

# HIVCare Programme application form

## Contact details

Tel: 0860 103 933 • PO Box 652509, Benmore 2010 • [www.lahealth.co.za](http://www.lahealth.co.za)

This application form is to join the HIVCare Programme and to apply for antiretroviral medicine. Cover for antiretroviral medicine is available on all options, subject to the Scheme rules and the terms and conditions of the HIVCare Programme.

If you are on the LA Comprehensive, LA Core, LA Active or LA Focus option, you must use a Premier Plus HIV Network GP to manage your condition to avoid a 20% co-payment on consultations.

If you are on the LA KeyPlus option, you must make use of a KeyCare Network GP and a Premier Plus HIV Network GP to avoid a 20% co-payment on consultations. Additionally, if you are on the LA KeyPlus option, please log on to the LA Health website ([www.lahealth.co.za](http://www.lahealth.co.za)) to confirm a Designated Service Provider pharmacy near you, or contact MedXpress, the Scheme's courier pharmacy.

Please always look at the latest version of the medicine lists available at [www.lahealth.co.za](http://www.lahealth.co.za)

For LA KeyPlus members: In 2023, if you are registered for a chronic condition, you will be prompted to nominate a primary care network doctor. This nomination process will not impact your benefits and cover in 2023. We will share communication during the course of 2023 to explain:

- The process to follow to nominate your primary care doctor (GP)
- How to change your nominated GP, if necessary.

## Who we are

LA Health Medical Scheme (referred to as 'the Scheme'), registration number 1145, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as 'the administrator') is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for the Scheme.

## How to complete this form

1. Please use one letter per block, complete in black ink and print clearly.
2. Please remember to send the patient's most recent relevant blood results with this form.
3. You (the member) must complete Section 1 to 2 of this form and sign section 2.
4. Your doctor must complete Section 3 to 6 if you need medicine.
5. Please email this completed and signed form with any support documentation to [HIV\\_Diseasemanagement@discovery.co.za](mailto:HIV_Diseasemanagement@discovery.co.za) or fax it to **011 539 3151** or post it to PO Box 536, Rivonia, 2128.
6. You can also contact our call centre on **0860 103 933** if you have any questions.

## 1. Patient details

Title	<input type="text"/>	Surname	<input type="text"/>
First name/s	<input type="text"/>		
Date of birth	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	ID or passport number	<input type="text"/>
Sex	M <input type="checkbox"/> F <input type="checkbox"/>	Membership number	<input type="text"/>
Telephone	<input type="text"/> - <input type="text"/>	Work	<input type="text"/> - <input type="text"/>
Cellphone	<input type="text"/> - <input type="text"/>		
Personal email	<input type="text"/>		

**Please ensure your contact details are always up to date as we rely on this information keep you updated. You may update your details on [www.lahealth.co.za](http://www.lahealth.co.za)**

Patient's name and surname	<input type="text"/>
Membership number	<input type="text"/>

## 2. Main member details (Please ONLY complete this section if the patient is a minor)

Title  Surname

First name/s

Date of birth         ID or passport number

Sex M  F  Membership number

Telephone     -        Work     -

Cellphone     -

Personal email

Main member's signature  Date

## 3. Clinical data and examination (to be completed by the doctor)

More pathology investigations will be useful for a full clinical picture. Please provide copies of the following reports:

CD4 count  Viral load  Full blood count  Liver function test  Urea and creatinine

Is the patient pregnant? Yes  No

If yes, expected date of delivery

Height  (cm) Weight  (kg)

## 4. Other clinical data required (to be completed by the doctor)

Date of diagnosis

4.1. Clinical staging (Centre for Disease Control or World Health Organisation)

4.2. Clinical information to substantiate staging in point 1

  
  
  

4.3. Drug history

Medicine	Duration of treatment	Please insert reason or code (detailed below) for discontinuation of previous antiretroviral therapy
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>

Reason or code for discontinuation: Side effects  Cost  Resistance  Other

If other, please provide a brief explanation

  

4.4. Is the patient being treated for one or more of the below conditions (please check the appropriate block):

Diabetes  Epilepsy  Hypercholesterolemia  Depression/psychiatric treatment  Tuberculosis (TB)

Cancer  Chronic renal failure  Hypertension/Cardiac failure  Other

4.5. If "other", please provide a brief explanation

Empty text box for explanation

4.6. List the medicine the patient is currently taking for the above condition/s (if applicable)

Empty text box for listing medicines

Patient's name and surname

Text box for patient name and surname

Policy Number

Grid for policy number

5. Medicine required for HIV and AIDS (to be completed by the doctor)

Table with columns: Diagnosis, Date when condition was first diagnosed, Medicine name, strength and dosage, Number of repeats, How long has the patient used this medicine? (Years, Months), May the patient use a generic medicine? (Yes, No, Reason if no)

We will approve funding for generic medicine where available, unless you have indicated otherwise

6. Doctor's details (to be completed by doctor)

Name

Text box for doctor name

Telephone

Grid for telephone number

Practice email

Text box for practice email

Practice number

Grid for practice number

I confirm that I have received the patient's consent to disclose their HIV status and other medical information in this form to the Scheme and Discovery Health (Pty) Limited.

Doctor's signature

Text box for doctor's signature

Date

Grid for date (DDMMYY)