optimum glucose (Not available on LA KeyPlus)				
					Test strip glucocheck connect (Only LA Core and LA Comprehensive)				
					Test strip glucose blood fora 6 (Not available on LA KeyPlus)				
					Test strip glucose caresens n 29g				
					Test strip glucose fora diamond blood				
					Test strip glucose vivachek ino				
					R350	R350	Surgical item	Lancets	Lancet blood collection needle loris
									Lancet fora collection needle sterile 30g
	Lancet fora tender needle sterile 33g								
	Lancet freestyle test								
	Lancet glucocheck novichack								
	Lancet solus v2								
	Lancet unilet sterile 28g								
	Lancet unilet sterile 4cm x 6cm x 7.5cm 28g								
	Microlet lancet								
	Needles	BD micro fine plus pen needle 30g 8mm							
		BD micro fine plus pen needle 31g							
		BD micro fine plus pen needle 32g 4mm							
		Droplet pen needle 8mm 31g							
		Needle insulin fora pen 31g 5mm							
		Needle insulin fora pen 31g 8mm							
	Syringes	Needle insulin fora pen 32g 4mm							
		Needle insulin fora pen 32g 6mm							
Needle insulin pen verifine 4mmx10cmx15cm 32g									
Needle insulin pen verifine 4mmx10cmx15cm 33g									
Needle novofine									
Syringe insulin 1.0ml with 27g needle									
Syringe insulin bd microfine 12.7mm 1ml 9g									

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 1	R350	R350	Surgical item	Syringes	Syringe insulin bd microfine 1ml 8mm 30g	
					Syringe insulin bd microfine 8mm demi 0.3ml 30g	
Diabetes mellitus Type 2	R50	R50	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg	
					Apex-Metformin 500mg	
					Bigsens 500mg; 850mg; 1000mg	
					Diamin 500mg; 850mg	
					Diaphage 500mg; 850mg; 1000mg	
					Fortese 1000mg	
					Gluconorm 500mg; 850mg	
					Mylan Metformin 500mg; 850mg; 1000mg	
					Romidab 500mg; 850mg; 1000mg	
	Please note that an overall monthly limit applies to Insulins across the different Insulin classes The overall monthly limit for LA KeyPlus, LA Active, LA Engage and LA Focus Options is R700. The overall monthly limit for LA Core and LA Comprehensive Options is R720. 					
	R395	R400	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml (Only LA Core and LA Comprehensive)	
					Novorapid - penfill 3ml (Not available on LA KeyPlus)	
				Insulin Glulisine	Apidra - cartridge 3ml	
R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Degludec and Insulin Aspart	Ryzodeg - penfill 3ml (Only LA Core and LA Comprehensive)		
			Insulin Human	Humulin 30/70 cartridge 3ml		
			Insulin Lispro	Humalog mix 25 - cartridge 3ml Humalog mix 50 - cartridge 3ml		
R440	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml		
			Insulin Glargine	Optisulin - cartridge 3ml		
R125	R125	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Dynacaz MR 30mg; 60mg; 90mg		
				Gliclazide MR Austell 60mg		
				Gliclazide Unicorn MR 30mg		
				Gluctam MR 60mg		
				Glyzid MR 30mg; 60mg		
R200	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg		
				Pioglitazone hydrochloride Macleods 15mg; 30mg		
R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin 100 Clicks 100mg		
				Coprin 100mg		
				Myoprin 100mg (Only LA Core and LA Comprehensive)		
				Trinprin 100mg		
R200	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active (Not available on LA KeyPlus)		

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R200	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose instant (Not available on LA KeyPlus)
					Contour plus blood glucose test strips (Not available on LA KeyPlus)
					Contour ts blood glucose test strips (Not available on LA KeyPlus)
					Glucocheck evolve test strip (Only LA Core and LA Comprehensive)
					Glucocheck key test strip
					On call plus blood glucose strips
					On call sure blood glucose test strips
					Onetouch select plus test strips
					Test strip blood glucose clicks bionime gs550
					Test strip freestyle optimum glucose (Not available on LA KeyPlus)
					Test strip glucocheck connect (Only LA Core and LA Comprehensive)
					Test strip glucose blood fora 6 (Not available on LA KeyPlus)
					Test strip glucose caresens n 29g
					Test strip glucose fora diamond blood
	Test strip glucose vivachek ino				
	R350	R350	Surgical item	Lancets	Lancet blood collection needle loris
					Lancet fora collection needle sterile 30g
					Lancet fora tender needle sterile 33g
					Lancet freestyle test
					Lancet glucocheck novicheck
					Lancet solus v2
					Lancet unilet sterile 28g
					Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet	
				Needles	BD micro fine plus pen needle 30g 8mm
					BD micro fine plus pen needle 31g
					BD micro fine plus pen needle 32g 4mm
Droplet pen needle 8mm 31g					
Needle insulin fora pen 31g 5mm					
Needle insulin fora pen 31g 8mm					
Needle insulin fora pen 32g 4mm					
Needle insulin fora pen 32g 6mm					
Needle insulin pen verifine 4mmx10cmx15cm 32g					
Needle insulin pen verifine 4mmx10cmx15cm 33g					

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R350	R350	Surgical item	Needles	Needle novofine
				Syringes	Syringe insulin 1.0ml with 27g needle
					Syringe insulin bd microfine 12.7mm 1ml 9g
					Syringe insulin bd microfine 1ml 8mm 30g
					Syringe insulin bd microfine 8mm demi 0.3ml 30g
Dysrhythmia	R545	R700	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg (Not available on LA KeyPlus)
					Tempacin CR 100mg; 200mg (Not available on LA KeyPlus)
	R340	R340	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Hexarone 100mg; 200mg
					Myorythm 100mg; 200mg
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
					Segavin 5mg
					Warfarin 5mg Austell 5mg
					Warfarin 5 Unicorn 5mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin 100 Clicks 100mg
					Coprin 100mg
					Myoprin 100mg (Only LA Core and LA Comprehensive)
					Trinprin 100mg
	R140	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R60	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
					B-Block 50mg; 100mg
					Tenopress 50mg; 100mg
				Bisoprolol	Adco-Bisocor 5mg; 10mg
					Biloblok 5mg
					Bilocor 5mg; 10mg
					Bislo 5mg; 10mg
Bisoprolol Unicorn 5mg; 10mg					
Emcor 5mg; 10mg					
Presicard 5mg; 10mg					
R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R245	R245	Selective calcium channel blockers with direct cardiac effects	Verapamil	Verahexal 240 SR 240mg	
				Verapamil 40 Oethmaan 40mg	
Epilepsy	R30	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Glaucoma	R455	R495	Anti-glaucoma agents : Prostaglandin analogues	Latanoprostene Bunod	Vyzulta 5ml 0.24mg/1ml (Only LA Core and LA Comprehensive)
	R260	R300	Anti-glaucoma agents : Prostaglandin analogues	Tafluprost	Saflutan single dose container 0.3ml 15mcg/1ml (Only LA Core and LA Comprehensive)
	R260	R275	Anti-glaucoma agents : Prostaglandin analogues	Travoprost	Travatan 2.5ml 0.004% (Only LA Core and LA Comprehensive)
	R240	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Agobrim 5ml 0.2%
					Alphagan purite 5ml 1.5mg/1ml
	R120	R120	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timolol 0.5% w/v fdc 5ml 0.5%
					Timoptol-xe 2.5ml 0.5%
	R250	R270	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Aglatan 2.5ml
					Azarga 5ml
					Co-Atana 2.5ml (Not available on LA KeyPlus)
					Combigan 5ml 2mg/5mg
					Dorzopt forte 5ml
					Duotrav 2.5ml
					Glauaide-co 5ml (Not available on LA KeyPlus)
					Glauptico 3ml
					Ocudor co 5ml
					Ocutra co 2.5ml
Optitrin					
Timpromat 3ml					
Haemophilia	R5	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket 500mg
					Adco-Prolief 500mg
	R440	R440	Anti-fibrinolytics: Amino acids	Tranexamic acid	Emkapron 500mg
					Fibtin 500mg
	R50 000	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
					Octanate vial 5ml 250U
				Coagulation factor IX	Octanate vial 10ml 500U; 1000U
					Haemosolvex IX 500U
	R1 500	R1 750	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn nasal spray 5ml 0.1mg/1ml
Minirin melt 60mcg; 120mcg; 240mcg					
Hyperlipidaemia	R190	R190	Lipid modifying agents: Combinations	Atorvastatin, Amlodipine and Perindopril	Triveram * 10/5/5mg; 20/5/5mg; 20/10/5mg; 20/10/10mg; 40/10/10mg (Not available on LA KeyPlus)
	R335	R335	Lipid modifying agents: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Hyperlipidaemia	R275	R275	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg
					Sandoz Bezafibrate 400mg
	R45	R45	Lipid modifying agents: Statins	Atorvastatin	Alipto 10mg; 20mg; 40mg
					Aspavor 10mg; 20mg; 40mg
					Dezzolip 10mg; 20mg; 40mg
					Lipogen 10mg; 20mg; 40mg; 80mg
					Vasmak 10mg; 20mg; 40mg; 80mg
				Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
					Austell-Simvastatin 10mg; 20mg; 40mg
					Choleste 10mg; 20mg; 40mg
					Cipla-Simvastatin 10mg; 20mg; 40mg
					Lipidex 10mg; 20mg
	Roctesim 10mg; 20mg; 40mg				
Hypertension	R125	R125	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Amlessa 4/5mg; 4/10mg; 8/5mg; 8/10mg
					Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg
					Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg
					Teprilam 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
					Enpresil co
				Perindopril and diuretics	Ciplasyl Plus 4/1.25mg (Not available on LA KeyPlus)
					Pearinda Plus 4/1.25mg; 8/2.5mg (Not available on LA KeyPlus)
					Perdotor Plus 4/1.25mg (Not available on LA KeyPlus)
					Perindopril co Unicorn 4/1.25mg (Not available on LA KeyPlus)
					Prexum 10 Plus 10/2.5mg (Only LA Core and LA Comprehensive)
	Trexeva Plus 5/1.25mg				
	R170	R180	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam * 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg (Not available on LA KeyPlus)
				Perindopril and Bisoprolol	Cosyrel * 5/5mg; 10/5mg; 5/10mg; 10/10mg (Not available on LA KeyPlus)
	R65	R75	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
				Enalapril	Enalapril Arya 5mg; 10mg; 20mg
					Hypace 5mg
					Natrapress 10mg; 20mg
					Tenezil 10mg; 20mg
	Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg			

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R65	R75	ACE inhibitors: Plain	Perindopril	Pearinda 4mg; 8mg (Not available on LA KeyPlus)
					Perdotor 4mg; 8mg (Not available on LA KeyPlus)
					Perindopril Unicorn 4mg; 8mg (Not available on LA KeyPlus)
					Ran-Perindopril 4mg (Not available on LA KeyPlus)
					Reprex 4mg; 8mg
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Rubitrend 6.25mg; 12.5mg; 25mg
	R155	R190	Angiotensin II antagonists and calcium channel blockers	Telmisartan and Amlodipine	Amtelip 40/5mg; 40/10mg; 80/5mg; 80/10mg (Not available on LA KeyPlus)
					Kardotel 40/5mg; 40/10mg; 80/5mg; 80/10mg (Not available on LA KeyPlus)
					Mizart Plus 40/5mg; 40/10mg; 80/5mg; 80/10mg (Not available on LA KeyPlus)
					Tecarini 40/5mg; 40/10mg; 80/5mg; 80/10mg (Not available on LA KeyPlus)
					Tesamolot 40/5mg; 40/10mg; 80/5mg; 80/10mg (Not available on LA KeyPlus)
					Tesdyn 40/5mg; 40/10mg; 80/5mg; 80/10mg (Not available on LA KeyPlus)
				Valsartan and Amlodipine	Arlozyb 5/160mg; 10/160mg (Not available on LA KeyPlus)
					Calsar 5/80mg; 5/160mg; 10/160mg (Not available on LA KeyPlus)
					Dafiro 5/160mg; 10/160mg (Not available on LA KeyPlus)
					Duoforce 5/160mg; 10/160mg (Not available on LA KeyPlus)
					Forgevasc 5/160mg; 10/160mg (Not available on LA KeyPlus)
					Gemvalaz 5/160mg; 10/160mg (Not available on LA KeyPlus)
Tensoforj 5/160mg; 10/160mg (Not available on LA KeyPlus)					
Valduo 5/160mg; 10/160mg (Only LA Core and LA Comprehensive)					
Valvasc 5/160mg; 10/160mg (Not available on LA KeyPlus)					
Zyvasc 5/160mg; 10/160mg (Not available on LA KeyPlus)					

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
					Austell Losartan co 50/12.5mg
					Co-Normoten 50/12.5mg; 100/25mg
					Hylokat 50/12.5mg; 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Zaario Plus 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg	
				Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)
					Telpres Plus 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)
					Tesar co 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)
					Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)
					Tremistan Plus 40/12.5mg; 80/12.5mg (Not available on LA KeyPlus)
	Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg (Only LA Core and LA Comprehensive)			
		Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only LA Core and LA Comprehensive)			
		Valazyd co 80/12.5mg; 160/12.5mg; 160/25mg (Only LA Core and LA Comprehensive)			
		Valheft co 160/12.5mg; 160/25mg (Only LA Core and LA Comprehensive)			
	R170	R205	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Arlozyb co 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg (Not available on LA KeyPlus)
					Calsar co 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg (Not available on LA KeyPlus)
					Diptatris 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg (Not available on LA KeyPlus)
R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on LA KeyPlus)	
				Trobet 150mg; 300mg (Not available on LA KeyPlus)	
			Losartan	Annin 50mg; 100mg	
				Austell Losartan 50mg; 100mg	
				Losartan Accord 50mg; 100mg (Not available on LA KeyPlus)	
				Losartan Macleods 50mg; 100mg (Not available on LA KeyPlus)	

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R75	R110	Angiotensin II antagonists: Plain	Losartan	Normoten (Not available on LA KeyPlus) 50mg; 100mg
					Zaario (Not available on LA KeyPlus) 50mg; 100mg
					Zartan (Not available on LA KeyPlus) 50mg; 100mg
				Telmisartan	Telpres (Not available on LA KeyPlus) 40mg; 80mg
					Tesminol (Not available on LA KeyPlus) 40mg; 80mg
					Ticarda (Not available on LA KeyPlus) 40mg; 80mg
				Valsartan	Niosar (Not available on LA KeyPlus) 80mg; 160mg
				R200	R200
	Urodoxa 4mg				
	R200	R200	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
					Timucen 250mg
	R40	R40	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R120	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
					Hyperphen 10mg; 50mg
	R140	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R60	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
					B-Block 50mg; 100mg
					Tenopress 50mg; 100mg
				Bisoprolol	Adco-Bisocor 5mg; 10mg
					Biloblok 5mg
					Bilocor 5mg; 10mg
Bislo 5mg; 10mg					
Bisoprolol Unicorn 5mg; 10mg					
Emcor 5mg; 10mg					
Presicard 5mg; 10mg					
R105	R105	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam * 1.5/5mg; 1.5/10mg	
R20	R40	High-ceiling diuretics	Furosemide	Defulide 40mg	
				Furobe 40mg	
				Furosemide 40 Unimed 40mg	
R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg	

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength	
Hypertension	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Ridaq 12.5mg	
					Zidaflo 12.5mg; 25mg	
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
					Catexan 2.5mg	
					Cipla-Indapamide 2.5mg	
					Mylan Indapamide 2.5mg	
	R120	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
					Spironolactone 25mg Accord 25mg	
					Spironolactone 25 Kiara 25mg	
	R130	R130	Potassium supplements	Potassium chloride	Ultipot 600mg	
	R245	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg	
					Verapamil	Verahexal 240 SR 240mg
						Verapamil 40 Oethmaan 40mg
	R80	R80	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg	
					Amlodac 5mg; 10mg	
					Amlodipine Hetero 5mg; 10mg	
					Amlodipine Unicorn 5mg; 10mg	
					Amlodipine Unimed 5mg; 10mg	
					Amlovasc 5mg; 10mg	
					Amtas 5mg; 10mg	
					Aprate 5mg; 10mg	
					Austell-Amlodipine 5mg; 10mg	
					Ciplavasc 5mg; 10mg	
					Pendine 5mg; 10mg	
				Vasloc 5mg; 10mg		
				Felodipine	Felodipine Kiara 5mg; 10mg (Only LA Core and LA Comprehensive)	
				Nifedipine	Adalat XL 30mg (Not available on LA KeyPlus)	
Cipalat Retard 20mg						
Cipalat XR 30mg; 60mg (Not available on LA KeyPlus)						
Fedaloc SR 30mg; 60mg (Not available on LA KeyPlus)						
Fidocare XL 30mg; 60mg (Not available on LA KeyPlus)						
Gitsalat 30mg (Not available on LA KeyPlus)						
Hypothyroidism	R30	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 75mcg; 100mcg		
				Mithyro 25mcg; 50mcg; 75mcg; 100mcg		
				Roidace 25mcg; 50mcg; 75mcg; 100mcg		

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Multiple sclerosis	R100	R100	Anti-depressants: Tricyclics	Amitriptyline	Amderip 10mg; 25mg
					Amitriptyline 10mg Austell 10mg
					Gulf Amitriptyline 25mg
					Veikirin 10mg; 25mg
	R290	R315	Drugs for urinary frequency and incontinence	Oxybutynin	Lenditro 5mg
					Oxyrest 5mg
	R7 625	R7 625	Interferons	Interferon Beta-1A	Avonex prefilled syringe 0.5ml 30mcg/0.5ml
					Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
					Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
					Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Interferon Beta-1B	Betaferon pre-filled syringe 1ml 9600000U/1ml
					Peginterferon Beta-1A
	R1 250	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg					
Trolic 5mg					
Parkinson's disease	R345	R345	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R480	R480	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg; 1mg
					Pexasp 0.125mg; 0.25mg
	R280	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R480	R480	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg
					Kinect 1mg
					Ragitar 1mg
					Rasapar 1mg
R580	R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg	
				Teva Carbi-Levo 25/100mg; 25/250mg	
Rheumatoid arthritis	R65	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac 50mg
					Diclofenac Biotech 25mg
					Diclofenac 50mg Clicks 50mg
					Mylan Diclofenac 25mg; 50mg
					Panamor AT 50mg
					Indomethacin
			Betacin 25mg		

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength	
Rheumatoid arthritis	R65	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Indomethacin	Gulf Indomethacin	25mg
					Methocaps	25mg
	R65	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam	15mg
					Coxflam	7.5mg
					Flexocam	7.5mg
				Piroxicam	Pyrocaps	20mg
					Roxifen	20mg
	R60	R60	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen	200mg
					Bren	400mg
					Ibucine	200mg; 400mg
					Ibunate	200mg
					Ibusor	200mg
				Naproxen	Napinflam	250mg
					Naprosript	250mg
	R120	R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine	200mg
	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
					Gulf Folic acid	5mg
	R880	R880	Intestinal anti-inflammatory agents: Aminosalicic acid and similar agents	Sulfasalazine	Salazopyrin	500mg
					Salazopyrin EN	500mg
R440	R440	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun	50mg	
				Azathioprine PCH	50mg	
R110	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Methotrexate	2.5mg	
				Mexate	2.5mg	
R775	R775	Selective immuno-suppressive agents: Leflunomide	Leflunomide	Lunar	20mg	
				Ravalef	10mg; 20mg	
				Rheumalef	10mg; 20mg	
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg	
				Panafcort	5mg	
				Trolic	5mg	
Schizophrenia	R110	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil	20mg
					Citalopram 20 Oethmaan	20mg
					Depramil	20mg
					Tamomilt	20mg
			Escitalopram	Accord Escitalopram	10mg; 20mg	
				Dolin	10mg; 20mg	

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength			
Schizophrenia	R110	R130	Anti-depressants: SSRI's	Escitalopram	Emerdyne 10mg; 20mg			
					Esetam 10mg; 20mg			
					Zyescito 10mg; 20mg			
				Fluoxetine	Fluoxetine 20 Oethmaan 20mg			
					Zydus Fluoxetine 20mg			
					Sertraline	Dyna Sertraline 50mg; 100mg		
				Tralidep 50mg; 100mg				
				R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
								Partid 200mg
	Tegretol CR 200mg; 400mg							
	Zeptol 200mg							
	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg			
					Convulex syrup 250mg/5ml			
					Epilim crushable 100mg			
					Eprolep CR 200mg; 300mg; 500mg			
					Navalpro CR 200mg; 300mg; 500mg			
					Navalpro liquid 200mg/5ml			
					Rubilim CR 200mg; 300mg; 500mg			
					Valeptic CR 300mg; 500mg			
	R325	R325	Anti-epileptics: Other agents	Lamotrigine	Epitec 25mg; 50mg; 100mg; 200mg			
					Lamilepsy 25mg; 50mg; 100mg; 200mg			
					Lamorola 25mg; 50mg; 100mg; 200mg			
					Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg			
Serinem 25mg; 50mg; 100mg; 200mg								
R160	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg				
R615	R945	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg				
R360	R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg (Not available on LA KeyPlus)				
R345	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg				
R365	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg				
				Meltolan 5mg; 10mg				
				Nezolap 5mg; 10mg				
				Olandus 5mg; 10mg				
				Olexar 5mg; 10mg				
				Zolanz 5mg; 10mg				
				Zylena 5mg; 10mg				

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
					Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
					Quesara 25mg; 100mg; 200mg; 300mg
					Quesara XR 150mg; 200mg; 300mg; 400mg (Not available on LA KeyPlus)
					Quetiapine Unicorn 25mg; 100mg; 200mg; 300mg
					Quetz 25mg; 100mg; 200mg; 300mg
					Sizocam 25mg; 100mg; 200mg; 300mg
					Torquit 25mg; 100mg; 200mg; 300mg
	R560	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
					Fluanxol depot 1ml 20mg
				Zuclopenthixol	Clopixol 2mg; 10mg
					Clopixol depot 200mg
	R270	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
					Alebon 5mg; 10mg; 15mg
					Apize 5mg; 10mg; 15mg
					Aprizon 5mg; 10mg; 15mg
					Arizofy 5mg; 10mg; 15mg
					Priptrin 10mg; 15mg
					Radzil 5mg; 10mg; 15mg
Thryve 5mg; 10mg					
R360	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
				Rispacor 0.5mg; 1mg; 2mg; 3mg	
				Rispide 0.5mg; 1mg; 2mg	
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
				Zoxadon ODT 0.5mg; 1mg; 2mg	
Systemic lupus erythematosus (SLE)	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac 50mg	
				Diclofenac Biotech 25mg	
				Diclofenac 50mg Clicks 50mg	
				Mylan Diclofenac 25mg; 50mg	
				Panamor AT 50mg	
			Indomethacin	Amdocin 25mg	
				Betacin 25mg	
				Gulf Indomethacin 25mg	
				Methocaps 25mg	

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength	
Systemic lupus erythematosus (SLE)	R65	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam	15mg
					Coxflam	7.5mg
					Flexocam	7.5mg
				Piroxicam	Pyrocaps	20mg
					Roxifen	20mg
					Ibuprofen	Betaprofen
	Bren	400mg				
	Ibucine	200mg; 400mg				
	Ibunate	200mg				
	Ibusor	200mg				
	Naproxen	Napinflam	250mg			
		Naproscript	250mg			
	R120	R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine	200mg
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin	5mg
					Segavin	5mg
					Warfarin 5mg Austell	5mg
					Warfarin 5 Unicorn	5mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin 100 Clicks	100mg
					Coprin	100mg
					Myoprin (Only LA Core and LA Comprehensive)	100mg
					Trinprin	100mg
R25	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp		
R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg	
				Gulf Folic acid	5mg	
R440	R440	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun	50mg	
				Azathioprine PCH	50mg	
R110	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Methotrexate	2.5mg	
				Mexate	2.5mg	
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg	
				Panafcort	5mg	
				Trolic	5mg	
R25	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream	0.1%	
				Topivate cream	0.1%	
Ulcerative colitis	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
					Gulf Folic acid	5mg

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength	
Ulcerative colitis	R880	R880	Intestinal anti-inflammatory: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
					Asacol suppository 500mg (Not available on LA KeyPlus)	
					Mezavant 1200mg	
					Pentasa 500mg	
					Pentasa suppository 1000mg (Not available on LA KeyPlus)	
					Salofalk 1500mg (Not available on LA KeyPlus)	
					Zylamene SR 800mg; 1200mg	
					Sulfasalazine	Salazopyrin 500mg
						Salazopyrin EN 500mg
	R1 940	R2 220	Intestinal anti-inflammatory: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml (Only LA Core and LA Comprehensive)	
	R440	R440	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
					Azathioprine PCH 50mg	
	R110	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Methotrexate 2.5mg	
					Mexate 2.5mg	
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
Panafcort 5mg						
Trolic 5mg						

The Chronic Disease List (CDL) Enhanced medicine list (formulary) for all Options

LA Comp refers to the LA Comprehensive Option. The Chronic Drug Amount (CDA) **does not** apply to the LA KeyPlus Option.

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Asthma	R200	R200	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Astelair 10mg
					Lumont 4mg; 5mg; 10mg
					Maclutek 4mg; 5mg; 10mg
					Montascend 10mg
					Montrahet 4mg; 5mg; 10mg
					Sintrine 4mg; 5mg; 10mg
	R535	R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
	R65	R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
					Fluticasone
Fluticasone 50mcg Unicorn 120 dose 50mcg (Not available on LA KeyPlus)					
Cardiac failure	R225	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif (Not available on LA KeyPlus) 10mg	
				Diaglyco (Not available on LA KeyPlus) 10mg	
				Sagalatin (Not available on LA KeyPlus) 10mg	
Chronic obstructive pulmonary disease (COPD)	R205	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R435	R435	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler) (Only LA Core and LA Comprehensive)
	R240	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg (Only LA Core and LA Comprehensive)
	R240	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
					Symbicord turbohaler 60 dose 320/9mcg (Only LA Core and LA Comprehensive)
					Symbicord turbohaler 120 dose 160/4.5mcg (Only LA Core and LA Comprehensive)
					Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Only LA Core and LA Comprehensive)
	R240	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg (Only LA Core and LA Comprehensive)
	R545	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler) (Only LA Core and LA Comprehensive)
R485	R485	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler) (Only LA Core and LA Comprehensive)	

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Chronic obstructive pulmonary disease (COPD)	R360	R360	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Tiores 30 inh capsules with zephir inhaler
	R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo DPI 60 dose 50/100; 50/250; 50/500 (Not available on LA KeyPlus)
					Sereflo HFA 120 dose 25/50; 25/125; 25/250
					Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250
R240	R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg (Not available on LA KeyPlus)	
Chronic renal disease	R270	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
					Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R130	R130	Anti-thrombotic agents: Clopidogrel	Clopidogrel	AvioliX 75mg
					Clovesa 75mg
					Pharma Dynamics Clopidogrel 75mg
					Plagrol 75mg
Diabetes mellitus Type 2	R175	R225	Anti-diabetic agents: Metformin and Sitagliptin	Metformin and Sitagliptin	Metplitin Co 50/850mg; 50/1000mg (Not available on LA KeyPlus)
					Metsitag 50/500mg; 50/1000mg (Not available on LA KeyPlus)
					Salumet 50/500mg; 50/1000mg (Not available on LA KeyPlus)
					Situviamet 50/1000mg (Not available on LA KeyPlus)
	R125	R175	Dipeptidyl peptidase inhibitors: Sitagliptin	Sitagliptin	Metplitin 50mg; 100mg (Not available on LA KeyPlus)
	R125	R175	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Vilglav 50mg (Not available on LA KeyPlus)
					Zomvil 50mg (Not available on LA KeyPlus)
	R225	R225	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif 10mg (Not available on LA KeyPlus)
					Dapagliflozin 10mg Ascend (Not available on LA KeyPlus)
					Depagloz 10mg (Not available on LA KeyPlus)
Diaglyco 10mg (Not available on LA KeyPlus)					
Sagalatin 10mg (Not available on LA KeyPlus)					
Dysrhythmia	R430	R605	Anti-thrombotic agents: Direct Thrombin inhibitors - Dabigatran Etexilate	Dabigatran Etexilate	Dabitrin 75mg; 150mg (Not available on LA KeyPlus)

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Dysrhythmia	R430	R605	Direct factor Xa inhibitors: Apixaban	Apixaban	Apixaban Accord 2.5mg; 5mg (Only LA Core and LA Comprehensive)
					Apixaban DRL 2.5mg; 5mg (Only LA Core and LA Comprehensive)
					Eliquis 2.5mg; 5mg (Not available on LA KeyPlus)
					Eplipix 2.5mg; 5mg (Only LA Core and LA Comprehensive)
					Fibranix 2.5mg; 5mg (Not available on LA KeyPlus)
					Innoklod 2.5mg; 5mg (Not available on LA KeyPlus)
					Pixecлот 2.5mg; 5mg (Only LA Core and LA Comprehensive)
					Xarpix 2.5mg; 5mg (Not available on LA KeyPlus)
					Zyquis 2.5mg; 5mg (Only LA Core and LA Comprehensive)
	R395	R605	Direct factor Xa inhibitors: Rivaroxaban	Rivaroxaban	Axolta 15mg; 20mg (Not available on LA KeyPlus)
					Embiriv 15mg; 20mg (Not available on LA KeyPlus)
					Medpralto 15mg; 20mg (Not available on LA KeyPlus)
					Rexarav 15mg; 20mg (Not available on LA KeyPlus)
					Rivaroxaban Austell 15mg; 20mg (Only LA Core and LA Comprehensive)
					Rivaroxaban Shanur 15mg; 20mg (Not available on LA KeyPlus)
					Rothrom 15mg; 20mg (Not available on LA KeyPlus)
					Xabanar 15mg; 20mg (Only LA Core and LA Comprehensive)
					Xabriva 15mg; 20mg (Not available on LA KeyPlus)
	Multiple sclerosis	R6 160	R6 160	Cytokines and immunomodulators - Other	Glatiramer Acetate
Copaxone pre-filled pen 1ml 40mg/1ml					
R4 560		R4 560	Selective immuno-suppressive agents: Fingolimod	Fingolimod	Filengia 0.5mg
					Finkem 0.5mg
					Glomatin 0.5mg
					Myelenea 0.5mg
					Tuvigin 0.5mg

Chronic Disease List condition	CDA for LA Engage, LA Active and LA Focus	CDA for LA Core and LA Comp	Medicine class	Active ingredient	Medicine name and strength
Multiple sclerosis	R4 070	R4 070	Selective immuno-suppressive agents: Teriflunomide	Teriflunomide	Aubamide 14mg
					Auberif 14mg
					Teriflunomide Adco 14mg
					Teriflunomide 14 Teva 14mg
Rheumatoid arthritis	R65	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg (Not available on LA KeyPlus)
					Celebrex 200mg (Not available on LA KeyPlus)
					Celexii 100mg; 200mg (Not available on LA KeyPlus)
					Colcibra 200mg (Not available on LA KeyPlus)
					Innoflam 100mg; 200mg (Not available on LA KeyPlus)
					Vexicop 100mg; 200mg (Not available on LA KeyPlus)
Systemic lupus erythematosus (SLE)	R65	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg (Not available on LA KeyPlus)
					Celebrex 200mg (Not available on LA KeyPlus)
					Celexii 100mg; 200mg (Not available on LA KeyPlus)
					Colcibra 200mg (Not available on LA KeyPlus)
					Innoflam 100mg; 200mg (Not available on LA KeyPlus)
					Vexicop 100mg; 200mg (Not available on LA KeyPlus)

Monthly limit amounts for diabetes consumables

The monthly limit amount below applies to the consumables for insulin pumps for the management of Diabetes mellitus Type 1. Only applicable to **LA Core and LA Comprehensive Options**.

Chronic Disease List condition	Monthly limit amount	Surgical class
Diabetes mellitus Type 1	R1 810	Insulin pump reservoirs and infusion sets (Only LA Core and LA Comprehensive)

Oxygen

Chronic Disease List condition	Monthly limit amount for LA KeyPlus	Monthly limit amount for LA Core, LA Active, LA Engage, LA Focus and LA Comprehensive	Surgical class
Chronic obstructive pulmonary disease (COPD)	R830	R923	Oxygen Concentrator (Rental)

Vaccines

Members approved for Cardiac failure or Cardiomyopathy are eligible for lifetime cover for one dose of the Pneumococcal Conjugate Vaccine (PCV13), and one dose of the Pneumococcal Polysaccharide Vaccine (PPSV23), with the doses claimed at least one year apart.

Additionally, members approved for Cardiac failure, Cardiomyopathy, or COPD will have access to one flu vaccine every year.

Chronic Disease List condition	Medicine class	Active ingredient	Frequency
Cardiac failure Cardiomyopathy Chronic obstructive pulmonary disease (COPD)	Influenza vaccines	Influenza, purified antigen	Yearly
Cardiac failure Cardiomyopathy	Pneumococcus vaccines	Pneumococcal Polysaccharide Vaccine (PPSV23)	Once in a lifetime
		Pneumococcal Conjugate Vaccine (PCV13)	Once in a lifetime

Complaints process

You can lodge a complaint or query with LA Health Medical Scheme directly on 0860 103 933 or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you can lodge a formal dispute by following the LA Health Medical Scheme internal disputes process.

You can, as a last resort, approach the Council for Medical Schemes for assistance. Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 /

complaints@medicalschemes.co.za / www.medicalschemes.co.za.