

WE'RE
IN IT FOR
YOUR
HEALTH



Chronic Illness Benefit medicine list (formulary) 2016

Who we are

LA Health Medical Scheme (referred to as 'the Scheme'), registration number 1145, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the Administrator"), is a separate company who is registered as an authorised financial services provider (registration number 1997/013480/07), administers LA Health Medical Scheme.

Contact us

You can call us on **0860 103 933** or visit www.lahealth.co.za for more information.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the LA Health Medical Scheme Rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions.

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

LA Health Medical Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.



Explanation of terms

Benefit year

A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2016 only.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

Prescribed Minimum Benefit conditions (PMB conditions)

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes for any setting according to clinical guidelines.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Medicine class

This describes medicines that have similar chemical structures or similar therapeutic effects.

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

Contact us

For further information please contact us on 0860 103 933 or visit us at www.lahealth.co.za



Chronic Illness Benefit 2016

The Prescribed Minimum Benefits (PMB) medicine list (for all plan types)

The PMB medicine list applies to all LA Health Medical Scheme Options for the 2016 benefit year. The CDA (Chronic Drug Amount) does not apply to the LA KeyPlus Option.

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Addison's disease	170	170	Systemic corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg	
	R110	R110	Systemic corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg	
Asthma	R175	R175	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/1dose	
	R300	R420	Adrenergics: Long acting - Salmeterol	Salmeterol	Serevent accuhaler 60 dose 50mcg	
					Serevent CFC free 120 dose 25mcg	
	R35	R35	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg	
					Venteze CFC free 200 dose 100mcg	
	R90	R135	Anti-asthmatics: Systemic xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg	
	R415	R415	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 160/4.5mcg; 320/9mcg 60 dose	
					Symbicord turbohaler 160/4.5mcg 120 dose	
					Vannair 80/4.5mcg; 160/4.5mcg 120 dose	
	R220	R220	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
					Ipvent HFA 200 dose 40mcg/1dose	
	R310	R370	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose CFC free 100mcg	
					Beclate 200 dose 100mcg; 200mcg	
					Budesonide	Budeflam dp-caps 200mcg
						Budeflam HFA 300 dose 100mcg; 200mcg
						Inflammide novolizer complete 200mcg 200 dose
				Inflammide novolizer complete 400mcg 100 dose		
				Inflammide novolizer refill 200mcg 200 dose		
				Inflammide novolizer refill 400mcg 100 dose		
				Pulmicort turbuhaler 100mcg; 200mcg 200 dose		
Fluticasone				Flixotide CFC free 120 actuations 125mcg (Only Core and Comprehensive Options)		
	Flixotide CFC free 120 dose 50mcg; 250mcg (Only Core and Comprehensive Options)					
R415	R415	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 50/100; 50/250; 50/500 60 dose		
				Sereflo HFA 25/50; 25/125; 25/250 120 dose		
R350	R350	Surgical item	Inhaler device	Dp haler device		
				Spacer Glaxohaler		
R15	R15	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg		
				Panafcort 5mg		
				Trolic 5mg		



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R130	R345	Anti-depressants: SSRIs	Citalopram	Adco-Talomil 20mg
					Arrow Citalopram 20mg; 40mg
					Austell-Citalopram 20mg; 40mg
					Bio Citalopram 20mg
					Cilate 20mg
				Escitalopram	Accord Escitalopram 10mg; 20mg (Only Core and Comprehensive Options)
					Escitalopram Be-Tabts 10mg; 20mg (Only Core and Comprehensive Options)
					Escitalopram Winthrop 10mg; 20mg (Only Core and Comprehensive Options)
					Zitolex 10mg; 20mg (Only Core and Comprehensive Options)
					Zytomil 10mg; 20mg (Only Core and Comprehensive Options)
					Fluoxetine
				Deprozan 20mg	
				Fluoxetine Actor 20mg	
				Prolax 20mg	
				Ranflocs 20mg	
				Zydus Fluoxetine 20mg	
				Paroxetine	Adco-Paroxetine 20mg (Only Core and Comprehensive Options)
					Auro Paroxetine 20mg (Only Core and Comprehensive Options)
					Austell-Paroxetine 20mg (Only Core and Comprehensive Options)
					Serrapress 20mg (Only Core and Comprehensive Options)
	Sertraline	Austell-Sertraline 50mg; 100mg (Only Core and Comprehensive Options)			
		Dyna Sertraline 50mg; 100mg			
		Serdep 50mg; 100mg (Only Core and Comprehensive Options)			
		Serlife 50mg (Only Core and Comprehensive Options)			
		Zolid 50mg (Only Core and Comprehensive Options)			
		R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine
	Sandoz Carbamazepine CR 200mg; 400mg				
	Zeptol 200mg				
	R460	R460	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg
					Convulex syrup 250mg/5ml
					Epilim crushable 100mg
					Epilim sugar-free syrup 200mg/5ml
					Epilazine CR 200mg; 300mg; 500mg
					Eprolep CR 300mg; 500mg
					Navalpro CR 200mg; 300mg; 500mg
					Vanapro 300mg; 500mg
R270	R435	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
				Epitec 25mg; 50mg; 100mg; 200mg	
				Lamidus 50mg; 100mg; 200mg	
				Lamitor 25mg; 50mg; 100mg; 200mg	
R100	R100	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Gulf Haloperidol 5mg	
				Serenace 1.5mg	



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R705	R1 185	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
					Cloment 25mg; 100mg
	R330	R330	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
					Quilonum retard 450mg
	R615	R615	Anti-psychotics: Olanzapine	Olanzapine	Lanazyp 5mg; 10mg
					Mylan Olanzapine 5mg; 10mg
					Oleanz 5mg; 10mg
					Olexar 5mg; 10mg
					Prexolan 5mg; 10mg
					Prexolan odt 5mg; 10mg
					Redilanz 5mg; 10mg
	R385	R385	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 100mg
	R390	R390	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg
					Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
					Psyquet 25mg; 100mg; 200mg; 300mg
					Quetoser 25mg; 100mg; 200mg; 300mg
					Serez 25mg; 100mg; 200mg; 300mg
					Sizonorm 25mg; 100mg; 200mg; 300mg
	R515	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
					Fluanxol depot 1ml 20mg
				Zuclopenthixol	Fluanxol depot 2ml 40mg
					Clopixol 2mg; 10mg
					Clopixol depot 200mg
	R550	R1 005	Other anti-psychotics	Risperidone	Perizal 0.5mg; 1mg; 2mg; 3mg
Risnia 0.5mg; 1mg; 2mg; 3mg					
Rispacor 0.5mg; 1mg; 2mg; 3mg					
Rispevon 3mg; 4mg					
Risponz 1mg; 2mg; 3mg; 4mg					
Schizorol 0.5mg					
Zoxadon 0.5mg; 1mg; 2mg					
Bronchiectasis	R35	R35	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
					Venteze CFC free 200 dose 100mcg
	R220	R220	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
					Ipvent HFA 200 dose 40mcg/1dose
	R15	R15	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
Trolic 5mg					
Cardiac failure	R115	R125	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
					Pharmapress co 20/12.5mg
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Hexal-Lisinopril co 20/12.5mg
					Lisinopril co Unicorn 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
					Zestoretic 10/12.5mg; 20/12.5mg
				Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Only Core and Comprehensive Options)
					Perindopril co Unicorn 4/1.25mg (Only Core and Comprehensive Options)
					Prexum Plus 5/1.25mg (Only Core and Comprehensive Options)
					Zydus Perindopril co 4/1.25mg (Only Core and Comprehensive Options)



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R85	R120	ACE inhibitors: Plain	Captopril	Adco-Captomax 25mg; 50mg
					Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 10mg; 20mg (Not available on KeyPlus Option)
					Enap 5mg (Not available on KeyPlus Option)
					Enap 10mg; 20mg (Only Core and Comprehensive Options)
					Envas 5mg; 10mg (Not available on KeyPlus Option)
					Hr-Enalapril 5mg; 10mg; 20mg (Not available on KeyPlus Option)
					Lisinopril
				Perindopril	Austell-Lisinopril 10mg; 20mg
					Sinopren 5mg; 10mg; 20mg
					Acti-Prex 4mg (Only Core and Comprehensive Options)
					Auro Perindopril 4mg (Only Core and Comprehensive Options)
					Bindace 4mg (Only Core and Comprehensive Options)
	Ciplasyl 4mg; 8mg (Only Core and Comprehensive Options)				
	Pearinda 4mg; 8mg (Only Core and Comprehensive Options)				
	Perindopril Unicorn 4mg (Only Core and Comprehensive Options)				
	Prexum 5mg (Only Core and Comprehensive Options)				
	Ran-Perindopril 4mg				
	Spec-Perindopril 4mg; 8mg (Only Core and Comprehensive Options)				
	Zydus Perindopril 4mg (Only Core and Comprehensive Options)				
	Quinapril				
	R225	R250	Alpha and Beta blocking agents	Carvedilol	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Carvetrend 6.25mg; 12.5mg; 25mg
					Vediblok 6.25mg; 12.5mg; 25mg
	R120	R120	Angiotensin II antagonists, Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg (Only Core and Comprehensive Options)
					Hytenza co 50/12.5mg
					Losaar Plus 50/12.5mg; 100/25mg
					Losacar co 50/12.5mg
					Losartan co Unicorn 100/25mg
					Netrasol co 50/12.5mg; 100/25mg
					Zartan co 50/12.5mg (Only Core and Comprehensive Options)
Zartan co 100/25mg					
Valsartan and diuretics					
Dynaval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)					
R85	R130	Angiotensin II antagonists: Plain	Irbesartan	Dynarb 150mg; 300mg (Only Core and Comprehensive Options)	
				Irtanel 150mg; 300mg (Only Core and Comprehensive Options)	
				Isart 150mg; 300mg (Only Core and Comprehensive Options)	



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R85	R130	Angiotensin II antagonists: Plain	Losartan	Auro Losartan 100mg (Only Core and Comprehensive Options)
					Austell Losartan 100mg (Only Core and Comprehensive Options)
					Ciplazar 100mg (Only Core and Comprehensive Options)
					Hytenza 100mg (Only Core and Comprehensive Options)
					Losartan Unicorn 100mg (Only Core and Comprehensive Options)
					Lozaan 100mg (Only Core and Comprehensive Options)
					Spec-Losartan 100mg (Only Core and Comprehensive Options)
					Zartan 100mg (Only Core and Comprehensive Options)
					Valsartan 40mg; 80mg; 160mg (Not available on KeyPlus Option)
	R90	R90	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
					Sandoz Hydralazine 25mg
	R70	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
					Bilocor 5mg; 10mg
					Bislo 5mg; 10mg
					Bisohexal 5mg; 10mg
					Bisoprolol Zydus 5mg; 10mg
					Retocar 5mg; 10mg
	R25	R25	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
					Lanoxin paed syrup 0.05mg/1ml
	R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
					Diuresix 40mg
					Furobe 40mg
					Mylan Furosemide 40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
					Ridaq 12.5mg
	R20	R20	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg
					Daptril 2.5mg
					Mylan Indapamide 2.5mg
	R105	R105	Potassium sparing agents	Spironolactone	Aldactone 25mg
					Sandoz Spironolactone 25mg
					Spiractin 25mg
					Plenish K 600mg
	R95	R95	Potassium supplements	Potassium chloride	Potassium Chloride Unicorn 600mg
Sandoz K-600 600mg					
Ultipot 600mg					
Angised 0.5mg					
R180	R180	Vasodilators in cardiac disease: Organic nitrates	Glyceryl trinitrate	Isordil 30mg	
				Sandoz Isosorbide dinitrate 5mg; 10mg	
			Isosorbide mononitrate	Elantan 20mg	
				Elantan LA 50mg	
				Monicor SR 60mg	
				Influvac 0.5ml	
R85	R85	Influenza vaccines	Influenza, purified antigen	Vaxigrip single dose 0.5ml pre-filled	
				Imovax pneumo 23	
R160	R160	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen		



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength								
Cardiomyopathy	R115	R125	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg Pharmapress co 20/12.5mg								
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg Hexal-Lisinopril co 20/12.5mg Lisinopril co Unicorn 20/12.5mg Lisoretic 10/12.5mg; 20/12.5mg Lisozide 10/12.5mg; 20/12.5mg Zestoretic 10/12.5mg; 20/12.5mg								
					Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Only Core and Comprehensive Options) Perindopril co Unicorn 4/1.25mg (Only Core and Comprehensive Options) Prexum Plus 5/1.25mg (Only Core and Comprehensive Options) Zydus Perindopril co 4/1.25mg (Only Core and Comprehensive Options)							
						R85	R120	ACE inhibitors: Plain	Captopril	Adco-Captomax 25mg; 50mg Bio-Captopril 25mg Mylan Captopril 25mg; 50mg			
										Enalapril	Alapren 5mg; 10mg; 20mg Enalapril Unicorn 10mg; 20mg (Not available on KeyPlus Option) Enap 5mg (Not available on KeyPlus Option) Enap 10mg; 20mg (Only Core and Comprehensive Options) Envas 5mg; 10mg (Not available on KeyPlus Option) Hr-Enalapril 5mg; 10mg; 20mg (Not available on KeyPlus Option)		
											Lisinopril	Austell-Lisinopril 10mg; 20mg Sinopren 5mg; 10mg; 20mg	
					Perindopril				Acti-Prex 4mg (Only Core and Comprehensive Options) Auro Perindopril 4mg (Only Core and Comprehensive Options) Bindace 4mg (Only Core and Comprehensive Options) Ciplasyl 4mg; 8mg (Only Core and Comprehensive Options) Pearinda 4mg; 8mg (Only Core and Comprehensive Options) Perindopril Unicorn 4mg (Only Core and Comprehensive Options) Prexum 5mg (Only Core and Comprehensive Options) Ran-Perindopril 4mg Spec-Perindopril 4mg; 8mg (Only Core and Comprehensive Options) Zydus Perindopril 4mg (Only Core and Comprehensive Options)				
				Quinapril					Accumax 10mg; 20mg (Only Core and Comprehensive Options)				
				R225					R250		Alpha and Beta blocking agents	Carvedilol	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg Carvetrend 6.25mg; 12.5mg; 25mg Vediblok 6.25mg; 12.5mg; 25mg



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength			
Cardiomyopathy	R120	R120	Angiotensin II antagonists, Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg (Only Core and Comprehensive Options)			
					Hytenza co 50/12.5mg			
					Losaar Plus 50/12.5mg; 100/25mg			
					Losacar co 50/12.5mg			
					Losartan co Unicorn 100/25mg			
					Netrasol co 50/12.5mg; 100/25mg			
					Zartan co 50/12.5mg (Only Core and Comprehensive Options)			
					Zartan co 100/25mg			
	Valsartan and diuretics	Dynaval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)						
	R85	R130	Angiotensin II antagonists: Plain	Irbesartan	Dynarb 150mg; 300mg (Only Core and Comprehensive Options)			
					Irtanel 150mg; 300mg (Only Core and Comprehensive Options)			
					Isart 150mg; 300mg (Only Core and Comprehensive Options)			
				Losartan	Auro Losartan 100mg (Only Core and Comprehensive Options)			
					Austell Losartan 100mg (Only Core and Comprehensive Options)			
					Ciplazar 100mg (Only Core and Comprehensive Options)			
					Hytenza 100mg (Only Core and Comprehensive Options)			
					Losartan Unicorn 100mg (Only Core and Comprehensive Options)			
					Lozaan 100mg (Only Core and Comprehensive Options)			
					Spec-Losartan 100mg (Only Core and Comprehensive Options)			
					Zartan 100mg (Only Core and Comprehensive Options)			
					Valsartan	Valant 40mg; 80mg; 160mg (Not available on KeyPlus Option)		
				R80	R80	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 1mg; 5mg
				R90	R90	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
	Sandoz Hydralazine 25mg							
	R10	R20	Aspirin	Acetylsalicylic acid	Aspirin 300mg Gulf Aspirin 300mg			
	R70	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg			
					Bilocor 5mg; 10mg			
					Bislo 5mg; 10mg			
					Bisohexal 5mg; 10mg			
					Bisoprolol Zydus 5mg; 10mg			
					Retocar 5mg; 10mg			
Ziapro 5mg; 10mg								
R25	R25	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg				
				Lanoxin paed syrup 0.05mg/1ml				
R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg				
				Diuresix 40mg				
				Furobe 40mg				
				Mylan Furosemide 40mg				



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
					Ridaq 12.5mg
	R20	R20	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg
					Daptril 2.5mg
					Mylan Indapamide 2.5mg
	R105	R105	Potassium sparing agents	Spironolactone	Aldactone 25mg
					Sandoz Spironolactone 25mg
					Spiractin 25mg
	R95	R95	Potassium supplements	Potassium chloride	Plenish K 600mg
					Potassium Chloride Unicorn 600mg
					Sandoz K-600 600mg
					Ultipot 600mg
	R180	R180	Vasodilators in cardiac disease: Organic nitrates	Glyceryl trinitrate	Angised 0.5mg
					Isosorbide dinitrate
Isosorbide mononitrate				Sandoz Isosorbide dinitrate 5mg; 10mg	
				Elantan 20mg	
R85	R85	Influenza vaccines	Influenza, purified antigen	Elantan LA 50mg	
				Monicor SR 60mg	
				Influvac 0.5ml	
R160	R160	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Vaxigrip single dose 0.5ml pre-filled	
				Imovax pneumo 23	
Chronic obstructive pulmonary disease (COPD)	R35	R35	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
					Venteze CFC free 200 dose 100mcg
	R90	R135	Anti-asthmatics: Systemic xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R220	R220	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
					Ipvent HFA 200 dose 40mcg/1dose
	R175	R175	Salbutamol and Ipratropium bromide	Salbutamol and Ipratropium bromide	Duolin HFA 200 dose
	R749	R749	Surgical item: Oxygen concentrator	Oxygen	Oxygen concentrator rental
	R15	R15	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg					
Trolic 5mg					
R85	R85	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
				Vaxigrip single dose 0.5ml pre-filled	
Chronic renal disease	R115	R125	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
					Pharmapress co 20/12.5mg
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Hexal-Lisinopril co 20/12.5mg
					Lisinopril co Unicorn 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
					Zestoretic 10/12.5mg; 20/12.5mg
				Perindopril and diuretics	Bioprexum Plus 10/2.5mg
					(Only Core and Comprehensive Options)
	Perindopril co Unicorn 4/1.25mg				
	(Only Core and Comprehensive Options)				
	R85	R120	ACE inhibitors: Plain	Captopril	Prexum Plus 5/1.25mg
					(Only Core and Comprehensive Options)
Zydus Perindopril co 4/1.25mg					
(Only Core and Comprehensive Options)					
R85	R120	ACE inhibitors: Plain	Captopril	Adco-Captomax 25mg; 50mg	
				Bio-Captopril 25mg	
				Mylan Captopril 25mg; 50mg	



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R85	R120	ACE inhibitors: Plain	Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Unicorn 10mg; 20mg (Not available on KeyPlus Option)
					Enap 5mg (Not available on KeyPlus Option)
					Enap 10mg; 20mg (Only Core and Comprehensive Options)
					Envas 5mg; 10mg (Not available on KeyPlus Option)
					Hr-Enalapril 5mg; 10mg; 20mg (Not available on KeyPlus Option)
				Lisinopril	Austell-Lisinopril 10mg; 20mg
					Sinopren 5mg; 10mg; 20mg
				Perindopril	Acti-Prex 4mg (Only Core and Comprehensive Options)
					Auro Perindopril 4mg (Only Core and Comprehensive Options)
					Bindace 4mg (Only Core and Comprehensive Options)
					Ciplasyl 4mg; 8mg (Only Core and Comprehensive Options)
					Pearinda 4mg; 8mg (Only Core and Comprehensive Options)
					Perindopril Unicorn 4mg (Only Core and Comprehensive Options)
					Prexum 5mg (Only Core and Comprehensive Options)
	Ran-Perindopril 4mg				
	Spec-Perindopril 4mg; 8mg (Only Core and Comprehensive Options)				
	Zydus Perindopril 4mg (Only Core and Comprehensive Options)				
	Quinapril	Accumax 10mg; 20mg (Only Core and Comprehensive Options)			
	R120	R120	Angiotensin II antagonists, Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg (Only Core and Comprehensive Options)
					Hytenza co 50/12.5mg
					Losaar Plus 50/12.5mg; 100/25mg
					Losacar co 50/12.5mg
					Losartan co Unicorn 100/25mg
					Netrasol co 50/12.5mg; 100/25mg
					Zartan co 50/12.5mg (Only Core and Comprehensive Options)
					Zartan co 100/25mg
				Valsartan and diuretics	Dynaval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)
				R85	R130
	Irtanel 150mg; 300mg (Only Core and Comprehensive Options)				
	Isart 150mg; 300mg (Only Core and Comprehensive Options)				
	Losartan	Auro Losartan 100mg (Only Core and Comprehensive Options)			
		Austell Losartan 100mg (Only Core and Comprehensive Options)			
Ciplazar 100mg (Only Core and Comprehensive Options)					



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R85	R130	Angiotensin II antagonists: Plain	Losartan	Hytenza 100mg (Only Core and Comprehensive Options)
					Losartan Unicorn 100mg (Only Core and Comprehensive Options)
					Lozaan 100mg (Only Core and Comprehensive Options)
					Spec-Losartan 100mg (Only Core and Comprehensive Options)
					Zartan 100mg (Only Core and Comprehensive Options)
				Valsartan 40mg; 80mg; 160mg (Not available on KeyPlus Option)	
	R215	R215	Calcium supplements	Calcium carbonate	B-cal
	R5	R5	Folic acid and derivatives	Folic acid	Aha Folic acid 5mg
					Be-Tabs Folic acid 5mg
					Folic acid 0.5mg
	R40	R40	Iron in combination with folic acid	Ferrous fumarate	Pregamal
	R560	R560	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
					Rautevene ampoule 5ml 100mg/5ml
					Sucrofer 20mg/1ml
					Zypiron vial 5ml 20mg/1ml
	R4 000	R4 000	Other anti-anaemic preparations	Darbeпоetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml
					Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml
					Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml
					Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml
					Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml
					Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml
				Erythropoietin	Eprex pre-fill 2000U/0.5ml
					Eprex pre-fill 4000U/0.4ml
Recormon pre-filled syringe 500U/0.3ml					
Recormon pre-filled syringe 2000U/0.3ml					
Recormon pre-filled syringe 4000U/0.3ml					
Repotin 1ml 2000IU					
Methoxy polyethylene-glycol-epoetin beta				Mircera pre-filled syringe 0.3ml 30mcg/0.3ml	
				Mircera pre-filled syringe 0.3ml 50mcg/0.3ml	
				Mircera pre-filled syringe 0.3ml 75mcg/0.3ml	
				Mircera pre-filled syringe 0.3ml 100mcg/0.3ml	
	Mircera pre-filled syringe 0.3ml 120mcg/0.3ml				
	Mircera pre-filled syringe 0.3ml 150mcg/0.3ml				
Mircera pre-filled syringe 0.3ml 200mcg/0.3ml					
Mircera pre-filled syringe 0.3ml 250mcg/0.3ml					
R385	R385	Vitamin D and analogues	Alfacalcidol	One alpha 0.25mcg; 1mcg	
Coronary artery disease	R10	R20	Aspirin	Acetylsalicylic acid	Aspirin 300mg
					Gulf Aspirin 300mg
	R70	R190	Beta blocking agents: Non-selective	Propranolol	Indoblok 10mg; 40mg
					Purbloka 10mg; 40mg
	R70	R80	Beta blocking agents: Selective	Atenolol	B-Block 50mg; 100mg
					Bio-Atenolol 50mg; 100mg
					Gulf Atenolol 50mg; 100mg
					Sandoz Atenolol 50mg; 100mg
					Tenopress 50mg; 100mg
					Zetenol 50mg; 100mg
R210	R285	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg	
				Adco-Zildem SR 180mg; 240mg	



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R210	R285	Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg
					Verahexal SR 240mg
	R130	R200	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodac 5mg; 10mg
					Amtas 5mg; 10mg
					Calbloc 5mg; 10mg
					Gulf Amlodipine 5mg; 10mg
					Indo Amlodipine 5mg
					Lomanor 5mg; 10mg
					Pendine 5mg; 10mg
					Pharma Dynamics Amlodipine besylate 5mg; 10mg
	Felodipine	Felodipine-Hexal 10mg (Only Core and Comprehensive Options)			
		Plendil 2.5mg; 5mg (Only Core and Comprehensive Options)			
	Nifedipine	Adco-Vascard SR 20mg			
		Cipalat Retard 20mg			
R180	R180	Vasodilators in cardiac disease: Organic nitrates	Glyceryl trinitrate	Angised 0.5mg	
				Isosorbide dinitrate	Isordil 30mg
					Sandoz Isosorbide dinitrate 5mg; 10mg
				Isosorbide mononitrate	Elantan 20mg
Elantan LA 50mg					
Monicor SR 60mg					
Crohn's disease	R5	R5	Folic acid and derivatives	Folic acid	Aha Folic acid 5mg
					Be-Tabs Folic acid 5mg
					Folic acid 0.5mg
	R795	R795	Intestinal anti-inflammatory: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 500mg; 800mg
					Mezavant 1200mg
					Pentasa 500mg; 1000mg
					Salofalk 1000mg
					Dipentum 250mg
	Sulfasalazine	Salazopyrin 500mg			
		Salazopyrin EN 500mg			
	R1 940	R1 940	Intestinal anti-inflammatory: Corticosteroids	Budesonide	Entocord enema
	R665	R665	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg
					Azathioprine PCH 50mg
	R70	R70	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
Methotrexate 2.5mg					
R15	R15	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Diabetes insipidus	R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg
					Ddavn nasal spray 5ml 0.1mg/1ml
Diabetes mellitus Type 1	R680	R720	Anti-diabetic agents: Insulins and analogues	Insulin	Actraphane hm(ge) - vial 10ml (Only Core and Comprehensive Options)
					Apidra - solostar disposable pens 3ml (Not available on KeyPlus Option)
					Biosulin 30-70 cartridge 3ml
					Biosulin I cartridge 3ml
					Biosulin n cartridge 3ml
					Biosulin r cartridge 3ml



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength				
Diabetes mellitus Type 1	R680	R720	Anti-diabetic agents: Insulins and analogues	Insulin	Humalog - cartridge 3ml; kwikpen 3ml; vial 10ml				
					Humalog mix 25 - kwikpen 3ml (Only Core and Comprehensive Options)				
					Humalog mix 25 - cartridge 3ml				
					Humalog mix 25 - vial 10ml (Not available on KeyPlus Option)				
					Humalog mix 50 - cartridge 3ml				
					Humalog mix 50 - kwikpen 3ml (Only Core and Comprehensive Options)				
					Humulin 30/70 - cartridge 3ml; kwikpen 3ml; vial 10ml				
					Humulin n - cartridge 3ml; kwikpen 3ml; vial 10ml				
					Humulin r - cartridge 3ml; vial 10ml				
					Insuman comb 30/70 - cartridge 3ml				
					Novomix 30 - flexpen 3ml (Only Core and Comprehensive Options)				
					Novorapid - penfill 3ml (Not available on KeyPlus Option)				
	R200	R280	Blood glucose monitoring agents	Glucose strips	Accu-check active mic strips (Not available on KeyPlus Option)				
					Caresens II/pop test strip 29g				
					Caresens n test strips 29g				
					Freestyle optium glucose test strips (Not available on KeyPlus Option)				
					Glucocheck strips 50s (Not available on KeyPlus Option)				
					Glucoplus (Not available on KeyPlus Option)				
					Glucoplus provider strips (Not available on KeyPlus Option)				
					Glucose blood test strips diamond				
					Onetouch select glucose test strips (Not available on KeyPlus Option)				
					On-call plus ez strips (all sizes) (Not available on KeyPlus Option)				
					R350	R350	Surgical item	Lancets	Lancets 50's
									Lancets blood collection needles loris
	Lancets solus v2								
	Needles	BD microfine pen needle 32g 4mm							
		BD microfine pen needle 31g 5mm							
		BD microfine pen needle 30g 8mm							
		Droplet pen needle 12mm x 29g							
		Droplet pen needle 10mm x 29g							
		Droplet pen needle 8mm x 31g							
		Droplet pen needle 6mm x 31g							
		Droplet pen needle 6mm x 32g							
Needle novofine									
Syringes		BD microfine 0.3ml insulin syringe 30g 8mm							
	BD microfine 1ml insulin syringe 30g 8mm								
	BD microfine 1ml insulin syringe 29g 12mm								
	Needle accufine insulin pen 8 x 30g								
	Syringe insulin 1.0ml with 27g needle								
Diabetes mellitus Type 2	R65	R65	Anti-diabetic agents: Biguanides	Metformin				Accord Metformin 500mg; 850mg	
					Apex-Metformin 500mg				
					Arrow Metformin 500mg; 850mg				
					Austell-Metformin 500mg; 850mg				



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength				
Diabetes mellitus Type 2	R65	R65	Anti-diabetic agents: Biguanides	Metformin	Bigsens 500mg; 850mg; 1000mg				
					Diaformin 500mg				
					Diaformin forte 850mg				
					Diamin 500mg; 850mg				
					Diaphage 500mg; 850mg; 1000mg				
					Gluconorm 500mg; 850mg				
					Mengen 500mg; 850mg; 1000mg				
					Metchek 500mg; 850mg				
					Metforal 500mg; 850mg				
					Metformin Alkem 500mg; 850mg				
					Metored 500mg; 850mg; 1000mg				
					Metphage 500mg; 850mg				
					Mylan Metformin 500mg; 850mg				
					Romidab 500mg; 850mg; 1000mg				
	Sandoz Metformin 500mg								
	Sandoz Metformin FCT 500mg; 850mg								
	R680	R720	Anti-diabetic agents: Insulins and analogues	Insulin	Actraphane hm(ge) - vial 10ml (Only Core and Comprehensive Options)				
					Apidra - solostar disposable pens 3ml (Not available on KeyPlus Option)				
					Biosulin 30-70 cartridge 3ml				
					Biosulin I cartridge 3ml				
					Biosulin n cartridge 3ml				
					Biosulin r cartridge 3ml				
					Humalog - cartridge 3ml; kwikpen 3ml; vial 10ml				
					Humalog mix 25 - kwikpen 3ml (Only Core and Comprehensive Options)				
					Humalog mix 25 - cartridge 3ml (Not available on KeyPlus Option)				
					Humalog mix 50 - cartridge 3ml (Only Core and Comprehensive Options)				
					Humalog mix 50 - kwikpen 3ml				
					Humulin 30/70 - cartridge 3ml; kwikpen 3ml; vial 10ml				
					Humulin n - cartridge 3ml; kwikpen 3ml; vial 10ml				
					Humulin r - cartridge 3ml; vial 10ml				
					Insuman comb 30/70 - cartridge 3ml				
					Novomix 30 - flexpen 3ml (Only Core and Comprehensive Options)				
					Novorapid - penfill 3ml (Not available on KeyPlus Option)				
					R115	R115	Anti-diabetic agents: Sulfonamides, urea derivatives	Glibenclamide	Bio-Glibenclamide 5mg
									Diacare 5mg
									Glycomin 5mg
Sandoz Glibenclamide 5mg									
Gliclazide	Adco-Glucomed 80mg								
	Austell-Gliclazide 80mg								
	Diagluclide 80mg								
	Diagluclide MR 60mg (Not available on KeyPlus Option)								
	Diaran MR 30mg								
	Dyna Gliclazide SR 30mg								
Glycron 80mg									
Glygard 80mg									
Sandoz Gliclazide 80mg									



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 2	R175	R190	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Accord Pioglitazone 15mg; 30mg; 45mg Cipla-Pioglitazone 15mg; 30mg	
		R200	R280	Blood glucose monitoring agents	Glucose strips	Accu-check active mic strips (Not available on KeyPlus Option)
	Caresens II/pop test strip 29g					
	Caresens n test strips 29g					
	Freestyle optium glucose test strips (Not available on KeyPlus Option)					
	Glucoccheck strips 50s (Not available on KeyPlus Option)					
	Glucoplus (Not available on KeyPlus Option)					
	Glucoplus provider strips (Not available on KeyPlus Option)					
	Glucose blood test strips diamond					
	Onetouch select glucose test strips (Not available on KeyPlus Option)					
	On-call plus ez strips (all sizes) (Not available on KeyPlus Option)					
	R350	R350	Surgical item	Lancets	Lancets 50's	
					Lancets blood collection needles loris	
					Lancets solus v2	
				Needles	BD microfine pen needle 32g 4mm	
					BD microfine pen needle 31g 5mm	
					BD microfine pen needle 30g 8mm	
					Droplet pen needle 12mm x 29g	
					Droplet pen needle 10mm x 29g	
					Droplet pen needle 8mm x 31g	
					Droplet pen needle 6mm x 31g	
					Droplet pen needle 6mm x 32g	
					Needle novofine	
					Syringes	BD microfine 0.3ml insulin syringe 30g 8mm
				BD microfine 1ml insulin syringe 30g 8mm		
				BD microfine 1ml insulin syringe 29g 12mm		
				Needle accufine insulin pen 8 x 30g		
				Syringe insulin 1.0ml with 27g needle		
				Dysrhythmia	R595	R680
	Propafenone	Rythmol 150mg; 300mg (Not available on KeyPlus Option)				
	R425	R425	Anti-arrhythmics: class III - Amiodarone		Amiodarone	Arycor 100mg; 200mg Bio-Amiodarone 200mg Hexarone 100mg; 200mg
	R80	R80	Anti-thrombotic agents: Vitamin K antagonists		Warfarin	Cipla-Warfarin 1mg; 5mg
	R10	R20	Aspirin		Acetylsalicylic acid	Aspirin 300mg Gulf Aspirin 300mg
R70						R190
	R70	R80	Beta blocking agents: Selective		Atenolol	



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Dysrhythmia	R25	R25	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg Lanoxin paed syrup 0.05mg/1ml	
	R210	R285	Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg Verahexal SR 240mg	
	R185	R285	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Rivotril 0.5mg; 2mg	
Epilepsy	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg Sandoz Carbamazepine CR 200mg; 400mg Zeptol 200mg	
	R460	R460	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg Convulex syrup 250mg/5ml Epilim crushable 100mg Epilim sugar-free syrup 200mg/5ml Epilazine CR 200mg; 300mg; 500mg Eprolep CR 300mg; 500mg Navalpro CR 200mg; 300mg; 500mg Vanapro 300mg; 500mg	
	R70	R70	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg	
	R270	R435	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg Epitec 25mg; 50mg; 100mg; 200mg Lamidus 50mg; 100mg; 200mg Lamitor 25mg; 50mg; 100mg; 200mg	
				Topiramate	Epimate 200mg Epitoz 25mg; 50mg; 100mg	
	R25	R25	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Lethyl 30mg Sedabarb 30mg	
	Glaucoma	R195	R195	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2% Trusopt 5ml owi 2%
		R235	R235	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 0.01%
					Latanoprost	Atana 2.5ml 50mcg/1ml Ocuprost 3ml 50mcg/1ml Xalatan 2.5ml 50mcg/1ml
					Travoprost	Travatan 2.5ml 0.004%
		R270	R270	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml Brimoct 5ml 2mg/1ml
		R85	R85	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Glaucosan 5ml 0.5% Occumol 5ml 0.5%
R270		R270	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml Combigan 5ml 2mg/5mg Cosopt 5ml 0.5% Duo trav 2.5ml Ganfort 3ml Xalacom 2.5ml	
Haemophilia		R5	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol 500mg Adco-Prolief 500mg Cetapon 500mg Painogestic 500mg
		R195	R195	Anti-fibrinolytics: Amino acids	Tranexamic acid	Morwak 500mg Tranexamic Acid Medwich 500mg Tranic 500mg
		R36 105	R36 105	Blood coagulation factors	Coagulation factor IX	Haemosolvex IX 500U
				Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U	



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Haemophilia	R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg	
					Ddavp nasal spray 5ml 0.1mg/1ml	
Hyperlipidaemia	R260	R260	Lipid modifying agents: Fibrates	Bezafibrate	Dyna-Bezafibrate SR 400mg	
					Sandoz Bezafibrate 400mg	
	R45	R55	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg	
					Aspavor 10mg; 20mg; 40mg (Not available on KeyPlus Option)	
					Aspavor 80mg	
					Astor 40mg (Not available on KeyPlus Option)	
					Astor 80mg	
					Atorvastatin Unicorn 10mg; 20mg; 40mg (Not available on KeyPlus Option)	
					Dynator 10mg; 20mg; 40mg (Not available on KeyPlus Option)	
					Dynator 80mg	
					Lestavor 80mg	
					Lipogen 80mg	
					Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
						Austell-Simvastatin 10mg; 20mg; 40mg
						Choleste 20mg; 40mg
						Cipla-Simvastatin 10mg; 20mg; 40mg
						Simvacor 10mg; 20mg; 40mg
						Zysim 10mg; 20mg; 40mg
					Hypertension	R190
R115	R125	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg		
				Pharmapress co 20/12.5mg		
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg		
				Hexal-Lisinopril co 20/12.5mg		
				Lisinopril co Unicorn 20/12.5mg		
				Lisoretic 10/12.5mg; 20/12.5mg		
				Lisozide 10/12.5mg; 20/12.5mg		
Zestoretic 10/12.5mg; 20/12.5mg						
Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Only Core and Comprehensive Options)					
	Perindopril co Unicorn 4/1.25mg (Only Core and Comprehensive Options)					
	Prexum Plus 5/1.25mg (Only Core and Comprehensive Options)					
	Zydus Perindopril co 4/1.25mg (Only Core and Comprehensive Options)					
	R85	R120	ACE inhibitors: Plain	Captopril	Adco-Captomax 25mg; 50mg	
					Bio-Captopril 25mg	
Mylan Captopril 25mg; 50mg						
Enalapril				Alapren 5mg; 10mg; 20mg		
				Enalapril Unicorn 10mg; 20mg (Not available on KeyPlus Option)		
				Enap 5mg (Not available on KeyPlus Option)		
				Enap 10mg; 20mg (Only Core and Comprehensive Options)		
				Envas 5mg; 10mg (Not available on KeyPlus Option)		



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Hypertension	R85	R120	ACE inhibitors: Plain	Enalapril	Hr-Enalapril 5mg; 10mg; 20mg (Not available on KeyPlus Option)	
				Lisinopril	Austell-Lisinopril 10mg; 20mg	
					Sinopren 5mg; 10mg; 20mg	
				Perindopril	Acti-Prex 4mg (Only Core and Comprehensive Options)	
					Auro Perindopril 4mg (Only Core and Comprehensive Options)	
					Bindace 4mg (Only Core and Comprehensive Options)	
					Ciplasyl 4mg; 8mg (Only Core and Comprehensive Options)	
					Pearinda 4mg; 8mg (Only Core and Comprehensive Options)	
					Perindopril Unicorn 4mg (Only Core and Comprehensive Options)	
					Prexum 5mg (Only Core and Comprehensive Options)	
					Ran-Perindopril 4mg	
					Spec-Perindopril 4mg; 8mg (Only Core and Comprehensive Options)	
					Zydus Perindopril 4mg (Only Core and Comprehensive Options)	
	Quinapril	Accumax 10mg; 20mg (Only Core and Comprehensive Options)				
	R225	R250	Alpha and Beta blocking agents	Carvedilol	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg	
					Carvetrend 6.25mg; 12.5mg; 25mg	
					Vediblok 6.25mg; 12.5mg; 25mg	
	R120	R120	Angiotensin II antagonists, Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg (Only Core and Comprehensive Options)	
					Hytenza co 50/12.5mg	
					Losaar Plus 50/12.5mg; 100/25mg	
					Losacar co 50/12.5mg	
					Losartan co Unicorn 100/25mg	
					Netrasol co 50/12.5mg; 100/25mg	
					Zartan co 50/12.5mg (Only Core and Comprehensive Options)	
					Zartan co 100/25mg	
					Valsartan and diuretics	Dynaval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)
					R85	R130
	Irtanel 150mg; 300mg (Only Core and Comprehensive Options)					
	Isart 150mg; 300mg (Only Core and Comprehensive Options)					
	Losartan	Auro Losartan 100mg (Only Core and Comprehensive Options)				
		Austell Losartan 100mg (Only Core and Comprehensive Options)				
		Ciplazar 100mg (Only Core and Comprehensive Options)				
		Hytenza 100mg (Only Core and Comprehensive Options)				
Losartan Unicorn 100mg (Only Core and Comprehensive Options)						
Lozaan 100mg (Only Core and Comprehensive Options)						
Lozaan 100mg (Only Core and Comprehensive Options)						



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R85	R130	Angiotensin II antagonists: Plain	Losartan	Spec-Losartan 100mg (Only Core and Comprehensive Options)
					Zartan 100mg (Only Core and Comprehensive Options)
				Valsartan	Valant 40mg; 80mg; 160mg (Not available on KeyPlus Option)
	R150	R150	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
	R145	R145	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
					Mylan Methyldopa 250mg
					Sandoz Methyldopa 250mg
	R25	R25	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R90	R90	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
					Sandoz Hydralazine 25mg
	R70	R190	Beta blocking agents: Non-selective	Propranolol	Indoblok 10mg; 40mg Purbloka 10mg; 40mg
	R70	R80	Beta blocking agents: Selective	Atenolol	B-Block 50mg; 100mg
					Bio-Atenolol 50mg; 100mg
					Gulf Atenolol 50mg; 100mg
					Sandoz Atenolol 50mg; 100mg
					Tenopress 50mg; 100mg Zetenol 50mg; 100mg
	R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
					Diuresix 40mg
					Furobe 40mg
					Mylan Furosemide 40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
					Ridaq 12.5mg
	R20	R20	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg
					Daptril 2.5mg
					Mylan Indapamide 2.5mg
	R105	R105	Potassium sparing agents	Spironolactone	Aldactone 25mg
					Sandoz Spironolactone 25mg
					Spiractin 25mg
	R95	R95	Potassium supplements	Potassium chloride	Plenish K 600mg
					Potassium Chloride Unicorn 600mg
					Sandoz K-600 600mg
					Ultipot 600mg
	R210	R285	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg
Adco-Zildem SR 180mg; 240mg					
Verapamil				Vasomil 40mg; 80mg	
	Verahexal SR 240mg				
R130	R200	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodac 5mg; 10mg	
				Amtas 5mg; 10mg	
				Calbloc 5mg; 10mg	
				Gulf Amlodipine 5mg; 10mg	
				Indo Amlodipine 5mg	
				Lomanor 5mg; 10mg	
				Pendine 5mg; 10mg	
				Pharma Dynamics Amlodipine besylate 5mg; 10mg	



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R130	R200	Selective calcium channel blockers with mainly vascular effects	Felodipine	Felodipine-Hexal 10mg (Only Core and Comprehensive Options)
					Plendil 2.5mg; 5mg (Only Core and Comprehensive Options)
				Nifedipine	Adco-Vascard SR 20mg
					Cipalat Retard 20mg
Hypothyroidism	R45	R45	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg
Multiple sclerosis	R75	R75	Anti-depressants: Tricyclics	Amitriptyline	Gulf Amitriptyline 25mg
					Sandoz Amitriptyline 25mg
					Trepiline 10mg
	R200	R260	Drugs for urinary frequency and incontinence	Oxybutynin	Lenditro 5mg
					Mylan Oxybutynin 5mg
	R10 500	R10 500	Interferons	Interferon beta-1a	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml
					Rebif 22 pre-filled syringe 0.5ml 44mcg/1ml
					Rebif 22 rebidose pre-filled pen 0.5ml 44mcg/1ml
					Rebif 44 pre-filled syringe 0.5ml 88mcg/1ml
					Rebif 44 rebidose pre-filled pen 0.5ml 88mcg/1ml
R1 165	R1 165	Muscle relaxants: Other centrally acting agents	Baclofen	Bio-Baclofen 10mg	
				Teva Baclofen 10mg	
R15	R15	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Parkinson's disease	R340	R340	Anti-cholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
					Lennon-Biperiden 2mg
					R630
	Pramex 0.125mg; 0.25mg; 1mg				
	Pramiola 0.125mg; 0.25mg				
	R690	R690	Dopaminergic agents: Monoamine oxidase B inhibitors: Selegiline	Selegiline	Parkilyne 5mg
					R280
	R620	R620	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Carbilev 25/100mg; 25/250mg
					Sinemet 25/100mg; 25/250mg
	Rheumatoid arthritis	R55	R55	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac
A-Lennon Diclofenac 25mg; 50mg					
Diclofenac Biotech 25mg					
Mylan Diclofenac 25mg; 50mg					
Panamor AT 50mg					
Indomethacin					Betacin 25mg
					Gulf Indomethacin 25mg
					Methocaps 25mg



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R75	R95	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 7.5mg; 15mg
					Arrow Meloxicam 7.5mg
					Flamaryx 7.5mg
					Flexocam 7.5mg
					Medoxicam 7.5mg
					Zydus-Meloxicam 7.5mg
	R30	R30	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
					Betaprofen FC 400mg
					Bren 400mg
					Ibu 200mg
					Ibucine 200mg; 400mg
					Ibunate 200mg
	R90	R90	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
					R5
	R795	R795	Intestinal anti-inflammatory agents: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin 500mg
					Salazopyrin EN 500mg
	R665	R665	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
					Azathioprine PCH 50mg
R70	R70	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
R15	R15	Systemic corticosteroids: Prednisone	Prednisone	Methotrexate 2.5mg	
				Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
Schizophrenia	R130	R345	Anti-depressants: SSRIs	Citalopram	Trolic 5mg
					Adco-Talomil 20mg
					Arrow Citalopram 20mg; 40mg
					Austell-Citalopram 20mg; 40mg
					Bio Citalopram 20mg
					Cilate 20mg
				Escitalopram	Accord Escitalopram 10mg; 20mg (Only Core and Comprehensive Options)
					Escitalopram Be-Tabs 10mg; 20mg (Only Core and Comprehensive Options)
					Escitalopram Winthrop 10mg; 20mg (Only Core and Comprehensive Options)
					Zitolex 10mg; 20mg (Only Core and Comprehensive Options)
					Zytomil 10mg; 20mg (Only Core and Comprehensive Options)
					Fluoxetine
				Deprozan 20mg	
				Fluoxetine Actor 20mg	
				Prolax 20mg	
				Ranflocs 20mg	
				Zydus Fluoxetine 20mg	



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R130	R345	Anti-depressants: SSRIs	Paroxetine	Adco-Paroxetine 20mg (Only Core and Comprehensive Options)
					Auro Paroxetine 20mg (Only Core and Comprehensive Options)
					Austell-Paroxetine 20mg (Only Core and Comprehensive Options)
					Serrapress 20mg (Only Core and Comprehensive Options)
				Sertraline	Austell-Sertraline 50mg; 100mg (Only Core and Comprehensive Options)
					Dyna Sertraline 50mg; 100mg
					Serdep 50mg; 100mg (Only Core and Comprehensive Options)
					Serlife 50mg (Only Core and Comprehensive Options)
					Zolid 50mg (Only Core and Comprehensive Options)
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
					Sandoz Carbamazepine CR 200mg; 400mg
					Zeptol 200mg
	R100	R100	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Gulf Haloperidol 5mg Serenace 1.5mg
	R705	R1 185	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg Cloment 25mg; 100mg
	R615	R615	Anti-psychotics: Olanzapine	Olanzapine	Lanazyp 5mg; 10mg
					Mylan Olanzapine 5mg; 10mg
					Oleanz 5mg; 10mg
					Olexar 5mg; 10mg
					Prexolan 5mg; 10mg
					Prexolan odt 5mg; 10mg
	R385	R385	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 100mg
	R390	R390	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg
					Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
					Psyquet 25mg; 100mg; 200mg; 300mg
					Quetoser 25mg; 100mg; 200mg; 300mg
					Serez 25mg; 100mg; 200mg; 300mg
Sizonorm 25mg; 100mg; 200mg; 300mg					
R515	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
				Fluanxol depot 1ml 20mg Fluanxol depot 2ml 40mg	
			Zuclopenthixol	Clopixol 2mg; 10mg	
				Clopixol depot 200mg	
R550	R1 005	Other anti-psychotics	Risperidone	Perizal 0.5mg; 1mg; 2mg; 3mg	
				Risnia 0.5mg; 1mg; 2mg; 3mg	
				Rispacor 0.5mg; 1mg; 2mg; 3mg	
				Rispevon 3mg; 4mg	
				Risponz 1mg; 2mg; 3mg; 4mg	
				Schizorol 0.5mg	
				Zoxadon 0.5mg; 1mg; 2mg	
Systemic lupus erythematosus (SLE)	R55	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg	
				A-Lennon Diclofenac 25mg; 50mg	
				Diclofenac Biotech 25mg	



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R55	R55	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Mylan Diclofenac 25mg; 50mg
					Panamor AT 50mg
				Indomethacin	Betacin 25mg
					Gulf Indomethacin 25mg
	Methocaps 25mg				
	R75	R95	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 7.5mg; 15mg
					Arrow Meloxicam 7.5mg
					Flamaryx 7.5mg
					Flexocam 7.5mg
					Medoxicam 7.5mg
					Zydus-Meloxicam 7.5mg
				Piroxicam	Pyrocaps 20mg
					Roxifen 20mg
	R30	R30	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
					Betaprofen FC 400mg
					Bren 400mg
					Ibu 200mg
					Ibucine 200mg; 400mg
					Ibunate 200mg
				Ranfen 400mg	
				Naproxen	Mylan naproxen 250mg
	Naproscript 250mg				
	R90	R90	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R80	R80	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 1mg; 5mg
	R10	R20	Aspirin	Acetylsalicylic acid	Aspirin 300mg Gulf Aspirin 300mg
	R25	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	R5	R5	Folic acid and derivatives	Folic acid	Aha Folic acid 5mg
Be-Tabs Folic acid 5mg					
Folic acid 0.5mg					
R665	R665	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine PCH 50mg	
R70	R70	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg Methotrexate 2.5mg	
R15	R15	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
R25	R25	Topical corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
				Topivate cream 0.1%	
				Vari-Betamethasone cream 0.1%	
Ulcerative colitis	R5	R5	Folic acid and derivatives	Folic acid	Aha Folic acid 5mg
					Be-Tabs Folic acid 5mg
					Folic acid 0.5mg
	R795	R795	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 500mg; 800mg
					Mezavant 1200mg
					Pentasa 500mg; 1000mg
					Salofalk 1000mg
Olsalazine	Dipentum 250mg				



Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Ulcerative colitis	R795	R795	Intestinal anti-inflammatories: Aminosalicyclic acid and similar agents	Sulfasalazine	Salazopyrin 500mg
					Salazopyrin EN 500mg
	R1 940	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema
	R665	R665	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg
					Azathioprine PCH 50mg
	R70	R70	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
					Methotrexate 2.5mg
	R15	R15	Systemic corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
					Trolic 5mg

Complaints process

You may lodge a complaint or query with LA Health Medical Scheme directly on 0860 103 933 or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the LA Health Medical Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / complaints@medicalschemes.com / www.medicalschemes.com

