

Chronic Illness Benefit medicine list (formulary) 2022

Who we are

LA Health Medical Scheme (referred to as 'the Scheme'), registration number 1145, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as 'the Administrator'), is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership of the Scheme.

Contact us

You can call us on **0860 103 933** or visit www.lahealth.co.za for more information.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicine when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the LA Health Medical Scheme Rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions.

Any instructions or advice on medicine and the management of your condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on our medicine list. You may have a co-payment for medicine not on our medicine list.

LA Health Medical Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

Explanation of terms

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

Benefit year

A benefit year refers to the benefits you are entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2022 only.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee. The CDA does not apply to the LA KeyPlus Benefit Option. On this Option we cover up to the Generic Reference Price (GRP), which is up to the lowest cost medicine of the same kind on our medicine list for the condition.

Medicine class

This describes medicine that have similar chemical structures or similar therapeutic effects.

Prescribed Minimum Benefit conditions (PMB conditions)

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes for any setting according to clinical guidelines.

The Prescribed Minimum Benefits (PMB) Chronic Disease List (CDL) medicine list for all Benefit Options

The Chronic Drug Amount (CDA) does not apply to the LA KeyPlus Benefit Option.

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R215	R215	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
					Ventimax CFC free 200 dose 100mcg
	R110	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg (Only Core and Comprehensive Options)
	R240	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 320/9mcg (Only Core and Comprehensive Options)
					Symbicord turbohaler 120 dose 160/4.5mcg (Only Core and Comprehensive Options)
					Symbicord turbohaler 60 dose 160/4.5mcg
					Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Only Core and Comprehensive Options)
	R240	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg
					Beclate 200 dose 50mcg; 100mcg; 200mcg
				Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg
					Pulmicort turbuhaler 200 dose 100mcg; 200mcg
	R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/500 (Only Core and Comprehensive Options)
Sereflo DPI 60 dose 50/100; 50/250 (Not available on KeyPlus Option)					
Sereflo HFA 120 dose 25/50					
Sereflo HFA 120 dose 25/125; 25/250 (Not available on KeyPlus Option)					
Sereflo HFA synchrobreathe 120 dose 25/50					
Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 (Not available on KeyPlus Option)					

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Asthma	R240	R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg (Only Core and Comprehensive Options)	
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
					Panafcort 5mg	
					Trolic 5mg	
Bipolar mood disorder	R110	R140	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg	
					Citalopram 20 Oethmaan 20mg	
					Depramil 20mg	
					Recita 20mg	
				Escitalopram	Accord Escitalopram 10mg; 20mg	
					Dolin 10mg; 20mg	
					Esetam 10mg; 20mg	
					Espradep 10mg	
				Zyescito 10mg; 20mg	Fluoxetine	Deprozan 20mg
						Fluoxetine 20 Oethmaan 20mg
						Prolax 20mg
						Sertraline
	Serlife 50mg; 100mg (Only Core and Comprehensive Options)	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
						Tegretol CR 200mg; 400mg
	Zeptol 200mg					
	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
					Convulex syrup 250mg/5ml	
					Epilim crushable 100mg	
					Epilim sugar-free syrup 200mg/5ml	
					Eprolep CR 200mg; 300mg; 500mg	
Navalpro CR 200mg; 300mg; 500mg						
R335	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg		
				Epitec 25mg; 50mg; 100mg; 200mg		
				Girotec 50mg; 100mg; 200mg		
				Serinem 25mg; 50mg; 100mg; 200mg		
R160	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg		
R615	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg		
				Clozapine Oethmaan 25mg; 100mg		
R345	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg		

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Bipolar mood disorder	R500	R500	Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg	
					Zolanz 5mg; 10mg	
	R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	
	R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg	
					Dopaquel 25mg; 100mg; 200mg; 300mg	
					Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
					Psyquet 25mg; 100mg; 200mg; 300mg	
					Truvalin 25mg; 100mg; 200mg; 300mg	
					Zimbiquet 25mg; 100mg; 200mg; 300mg	
	R560	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
					Fluanxol depot 1ml 20mg	
				Zuclopenthixol	Clopixol 2mg; 10mg	
					Clopixol depot 200mg	
	R235	R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg	
					Abipip ODT 10mg; 15mg	
					Apripent 5mg; 10mg; 15mg	
					Aprizon 5mg; 10mg; 15mg	
					Arizofy 5mg; 10mg; 15mg	
	R360	R440	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
					Rispacor 0.5mg; 1mg; 2mg; 3mg	
Rispide 0.5mg; 1mg; 2mg						
Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg						
Zoxadon ODT 0.5mg; 1mg; 2mg						
Bronchiectasis	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg	
					Ventimax CFC free 200 dose 100mcg	
	R260	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
					Panafcort 5mg	
					Trolic 5mg	
Cardiac failure	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
					Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
						Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
						Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg		
				Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Not available on KeyPlus Option)	

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength			
Cardiac failure	R80	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Ciplasyl Plus 4/1.25mg			
					Circator Plus 4/1.25mg			
					Pearinda Plus 4/1.25mg; 8/2.5mg			
					Perindopril co Unicorn 4/1.25mg			
					Prexum Plus 5/1.25mg			
					Spec-Perindopril Plus 4/1.25mg			
					Trexeva Plus 5/1.25mg			
					Vectoryl Plus 4/1.25mg			
	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg			
					Mylan Captopril 25mg; 50mg			
				Enalapril	Alapren 5mg; 10mg; 20mg			
					Enalapril Unicorn 10mg; 20mg			
					Hypace 5mg			
					Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg		
				Austell-Lisinopril 10mg; 20mg				
				Liso 5mg; 10mg; 20mg				
				Lizro 5mg; 10mg; 20mg				
				Sinopren 5mg; 10mg; 20mg				
				Perindopril		Ciplasyl 4mg (Not available on KeyPlus Option)		
					Pearinda 4mg; 8mg (Not available on KeyPlus Option)			
					Perindopril Unicorn 8mg (Not available on KeyPlus Option)			
					Prexum 10mg (Not available on KeyPlus Option)			
					Ran-Perindopril 4mg (Not available on KeyPlus Option)			
					Reprex 4mg; 8mg			
					Vectoryl 8mg (Not available on KeyPlus Option)			
					Zyace 4mg (Not available on KeyPlus Option)			
				R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
								Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
	Carvetrend 6.25mg; 12.5mg; 25mg							
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg			
					Losaar Plus 50/12.5mg; 100/25mg			
					Losartan comp Biotech 50/12.5mg; 100/25mg			
					Sartoc-co 50/12.5mg; 100/25mg			
Telmisartan and diuretics				Telpres Plus 40/12.5mg; 80/12.5mg (Not available on KeyPlus Option)				

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R90	R100	Angiotensin II antagonists: Combinations	Telmisartan and diuretics	Tesar co 40/12.5mg; 80/12.5mg (Not available on KeyPlus Option)
					Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on KeyPlus Option)
				Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)
	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on KeyPlus Option)
					Losartan
				Ciplazar 50mg; 100mg (Not available on KeyPlus Option)	
				Losartan Accord 50mg; 100mg (Not available on KeyPlus Option)	
				Zaario 50mg; 100mg (Not available on KeyPlus Option)	
				Zartan 100mg (Only Core and Comprehensive Options)	
				Valsartan	Adco-Valsartan 80mg; 160mg (Only Core and Comprehensive Options)
					Regoval 80mg; 160mg (Only Core and Comprehensive Options)
	Valheft 80mg; 160mg (Only Core and Comprehensive Options)				
	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
					Hyperphen 10mg; 50mg
	R70	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
					Betacor 5mg; 10mg
					Bilocor 5mg; 10mg
					Bisbeta 5mg; 10mg
					Bislo 5mg; 10mg
					Bisoprolol Unicorn 5mg; 10mg
					Bisozyd 5mg; 10mg
					Emcor 5mg; 10mg
	Presicard 5mg; 10mg				
R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg	
				Diuresix 40mg	
				Furobe 40mg	
				Mylan Furosemide 40mg	
R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
				Ridaq 12.5mg	

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
					Catexan 2.5mg
					Cipla-Indapamide 2.5mg
					Daptril 2.5mg
					Mylan Indapamide 2.5mg
	R120	R120	Potassium sparing agents	Spirolactone	Spiractin 25mg
	R110	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
					Ultipot 600mg
	R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg
				Isosorbide mononitrate	Ismo 20mg
					Monicor SR 60mg
	R135	R135	Influenza vaccines	Influenza, purified antigen	Vaxigrip tetra single dose 0.5ml pre-filled syringe
	R175	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml
Pneumovax 23 single dose vial 0.5ml					
Cardiomyopathy	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
				Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Not available on KeyPlus Option)
					Ciplasyl Plus 4/1.25mg
					Circator Plus 4/1.25mg
					Pearinda Plus 4/1.25mg; 8/2.5mg
					Perindopril co Unicorn 4/1.25mg
					Prexum Plus 5/1.25mg
					Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg	
	Vectoryl Plus 4/1.25mg				
	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 10mg; 20mg
					Hypace 5mg
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
Austell-Lisinopril 10mg; 20mg					
Liso 5mg; 10mg; 20mg					

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R65	R75	ACE inhibitors: Plain	Lisinopril	Lizro 5mg; 10mg; 20mg
					Sinopren 5mg; 10mg; 20mg
				Perindopril	Ciplasyl 4mg (Not available on KeyPlus Option)
					Pearinda 4mg; 8mg (Not available on KeyPlus Option)
					Perindopril Unicorn 8mg (Not available on KeyPlus Option)
					Prexum 10mg (Not available on KeyPlus Option)
					Ran-Perindopril 4mg (Not available on KeyPlus Option)
					Reprex 4mg; 8mg
					Vectoryl 8mg (Not available on KeyPlus Option)
					Zyace 4mg (Not available on KeyPlus Option)
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Carvetrend 6.25mg; 12.5mg; 25mg
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Losartan comp Biotech 50/12.5mg; 100/25mg
					Sartoc-co 50/12.5mg; 100/25mg
				Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg (Not available on KeyPlus Option)
					Tesar co 40/12.5mg; 80/12.5mg (Not available on KeyPlus Option)
					Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on KeyPlus Option)
	Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)			
	R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on KeyPlus Option)
					Losartan
				Ciplazar 50mg; 100mg (Not available on KeyPlus Option)	
				Losartan Accord 50mg; 100mg (Not available on KeyPlus Option)	
				Zaario 50mg; 100mg (Not available on KeyPlus Option)	
				Zartan 100mg (Only Core and Comprehensive Options)	
Valsartan				Adco-Valsartan 80mg; 160mg (Only Core and Comprehensive Options)	

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R75	R110	Angiotensin II antagonists: Plain	Valsartan	Regoval 80mg; 160mg (Only Core and Comprehensive Options)
					Valheft 80mg; 160mg (Only Core and Comprehensive Options)
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
					Hyperphen 10mg; 50mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R70	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
					Betacor 5mg; 10mg
					Bilocor 5mg; 10mg
					Bisbeta 5mg; 10mg
					Bislo 5mg; 10mg
					Bisoprolol Unicorn 5mg; 10mg
					Bisozyd 5mg; 10mg
					Emcor 5mg; 10mg
	R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
					Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
					Diuresix 40mg
					Furobe 40mg
					Mylan Furosemide 40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
					Ridaq 12.5mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
					Catexan 2.5mg
					Cipla-Indapamide 2.5mg
					Daptril 2.5mg
					Mylan Indapamide 2.5mg
R120	R120	Potassium sparing agents	Spirolactone	Spiractin 25mg	
R110	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
				Ultipot 600mg	
R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
			Isosorbide mononitrate	Ismo 20mg	
				Monicor SR 60mg	

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R135	R135	Influenza vaccines	Influenza, purified antigen	Vaxigrip tetra single dose 0.5ml pre-filled syringe
	R175	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml
					Pneumovax 23 single dose vial 0.5ml
Chronic obstructive pulmonary disease (COPD)	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg Ventimax CFC free 200 dose 100mcg
	R110	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R260	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R886	R886	Surgical item: Oxygen concentrator 5L	Oxygen	Oxygen Concentrator (Rental)
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
					Trolic 5mg
R135	R135	Influenza vaccines	Influenza, purified antigen	Vaxigrip tetra single dose 0.5ml pre-filled syringe	
Chronic renal disease	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
				Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Not available on KeyPlus Option)
					Ciplasyl Plus 4/1.25mg
					Circator Plus 4/1.25mg
					Pearinda Plus 4/1.25mg; 8/2.5mg
					Perindopril co Unicorn 4/1.25mg
					Prexum Plus 5/1.25mg
					Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg	
	Vectoryl Plus 4/1.25mg				
	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 10mg; 20mg
					Hypace 5mg
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
Austell-Lisinopril 10mg; 20mg					

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength			
Chronic renal disease	R65	R75	ACE inhibitors: Plain	Lisinopril	Liso 5mg; 10mg; 20mg			
					Lizro 5mg; 10mg; 20mg			
					Sinopren 5mg; 10mg; 20mg			
				Perindopril	Ciplasyl 4mg (Not available on KeyPlus Option)			
					Pearinda 4mg; 8mg (Not available on KeyPlus Option)			
					Perindopril Unicorn 8mg (Not available on KeyPlus Option)			
					Prexum 10mg (Not available on KeyPlus Option)			
					Ran-Perindopril 4mg (Not available on KeyPlus Option)			
					Reprex 4mg; 8mg			
					Vectoryl 8mg (Not available on KeyPlus Option)			
	Zyace 4mg (Not available on KeyPlus Option)							
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg			
					Losaar Plus 50/12.5mg; 100/25mg			
					Losartan comp Biotech 50/12.5mg; 100/25mg			
					Sartoc-co 50/12.5mg; 100/25mg			
				Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg (Not available on KeyPlus Option)			
					Tesar co 40/12.5mg; 80/12.5mg (Not available on KeyPlus Option)			
					Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on KeyPlus Option)			
				Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)			
				R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on KeyPlus Option)
							Losartan	Annin 50mg; 100mg
	Ciplazar 50mg; 100mg (Not available on KeyPlus Option)							
	Losartan Accord 50mg; 100mg (Not available on KeyPlus Option)							
	Zaario 50mg; 100mg (Not available on KeyPlus Option)							
	Zartan 100mg (Only Core and Comprehensive Options)							
	Valsartan	Adco-Valsartan 80mg; 160mg (Only Core and Comprehensive Options)						
		Regoval 80mg; 160mg (Only Core and Comprehensive Options)						

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Chronic renal disease	R75	R110	Angiotensin II antagonists: Plain	Valsartan	Valheft 80mg; 160mg (Only Core and Comprehensive Options)	
	R300	R300	Calcium supplements	Calcium carbonate	B-cal	
	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
					Folic acid	5mg
	R50	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate	75mg
	R535	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml	50mg/1ml
					Equifer ampoule 5ml	100mg/5ml
					Rautevene ampoule 5ml	100mg/5ml
					Zypiron vial 5ml	20mg/1ml
	R3 340	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml	10mcg/0.4ml
					Aranesp pre-filled syringe 0.5ml	20mcg/0.5ml
					Aranesp pre-filled syringe 0.3ml	30mcg/0.3ml
					Aranesp pre-filled syringe 0.4ml	40mcg/0.4ml
					Aranesp pre-filled syringe 0.5ml	50mcg/0.5ml
					Aranesp pre-filled syringe 0.3ml	60mcg/0.3ml
					Aranesp pre-filled syringe 0.4ml	80mcg/0.4ml
					Aranesp pre-filled syringe 0.5ml	100mcg/0.5ml
				Erythropoietin	Eprex pre-fill	2000U/0.5ml
					Eprex pre-fill	4000U/0.4ml
					Repotin ampoule 1ml	2000U; 4000U
				Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml	50mcg/0.3ml (Not available on KeyPlus Option)
					Mircera pre-filled syringe 0.3ml	75mcg/0.3ml (Not available on KeyPlus Option)
					Mircera pre-filled syringe 0.3ml	100mcg/0.3ml (Not available on KeyPlus Option)
					Mircera pre-filled syringe 0.3ml	120mcg/0.3ml (Not available on KeyPlus Option)
					Mircera pre-filled syringe 0.3ml	150mcg/0.3ml (Not available on KeyPlus Option)
					Mircera pre-filled syringe 0.3ml	200mcg/0.3ml (Not available on KeyPlus Option)
	Mircera pre-filled syringe 0.3ml	250mcg/0.3ml (Not available on KeyPlus Option)				
R365	R365	Vitamin D and analogues	Alfacalcidol	Zodoray	0.25mcg; 1mcg	
Coronary artery disease	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg	
					Myoprin 100mg	
	R85	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg	
				Purbloka 40mg		

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R70	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
					B-Block 50mg; 100mg
					Tenopress 50mg; 100mg
				Bisoprolol	Adco-Bisocor 5mg; 10mg
					Betacor 5mg; 10mg
					Bilocor 5mg; 10mg
					Bisbeta 5mg; 10mg
					Bislo 5mg; 10mg
					Bisoprolol Unicorn 5mg; 10mg
					Bisozyd 5mg; 10mg
	Emcor 5mg; 10mg				
	Presicard 5mg; 10mg				
	R205	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
					Verapamil
				Verahexal SR 240mg	
				Verapamil 40 Oethmaan 40mg	
	R100	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
					Amlodipine Unicorn 5mg; 10mg
					Amtas 5mg; 10mg
					Aprate 5mg; 10mg
					Austell-Amlodipine 5mg; 10mg
					Ciplavasc 5mg; 10mg
					Gulf Amlodipine 5mg; 10mg
Lomanor 5mg; 10mg					
Pharma Dynamics Amlodipine besylate 5mg; 10mg					
Felodipine				Felodipine Kiara 5mg; 10mg (Only Core and Comprehensive Options)	
				Plendil 2.5mg; 5mg (Only Core and Comprehensive Options)	
Nifedipine				Cipalat Retard 20mg	
				Cipalat XR 30mg; 60mg (Not available on KeyPlus Option)	
R250	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
				Isosorbide mononitrate	Ismo 20mg
			Monicor SR 60mg		
Crohn's disease	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
					Folic acid 5mg
	R980	R980	Intestinal anti-inflammatories: Aminosalicyclic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
					Asacol suppository 500mg (Not available on KeyPlus Option)

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Crohn's disease	R980	R980	Intestinal anti-inflammatory: Aminosalicic acid and similar agents	Mesalazine	Mezavant 1200mg	
					Pentasa 500mg	
					Pentasa suppository (Not available on KeyPlus Option) 1000mg	
				Sulfasalazine	Salazopyrin 500mg	
					Salazopyrin EN 500mg	
	R1 940	R1 940	Intestinal anti-inflammatory: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml (Only Core and Comprehensive Options)	
	R775	R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg (Only Core and Comprehensive Options)	
					Azathioprine PCH 50mg	
					Imuran 50mg (Only Core and Comprehensive Options)	
	R110	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg		
				Panafcort 5mg		
				Trolic 5mg		
Diabetes insipidus	R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg	
					Ddavn nasal spray 5ml 0.1mg/1ml	
Diabetes mellitus Type 1	***Please note an overall monthly limit applies to Insulins across the different Insulin classes***					
	The overall monthly limit for LA Active and LA Focus Options is R700.					
	The overall monthly limit for LA Core and LA Comprehensive Options is R720.					
	R460	R515	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml (Not available on KeyPlus Option)	
					Insulin Glulisine	Apidra - cartridge 3ml
						Apidra solostar - disposable pen 3ml (Only Core and Comprehensive Options)
					Insulin Lispro	Humalog - cartridge 3ml
						Humalog - kwikpen 3ml (Not available on KeyPlus Option)
					R700	R720
	Insulin Lispro	Humalog mix 25 - cartridge 3ml				
		Humalog mix 25 - kwikpen 3ml (Only Core and Comprehensive Options)				
		Humalog mix 50 - cartridge 3ml				
	R440	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Lispro	Humalog mix 50 - kwikpen 3ml (Only Core and Comprehensive Options)	
					Insulin Detemir	Levemir - pre-filled cartridge 3ml
						Insulin Glargine
				Optisulin - cartridge 3ml		

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 1	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R200	R280	Blood glucose monitoring agents	Glucose strips	Accu-check test strip glucose active (Not available on KeyPlus Option)
					Accu-check test strip glucose instant (Not available on KeyPlus Option)
					Glucocheck key test strip
					Glucocheck test strip (Not available on KeyPlus Option)
					Test strip blood glucose clicks bionime gs550
					Test strip freestyle optium glucose (Not available on KeyPlus Option)
					Test strip glucose caresens n 29g
					Test strip glucose contour plus (Not available on KeyPlus Option)
					Test strip glucose contour ts (Not available on KeyPlus Option)
					Test strip glucose fora diamond blood
					Test strip glucose on call plus ez
					Test strip onetouch select plus (Not available on KeyPlus Option)
	R350	R350	Surgical item	Lancets	Lancet blood collection needle loris
					Lancet fora collection needle sterile 30g
					Lancet fora tender needle sterile 33g
					Lancet freestyle test
					Lancet glucocheck novichack
					Lancet solus v2
Lancet unilet sterile 28g					
Lancet unilet sterile 4cm x 6cm x 7.5cm 28g					
Microlet lancet					
Needles				BD micro fine plus pen needle 30g 8mm	
				BD micro fine plus pen needle 31g	
				BD micro fine plus pen needle 32g 4mm	
				Droplet pen needle 8mm 31g	
				Needle insulin fora pen 31g 5mm	
				Needle insulin fora pen 31g 8mm	
				Needle insulin fora pen 32g 4mm	
				Needle insulin fora pen 32g 6mm	
				Needle insulin pen verifine 4mmx10cmx15cm 32g	
Needle insulin pen verifine 4mmx10cmx15cm 33g					

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 1	R350	R350	Surgical item	Needles	Needle novofine	
				Syringes	Syringe insulin 1.0ml with 27g needle	
					Syringe insulin bd microfine 12.7mm 1ml 9g	
					Syringe insulin bd microfine 1ml 8mm 30g	
					Syringe insulin bd microfine 8mm demi 0.3ml 30g	
Diabetes mellitus Type 2	R65	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg	
					Apex-Metformin 500mg	
					Austell-Metformin 500mg; 850mg	
					Bigsens 1000mg	
					Diaphage 500mg; 850mg; 1000mg	
					Gluconorm 500mg; 850mg	
					Mylan Metformin 500mg; 850mg; 1000mg	
					Romidab 500mg; 850mg; 1000mg	
	<p>***Please note an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for LA Active and LA Focus Options is R700. The overall monthly limit for LA Core and LA Comprehensive Options is R720.</p>					
	R460	R515	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml (Not available on KeyPlus Option)	
					Insulin Glulisine	Apidra - cartridge 3ml
						Apidra solostar - disposable pen 3ml (Only Core and Comprehensive Options)
					Insulin Lispro	Humalog - cartridge 3ml
Humalog - kwikpen 3ml (Not available on KeyPlus Option)						
R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Humulin 30/70 - cartridge 3ml		
				Insulin Lispro	Humalog mix 25 - cartridge 3ml	
					Humalog mix 25 - kwikpen 3ml (Only Core and Comprehensive Options)	
					Humalog mix 50 - cartridge 3ml	
R440	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml		
				Insulin Glargine	Basaglar - cartridge 3ml (Not available on KeyPlus Option)	
					Optisulin - cartridge 3ml	
R160	R160	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diagluclide MR 60mg		
				Diaran MR 30mg		
				Dyna Gliclazide SR 30mg		
				Gliclazide Unicorn MR 30mg		
				Glytab MR 30mg		
R200	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg		

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R200	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Pioglitazone hydrochloride Macleods 15mg; 30mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R200	R280	Blood glucose monitoring agents	Glucose strips	Accu-check test strip glucose active (Not available on KeyPlus Option)
					Accu-check test strip glucose instant (Not available on KeyPlus Option)
					Glucocheck key test strip
					Glucocheck test strip (Not available on KeyPlus Option)
					Test strip blood glucose clicks bionime gs550
					Test strip freestyle optimum glucose (Not available on KeyPlus Option)
					Test strip glucose caresens n 29g
					Test strip glucose contour plus (Not available on KeyPlus Option)
					Test strip glucose contour ts (Not available on KeyPlus Option)
					Test strip glucose fora diamond blood
					Test strip glucose on call plus ez
					Test strip onetouch select plus (Not available on KeyPlus Option)
	R350	R350	Surgical item	Lancets	Lancet blood collection needle loris
					Lancet fora collection needle sterile 30g
					Lancet fora tender needle sterile 33g
					Lancet freestyle test
					Lancet glucocheck novicheck
					Lancet solus v2
					Lancet unilet sterile 28g
					Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
Needles				Microlet lancet	
				BD micro fine plus pen needle 30g 8mm	
				BD micro fine plus pen needle 31g	
				BD micro fine plus pen needle 32g 4mm	
				Droplet pen needle 8mm 31g	
				Needle insulin fora pen 31g 5mm	
				Needle insulin fora pen 31g 8mm	
				Needle insulin fora pen 32g 4mm	
Needle insulin fora pen 32g 6mm					
Needle insulin pen verifine 4mmx10cmx15cm 32g					

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R350	R350	Surgical item	Needles	Needle insulin pen verifine 4mmx10cmx15cm 33g
					Needle novofine
				Syringes	Syringe insulin 1.0ml with 27g needle
					Syringe insulin bd microfine 12.7mm 1ml 9g
					Syringe insulin bd microfine 1ml 8mm 30g
Syringe insulin bd microfine 8mm demi 0.3ml 30g					
Dysrhythmia	R620	R680	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg (Not available on KeyPlus Option)
					Tambocor CR 100mg; 200mg (Not available on KeyPlus Option)
	R400	R425	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Bio-Amiodarone 200mg
					Hexarone 100mg; 200mg
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R85	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
					Purbloka 40mg
				Sotalol	Sotahexal 80mg; 160mg
	R70	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
					B-Block 50mg; 100mg
					Tenopress 50mg; 100mg
				Bisoprolol	Adco-Bisocor 5mg; 10mg
					Betacor 5mg; 10mg
					Bilocor 5mg; 10mg
					Bisbeta 5mg; 10mg
					Bislo 5mg; 10mg
					Bisoprolol Unicorn 5mg; 10mg
Bisozyd 5mg; 10mg					
Emcor 5mg; 10mg					
Presicard 5mg; 10mg					
R35	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R205	R250	Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg	
				Verahexal SR 240mg	
				Verapamil 40 Oethmaan 40mg	
Epilepsy	R30	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Epilepsy	R185	R285	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Rivotril 0.5mg; 2mg
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
					Tegretol CR 200mg; 400mg
					Zeptol 200mg
	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
					Convulex syrup 250mg/5ml
					Epilim crushable 100mg
					Epilim sugar-free syrup 200mg/5ml
					Eprolep CR 200mg; 300mg; 500mg
					Navalpro CR 200mg; 300mg; 500mg
					Valeptic CR 300mg; 500mg
	R110	R110	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R335	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
					Epitec 25mg; 50mg; 100mg; 200mg
					Girotec 50mg; 100mg; 200mg
					Serinem 25mg; 50mg; 100mg; 200mg
				Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg
					Epikepp 250mg; 500mg; 750mg
					Redilev 250mg; 500mg; 750mg
				Topiramate	Epimate 25mg; 50mg; 100mg; 200mg
Toplep 25mg; 50mg; 100mg; 200mg					
R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Folic acid 5mg	
Glaucoma	R205	R220	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%
					Trusopt 5ml owi 2% (Only Core and Comprehensive Options)
	R235	R245	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 0.01% (Only Core and Comprehensive Options)
					Latanoprost
				Spersatan 2.5ml 50mcg/1ml	
				Xalatan 2.5ml 50mcg/1ml (Only Core and Comprehensive Options)	
				Tafluprost	Saflutan single dose container 0.3ml 15mcg/1ml (Only Core and Comprehensive Options)
	Travoprost	Travatan 2.5ml 0.004% (Only Core and Comprehensive Options)			
	R205	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml
					Brimoct 5ml 2mg/1ml

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Glaucoma	R105	R105	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timoptol 5ml 0.5%
					Timoptol-xe 2.5ml 0.5%
	R250	R275	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml
					Co-Atana 2.5ml
					Combigan 5ml 2mg/5mg
					Cosopt 5ml 0.5% (Only Core and Comprehensive Options)
					Duotrav 2.5ml
					Ganfort 3ml
					Glaumide-co 5ml
					Glauropt co 5ml (Not available on KeyPlus Option)
					Ocudor co 5ml
Xalacom 2.5ml (Only Core and Comprehensive Options)					
Haemophilia	R5	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol 500mg
					Adco-Prolief 500mg
					Cetapon 500mg
	R245	R245	Anti-fibrinolytics: Amino acids	Tranexamic acid	Tranic 500mg
	R50 000	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
					Octanate vial 5ml 250U
				Coagulation factor IX	Octanate vial 10ml 500U; 1000U
					Haemosolvex IX 500U
	R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg
					Ddavn nasal spray 5ml 0.1mg/1ml
Hyperlipidaemia	R335	R335	Lipid modifying agent: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg
	R300	R300	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg
					Sandoz Bezafibrate 400mg
	R45	R55	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg
					Aspavor 10mg; 20mg; 40mg
					Astor 10mg; 20mg; 40mg; 80mg
					Dezzolip 10mg; 20mg; 40mg; 80mg
					Dynator 10mg; 20mg; 40mg; 80mg
					Lipogen 10mg; 20mg; 40mg; 80mg
				Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
Austell-Simvastatin 10mg; 20mg; 40mg					
Choleste 10mg; 20mg; 40mg					

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Hyperlipidaemia	R45	R55	Lipid modifying agents: Statins	Simvastatin	Cipla-Simvastatin 10mg; 20mg; 40mg
					Simvacor 10mg; 20mg; 40mg
Hypertension	R165	R175	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg
					Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R80	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
					Lisinopril and diuretics
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg	
				Lisoretic 10/12.5mg; 20/12.5mg	
				Lisozide 10/12.5mg; 20/12.5mg	
				Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Not available on KeyPlus Option)
					Ciplasyl Plus 4/1.25mg
					Circator Plus 4/1.25mg
					Pearinda Plus 4/1.25mg; 8/2.5mg
					Perindopril co Unicorn 4/1.25mg
					Prexum Plus 5/1.25mg
					Spec-Perindopril Plus 4/1.25mg
					Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg	
	R180	R190	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg (Not available on KeyPlus Option)
	R65	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 10mg; 20mg
					Hypace 5mg
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
					Austell-Lisinopril 10mg; 20mg
					Liso 5mg; 10mg; 20mg
					Lizro 5mg; 10mg; 20mg
					Sinopren 5mg; 10mg; 20mg
Perindopril				Ciplasyl 4mg (Not available on KeyPlus Option)	
				Pearinda 4mg; 8mg (Not available on KeyPlus Option)	
				Perindopril Unicorn 8mg (Not available on KeyPlus Option)	
				Prexum 10mg (Not available on KeyPlus Option)	

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R65	R75	ACE inhibitors: Plain	Perindopril	Ran-Perindopril 4mg (Not available on KeyPlus Option)
					Reprex 4mg; 8mg
					Vectoryl 8mg (Not available on KeyPlus Option)
					Zyace 4mg (Not available on KeyPlus Option)
	R220	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Carvetrend 6.25mg; 12.5mg; 25mg
	R175	R210	Angiotensin II antagonists and calcium channel blockers	Valsartan and Amlodipine	Calsar 5/80mg; 5/160mg; 10/160mg (Only Core and Comprehensive Options)
					Copalia 5/160mg; 10/160mg (Only Core and Comprehensive Options)
					Valduo 5/160mg; 10/160mg (Only Core and Comprehensive Options)
	R90	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg
					Losaar Plus 50/12.5mg; 100/25mg
					Losartan comp Biotech 50/12.5mg; 100/25mg
					Sartoc-co 50/12.5mg; 100/25mg
				Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg (Not available on KeyPlus Option)
					Tesar co 40/12.5mg; 80/12.5mg (Not available on KeyPlus Option)
					Ticarda Plus 40/12.5mg; 80/12.5mg (Not available on KeyPlus Option)
					Valsartan and diuretics
	R190	R225	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)
					Co-Copalia 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg (Only Core and Comprehensive Options)
R75	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on KeyPlus Option)	
				Losartan	Annin 50mg; 100mg
			Ciplazar 50mg; 100mg (Not available on KeyPlus Option)		
			Losartan Accord 50mg; 100mg (Not available on KeyPlus Option)		
			Zaario 50mg; 100mg (Not available on KeyPlus Option)		
			Zartan 100mg (Only Core and Comprehensive Options)		
			Valsartan	Adco-Valsartan 80mg; 160mg (Only Core and Comprehensive Options)	

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R75	R110	Angiotensin II antagonists: Plain	Valsartan	Regoval 80mg; 160mg (Only Core and Comprehensive Options)
					Valheft 80mg; 160mg (Only Core and Comprehensive Options)
	R190	R190	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
					Urodoxa 4mg
	R170	R170	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
					Mylan Methyldopa 250mg
	R35	R35	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
					Hyperphen 10mg; 50mg
	R85	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
					Purbloka 40mg
	R70	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
					B-Block 50mg; 100mg
					Tenopress 50mg; 100mg
				Bisoprolol	Adco-Bisocor 5mg; 10mg
					Betacor 5mg; 10mg
					Bilocor 5mg; 10mg
					Bisbeta 5mg; 10mg
					Bislo 5mg; 10mg
					Bisoprolol Unicorn 5mg; 10mg
					Bisozyd 5mg; 10mg
	Emcor 5mg; 10mg				
	Presicard 5mg; 10mg				
	R125	R125	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg
	R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
					Diuresix 40mg
					Furobe 40mg
Mylan Furosemide 40mg					
R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
				Ridaq 12.5mg	
R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
				Catexan 2.5mg	
				Cipla-Indapamide 2.5mg	
				Daptril 2.5mg	
				Mylan Indapamide 2.5mg	

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R120	R120	Potassium sparing agents	Spirolactone	Spiractin 25mg
	R110	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
					Ultipot 600mg
	R205	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
					Verapamil
				Verahexal SR 240mg	
				Verapamil 40 Oethmaan 40mg	
	R100	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
					Amlodipine Unicorn 5mg; 10mg
					Amtas 5mg; 10mg
					Aprate 5mg; 10mg
					Austell-Amlodipine 5mg; 10mg
					Ciplavasc 5mg; 10mg
					Gulf Amlodipine 5mg; 10mg
					Lomanor 5mg; 10mg
				Pharma Dynamics Amlodipine besylate 5mg; 10mg	
				Felodipine	Felodipine Kiara 5mg; 10mg (Only Core and Comprehensive Options)
					Plendil 2.5mg; 5mg (Only Core and Comprehensive Options)
	Nifedipine	Cipalat Retard 20mg			
Cipalat XR 30mg; 60mg (Not available on KeyPlus Option)					
Hypothyroidism	R35	R35	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg
Multiple sclerosis	R95	R95	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10 mg Austell 10mg
					Amitriptyline HCl Kiara 25mg
					Gulf Amitriptyline 25mg
					Trepiline 10mg
	R225	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg
					Oxyrest 5mg
	R7 700	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml
					Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
					Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
					Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml					
Interferon Beta-1B	Betaferon pre-filled syringe 1ml 9600000U/1ml				

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Multiple sclerosis	R7 700	R7 700	Interferons	Peginterferon Beta-1A	Plegridy pre-filled pen 0.5ml 125mcg/0.5ml
	R1 250	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg Panafcort 5mg Trolic 5mg
Parkinson's disease	R295	R295	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R570	R570	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg
					Pexasp 0.125mg; 0.25mg; 1mg
	R280	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R700	R700	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg
R580	R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg	
				Teva Carbi-Levo 25/100mg; 25/250mg	
Rheumatoid arthritis	R60	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
					A-Lennon Diclofenac 25mg; 50mg
					Diclofenac Biotech 25mg
					Mylan Diclofenac 25mg; 50mg
					Panamor AT 50mg
				Indomethacin	Betacin 25mg
	Gulf Indomethacin 25mg				
	Methocaps 25mg				
	R60	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
					Coxflam 7.5mg
				Piroxicam	Flexocam 7.5mg
					Medoxicam 7.5mg
	R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Pyrocaps 20mg
					Roxifen 20mg
Betaprofen 200mg					
Betaprofen FC 400mg					
Bren 400mg					
Ibucine 200mg; 400mg					
Ibunate 200mg					
Ibusor 200mg					
Naproxen	Naproxen	Naprosript 250mg			

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R110	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
					Folic acid 5mg
	R980	R980	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Sulfasalazine	Salazopyrin 500mg
					Salazopyrin EN 500mg
	R775	R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg (Only Core and Comprehensive Options)
					Azathioprine PCH 50mg
					Imuran 50mg (Only Core and Comprehensive Options)
	R110	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R775	R775	Selective immuno-suppressive agents: Leflunomide	Leflunomide	Ravalef 10mg; 20mg
					Rheumalef 10mg; 20mg
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
Trolic 5mg					
Schizophrenia	R110	R140	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
					Citalopram 20 Oethmaan 20mg
					Depramil 20mg
					Recita 20mg
				Escitalopram	Accord Escitalopram 10mg; 20mg
					Dolin 10mg; 20mg
					Esetam 10mg; 20mg
					Espradep 10mg
					Zyescito 10mg; 20mg
				Fluoxetine	Deprozan 20mg
					Fluoxetine 20 Oethmaan 20mg
					Prolax 20mg
				Sertraline	Dyna Sertraline 50mg; 100mg
	Serlife 50mg; 100mg (Only Core and Comprehensive Options)				
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
					Tegretol CR 200mg; 400mg
Zeptol 200mg					
R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
				Convulex syrup 250mg/5ml	
				Epilim crushable 100mg	

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R430	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Epilim sugar-free syrup 200mg/5ml
					Eprolep CR 200mg; 300mg; 500mg
					Navalpro CR 200mg; 300mg; 500mg
					Valeptic CR 300mg; 500mg
	R335	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
					Epitec 25mg; 50mg; 100mg; 200mg
					Girotec 50mg; 100mg; 200mg
					Serinem 25mg; 50mg; 100mg; 200mg
	R160	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R615	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
					Clozapine Oethmaan 25mg; 100mg
	R345	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R500	R500	Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg
					Zolanz 5mg; 10mg
	R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
					Dopaquel 25mg; 100mg; 200mg; 300mg
					Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
					Psyquet 25mg; 100mg; 200mg; 300mg
					Truvalin 25mg; 100mg; 200mg; 300mg
					Zimbiquet 25mg; 100mg; 200mg; 300mg
	R560	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
					Fluanxol depot 1ml 20mg
				Zuclopenthixol	Clopixol 2mg; 10mg
					Clopixol depot 200mg
	R235	R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
					Abipip ODT 10mg; 15mg
					Apripent 5mg; 10mg; 15mg
					Aprizon 5mg; 10mg; 15mg
					Arizofy 5mg; 10mg; 15mg
R360	R440	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
				Rispacor 0.5mg; 1mg; 2mg; 3mg	
				Rispide 0.5mg; 1mg; 2mg	
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
				Zoxadon ODT 0.5mg; 1mg; 2mg	

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R60	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
					A-Lennon Diclofenac 25mg; 50mg
					Diclofenac Biotech 25mg
					Mylan Diclofenac 25mg; 50mg
					Panamor AT 50mg
				Indomethacin	Betacin 25mg
	Gulf Indomethacin 25mg				
	Methocaps 25mg				
	R60	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
					Coxflam 7.5mg
					Flexocam 7.5mg
					Medoxicam 7.5mg
				Piroxicam	Pyrocaps 20mg
	Roxifen 20mg				
	R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betapropfen 200mg
					Betapropfen FC 400mg
					Bren 400mg
					Ibucine 200mg; 400mg
					Ibunate 200mg
					Ibusor 200mg
				Naproxen	Mylan Naproxen 250mg
	Naproscript 250mg				
	R110	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg	
R30	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg	
				Myoprin 100mg	
R25	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp	
R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Folic acid 5mg	
R775	R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg (Only Core and Comprehensive Options)	
				Azathioprine PCH 50mg	
				Imuran 50mg (Only Core and Comprehensive Options)	
R110	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Systemic lupus erythematosus (SLE)	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
					Panafcort 5mg	
					Trolic 5mg	
	R25	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
					Topivate cream 0.1%	
					Vari-Betamethasone cream 0.1%	
Ulcerative colitis	R10	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
					Folic acid 5mg	
	R980	R980	Intestinal anti-inflammatories: Aminosalicyclic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
					Asacol suppository (Not available on KeyPlus Option) 500mg	
					Mezavant 1200mg	
					Pentasa 500mg	
					Pentasa suppository (Not available on KeyPlus Option) 1000mg	
					Sulfasalazine	Salazopyrin 500mg
					Salazopyrin EN 500mg	
	R1 940	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml (Only Core and Comprehensive Options)	
	R775	R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg (Only Core and Comprehensive Options)	
					Azathioprine PCH 50mg	
					Imuran 50mg (Only Core and Comprehensive Options)	
	R110	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
	R20	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
Panafcort 5mg						
Trolic 5mg						

The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) Enhanced medicine list for all Benefit Options

The Chronic Drug Amount (CDA) does not apply to the LA KeyPlus Benefit Option.

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Asthma	R260	R270	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Monteflo 4mg; 5mg; 10mg (Only Core and Comprehensive Options)
					Sintrine 4mg; 5mg; 10mg (Not available on KeyPlus Option)
					Topraz 4mg; 5mg; 10mg (Only Core and Comprehensive Options)
	R535	R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
	R65	R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
Fluticasone				Flomist 120 dose 50mcg (Not available on KeyPlus Option)	
Cardiac failure	R415	R415	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Forxiga 5mg; 10mg (Not available on KeyPlus Option)
Chronic obstructive pulmonary disease (COPD)	R205	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R410	R410	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R240	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg (Only Core and Comprehensive Options)
	R240	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbobhaler 60 dose 160/4.5mcg
					Symbicord turbobhaler 60 dose 320/9mcg (Only Core and Comprehensive Options)
					Symbicord turbobhaler 120 dose 160/4.5mcg (Only Core and Comprehensive Options)
	R240	R240	Formoterol and Mometasone	Formoterol and Mometasone	Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Only Core and Comprehensive Options)
					Dulera 120 dose 100/5mcg; 200/5mcg
	R545	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R390	R390	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
					Tiotor 10 (30 caps & inhaler)
	R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/500 (Only Core and Comprehensive Options)
Sereflo DPI 60 dose 50/100; 50/250 (Not available on KeyPlus Option)					

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Chronic obstructive pulmonary disease (COPD)	R240	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo HFA 120 dose 25/50
					Sereflo HFA 120 dose 25/125; 25/250 (Not available on KeyPlus Option)
					Sereflo HFA synchrobreathe 120 dose 25/50
					Sereflo HFA synchrobreathe 120 dose 25/125; 25/250 (Not available on KeyPlus Option)
	R240	R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg (Only Core and Comprehensive Options)
Chronic renal disease	R270	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
					Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R130	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Acticlop 75mg (Only Core and Comprehensive Options)
					Clopidogrel Unicorn 75mg (Only Core and Comprehensive Options)
					Clovexa 75mg
					Deplatt 75mg (Only Core and Comprehensive Options)
					Pharma Dynamics Clopidogrel 75mg (Only Core and Comprehensive Options)
					Plagrol 75mg
Diabetes mellitus Type 2	R225	R225	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg (Not available on KeyPlus Option)
	R710	R710	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml 5mcg/dose
					Byetta disposable pen 60 dose 2.4ml 10mcg/dose
	R160	R220	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg (Not available on KeyPlus Option)
R415	R415	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Forxiga 5mg; 10mg (Not available on KeyPlus Option)	
Multiple sclerosis	R7 000	R7 000	Cytokines and immunomodulators - Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
	R7 000	R7 000	Selective immunosuppressive agents - Fingolimod	Fingolimod	Myelenea 0.5mg
Rheumatoid arthritis	R60	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg (Not available on KeyPlus Option)
					Coxleon 100mg; 200mg (Not available on KeyPlus Option)
Systemic lupus erythematosus (SLE)	R60	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg (Not available on KeyPlus Option)
					Coxleon 100mg; 200mg (Not available on KeyPlus Option)

Monthly limit amounts for diabetes consumables

The monthly limit amounts below apply to the consumables for continuous glucose monitors and insulin pumps for the management of Diabetes mellitus Type 1. **Not available on LA KeyPlus Benefit Option**

Chronic Disease List condition	Monthly limit amount	Surgical class
Diabetes mellitus Type 1	R1 560	Continuous glucose monitoring sensors (Not available on KeyPlus Option)
	R1 552	Insulin pump reservoirs and infusion sets (Only Core and Comprehensive Options)

Complaints process

You may lodge a complaint or query with LA Health Medical Scheme directly on **0860 103 933** or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the LA Health Medical Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / **0861 123 267** / complaints@medicalschemes.co.za / www.medicalschemes.co.za