



We're in it for  
**your health**



Dear Member

## **LA Health Medical Scheme Annual General Meeting 2026**

LA Health Medical Scheme will be holding its Annual General Meeting on:

**Date: 17 June 2026**

**Time: 14:00**

**Venue: Radisson Blu Hotel, Umhlanga**

### **NOTICE**

The attached [Notice](#) contains the Agenda, Chairperson's report, and highlights of the Scheme's financial results for the year ending 31 December 2025.

### **ANNUAL FINANCIAL STATEMENTS**

We will publish the full set of the 2025 Annual Financial Statements and the Minutes of the Meeting held in 2025 on the Scheme's website, [www.lahealth.co.za](http://www.lahealth.co.za), in June 2026. You can also ask the call centre to send you copies of the documents.

### **MOTIONS**

The Principal Officer must be notified of any legitimate motion to be laid before the AGM at least 7 (seven) days before the date of the meeting, on **10 June 2026**.

### **NOMINATING A PROXY**

Every Principal Member who is in good standing with the Scheme, and who is present at the Annual General Meeting has the right to vote.

If you are not able to attend the Annual General Meeting in person, you may appoint another Principal Member of the Scheme, who is also in good standing (contributions not in arrears or membership suspended), as proxy, to attend, speak, and vote in your stead by completing the Proxy Form. You will find a copy of the Proxy Form attached.

When completing the [Proxy Form](#), please note the following:

- You may appoint a proxy to represent you at the LA Health Annual General Meeting if you are a Principal Member in good standing.
- Only Principal Members in good standing may be appointed and may accept a proxy nomination.
- A Principal Member may only hold one proxy at the Annual General Meeting.
- All information provided will be verified.
- The proxy form must be duly completed and signed by both the Member appointing a proxy (proxy giver) and the Member accepting the proxy (proxy holder).
- If the Principal Member appointing a proxy attends the Annual General Meeting, the proxy holder appointed will not be able to vote on the Principal Member's behalf, and the proxy appointment will be deemed to have been revoked.

Please submit all proxy appointments by completing the Proxy Form and returning the completed Proxy Form to [rduitoit@lahealth.co.za](mailto:rduitoit@lahealth.co.za) by no later than **Wednesday, 10 June 2026**.

We look forward to your participation in the Annual General Meeting.

Kind regards

**AM de Koker**  
**Principal Officer**

LA Health Medical Scheme, registration number 1145, is administered by Discovery Health (Pty) Ltd, registration number 1997/013480/07. Discovery Health (Pty) Ltd is an authorised financial services provider.