

Chronic Illness Benefit medicine list (formulary) 2019

Who we are

LA Health Medical Scheme (referred to as 'the Scheme'), registration number 1145, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as 'the Administrator'), is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership of the Scheme.

Contact us

You can call us on **0860 103 933** or visit www.lahealth.co.za for more information.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicine when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the LA Health Medical Scheme Rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions.

Any instructions or advice on medicine and the management of your condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on our medicine list. You may have a co-payment for medicine not on our medicine list.

LA Health Medical Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

Explanation of terms

Benefit year

A benefit year refers to the benefits you are entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2019 only.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee. The CDA does not apply to the LA KeyPlus Benefit Option.

Prescribed Minimum Benefit conditions (PMB conditions)

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes for any setting according to clinical guidelines.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Medicine class

This describes medicine that have similar chemical structures or similar therapeutic effects.

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

The CDL medicine list for LA Health Medical Scheme (for all benefit options)

The CDA (Chronic Drug Amount) does not apply to the LA KeyPlus Benefit Option.

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R200	R200	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R190	R190	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R355	R485	Adrenergics: Long acting - Salmeterol	Salmeterol	Serevent accuhaler 60 dose 50mcg
					Serevent CFC free 120 dose 25mcg
	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
					Venteze CFC free 200 dose 100mcg
	R100	R155	Anti-asthmatics: Systemic xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R305	R305	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
					Symbicord turbohaler 60 dose 320/9mcg (Not available on KeyPlus Option)
					Symbicord turbohaler 120 dose 160/4.5mcg (Not available on KeyPlus Option)
					Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Not available on KeyPlus Option)
	R305	R305	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg (Not available on KeyPlus Option)
	R250	R250	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg Ipvent HFA 200 dose 40mcg/dose
	R245	R305	Inhaled Glucocorticoids	Beclomethasone	Beceze CFC free 200 dose 100mcg
					Beclate 200 dose 100mcg; 200mcg
				Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg (Only Core and Comprehensive Options)
					Pulmicort turbuhaler 200 dose 100mcg; 200mcg
				Ciclesonide	Ciclovent 60 dose 80mcg; 160mcg (Not available on KeyPlus Option)
				Fluticasone	Flixotide CFC free 120 dose 50mcg; 125mcg; 250mcg (Only Core and Comprehensive Options)
	Mometasone	Asmanex twisthaler 30 dose 200mcg/dose; 400mcg/dose (Only Core and Comprehensive Options)			
		Asmanex twisthaler 60 dose 200mcg/dose; 400mcg/dose (Only Core and Comprehensive Options)			
R355	R355	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250 (Not available on KeyPlus Option)	
				Foxair accuhaler 60 dose 50/500 (Only Core and Comprehensive Options)	
				Sereflo HFA 120 dose 25/50; 25/125; 25/250	
				Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250	
R355	R355	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg (Not available on KeyPlus Option)	
				Relvar ellipta 30 dose 184/22mcg (Only Core and Comprehensive Options)	
R350	R350	Surgical item	Inhaler device	Dp haler device	

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Asthma	R15	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
					Trolic 5mg
Bipolar mood disorder	R120	R160	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
					Arrow Citalopram 40mg
					Cilate 20mg
					Recita 20mg
				Escitalopram	Accord Escitalopram 10mg; 20mg (Only Core and Comprehensive Options)
					Dolin 10mg; 20mg
					Marprem 20mg
					Zitolex 10mg; 20mg
				Fluoxetine	Deprozan 20mg
					Fluoxetine Actor 20mg
					Prolax 20mg
					Ranflocs 20mg
					Zydus-Fluoxetine 20mg
				Sertraline	Dyna Sertraline 50mg; 100mg
					Serdep 50mg; 100mg (Only Core and Comprehensive Options)
	Serlife 50mg; 100mg (Only Core and Comprehensive Options)				
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
					Tegretol CR 200mg; 400mg
					Zeptol 200mg
	R490	R490	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg
					Convulex syrup 250mg/5ml
					Epilim crushable 100mg
					Epilim sugar-free syrup 200mg/5ml
					Epilazine CR 200mg; 300mg; 500mg
					Eprolep CR 200mg; 300mg; 500mg
					Navalpro CR 200mg; 300mg; 500mg
					Valeptic CR 300mg; 500mg
R325	R415	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
				Epitec 25mg; 50mg; 100mg; 200mg	
				Grotec 50mg; 100mg; 200mg	
				Lamidus 50mg	
				Lamitor 25mg; 50mg; 100mg; 200mg	
R615	R945	Anti-psychotics: Clozapine	Clozapine	Cloment 25mg; 100mg	
R345	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg	
R600	R600	Anti-psychotics: Olanzapine	Olanzapine	Olawin 5mg; 10mg	
				Olawin oradispersible 5mg; 10mg	
				Olexar 5mg; 10mg	
				Prexolan 5mg; 10mg	
				Prexolan ODT 5mg; 10mg	
				Redilanz 5mg; 10mg	
				Zylena 5mg; 10mg	
R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 100mg	
R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg	
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
				Psyquet 25mg; 100mg; 200mg; 300mg	

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength				
Bipolar mood disorder	R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Quetiapine Biotech 300mg				
					Serez 25mg; 100mg; 200mg; 300mg				
					Spec Quetiapine 25mg; 100mg; 300mg				
	R515	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg				
					Fluanxol depot 1ml 20mg				
					Zuclopenthixol	Clopixol 2mg; 10mg			
					Clopixol depot 200mg				
	R350	R505	Other anti-psychotics	Aripiprazole	Arizofy 5mg; 10mg; 15mg				
					Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg			
						Rispacor 0.5mg; 1mg; 2mg; 3mg			
Rispevon 1mg; 2mg; 3mg; 4mg									
Rispide 0.5mg; 1mg; 2mg									
Zoxadon 0.5mg; 1mg; 2mg, 3mg, 4mg									
Bronchiectasis						R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol
R250	R250	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg					
R15	R15	Systemic Corticosteroids: Prednisone	Prednisone	Ipvent HFA 200 dose 40mcg/dose					
Cardiac failure	R100	R115	ACE inhibitors and diuretics	Enalapril and diuretics	Be-Tabs Prednisone 5mg				
					Panafcort 5mg				
				Lisinopril and diuretics	Trolic 5mg				
					Perindopril and diuretics	Enap co 20/12.5mg (Not available on KeyPlus Option)			
						Pharmapress co 20/12.5mg			
				Adco-Zetomax co 10/12.5mg; 20/12.5mg					
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg					
				Lisoretic 10/12.5mg; 20/12.5mg					
				Lisozide 10/12.5mg; 20/12.5mg					
				Zestoretic 10/12.5mg; 20/12.5mg					
				Captopril	R100	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg	
								Mylan Captopril 25mg; 50mg	
								Enalapril	Alapren 5mg; 10mg; 20mg
									Enalapril Biotech 5mg; 10mg; 20mg
									Enalapril Unicorn 10mg; 20mg
	Lisinopril	R100	ACE inhibitors: Plain	Lisinopril	Hypace 5mg				
					Austell-Lisinopril 10mg; 20mg				
	Perindopril	R100	ACE inhibitors: Plain	Perindopril	Sinopren 5mg; 10mg; 20mg				
					Ciplasyl 4mg (Not available on KeyPlus Option)				
					Circator 4mg; 8mg (Only Core and Comprehensive Options)				
Pearinda 4mg; 8mg (Only Core and Comprehensive Options)									
Prexum Plus 5/1.25mg (Not available on KeyPlus Option)									
Vectoryl Plus 4/1.25mg (Only Core and Comprehensive Options)									

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength			
Cardiac failure	R85	R100	ACE inhibitors: Plain	Perindopril	Perindopril Unicorn 4mg; 8mg (Only Core and Comprehensive Options)			
					Prexum 5mg; 10mg (Only Core and Comprehensive Options)			
					Ran-Perindopril 4mg			
					Reprex 4mg; 8mg			
					Spec-Perindopril 4mg; 8mg (Only Core and Comprehensive Options)			
					Vectoryl 8mg (Only Core and Comprehensive Options)			
					Quinapril	Accumax 10mg; 20mg (Only Core and Comprehensive Options)		
					R230	R260	Alpha and Beta blocking agents	Carvedilol
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg				
				Carvetrend 6.25mg; 12.5mg; 25mg				
				Vediblok 6.25mg; 12.5mg; 25mg				
	R120	R120	Angiotensin II antagonists: Combinations	Losartan and diuretics	Losaar Plus 50/12.5mg; 100/25mg			
					Netrasol co 50/12.5mg; 100/25mg			
					Zartan co 100/25mg			
				Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)			
					Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)			
	R85	R120	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on KeyPlus Option)			
					Losartan	Annin 100mg		
								Ciplazar 100mg (Only Core and Comprehensive Options)
								Zartan 100mg (Only Core and Comprehensive Options)
	R100	R100	Arteriolar smooth muscle agents: Hydrazino-phthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg			
					Sandoz Hydralazine 25mg			
	R75	R85	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg			
					Betacor 5mg; 10mg			
					Bilocor 5mg; 10mg			
					Bisbeta 5mg; 10mg			
					Bislo 5mg; 10mg			
					Bisoprolol Unichem 5mg; 10mg			
					Bisoprolol Unicorn 5mg; 10mg			
					Bisozyd 5mg; 10mg			
				Mylan Bisoprolol 5mg; 10mg				
	R25	R25	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg			
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml					
R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg				
				Furobe 40mg				
				Mylan Furosemide 40mg				
R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg				
				Ridaq 12.5mg				
R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg				
				Daptril 2.5mg				
				Mylan Indapamide 2.5mg				
R120	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg				
				Sandoz Spironolactone 25mg				
				Spiractin 25mg				
R105	R105	Potassium supplements	Potassium chloride	Plenish K 600mg				

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R105	R105	Potassium supplements	Potassium chloride	Ultipot 600mg
	R195	R195	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg
				Isosorbide mononitrate	Ismo 20mg
					Monicor SR 60mg
	R100	R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml Vaxigrip single dose 0.5ml pre-filled
R175	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax vaccine	
Cardiomyopathy	R100	R115	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg (Not available on KeyPlus Option)
					Pharmapress co 20/12.5mg
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
					Zestoretic 10/12.5mg; 20/12.5mg
				Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Only Core and Comprehensive Options)
					Ciplasyl Plus 4/1.25mg (Only Core and Comprehensive Options)
					Circator Plus 4/1.25mg (Only Core and Comprehensive Options)
					Pearinda Plus 4/1.25mg (Not available on KeyPlus Option)
					Perindopril co Unicorn 4/1.25mg (Only Core and Comprehensive Options)
					Prexum Plus 5/1.25mg (Not available on KeyPlus Option)
					Vectoryl Plus 4/1.25mg (Only Core and Comprehensive Options)
	R85	R100	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Biotech 5mg; 10mg; 20mg
					Enalapril Unicorn 10mg; 20mg
					Hypace 5mg
				Lisinopril	Austell-Lisinopril 10mg; 20mg
					Sinopren 5mg; 10mg; 20mg
				Perindopril	Ciplasyl 4mg (Not available on KeyPlus Option)
					Circator 4mg; 8mg (Only Core and Comprehensive Options)
					Pearinda 4mg; 8mg (Only Core and Comprehensive Options)
					Perindopril Unicorn 4mg; 8mg (Only Core and Comprehensive Options)
					Prexum 5mg; 10mg (Only Core and Comprehensive Options)
					Ran-Perindopril 4mg
					Reprex 4mg; 8mg
					Spec-Perindopril 4mg; 8mg (Only Core and Comprehensive Options)
					Vectoryl 8mg (Only Core and Comprehensive Options)

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R85	R100	ACE inhibitors: Plain	Quinapril	Accumax 10mg; 20mg (Only Core and Comprehensive Options)
	R230	R260	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Carvetrend 6.25mg; 12.5mg; 25mg
					Vediblok 6.25mg; 12.5mg; 25mg
	R120	R120	Angiotensin II antagonists: Combinations	Losartan and diuretics	Losaar Plus 50/12.5mg; 100/25mg
					Netrasol co 50/12.5mg; 100/25mg
				Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)
					Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)
	R85	R120	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on KeyPlus Option)
					Losartan
				Ciplazar 100mg (Only Core and Comprehensive Options)	
					Zartan 100mg (Only Core and Comprehensive Options)
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R100	R100	Arteriolar smooth muscle agents: Hydrazino-phthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg Sandoz Hydralazine 25mg
	R30	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg Myoprin 100mg
	R75	R85	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
					Betacor 5mg; 10mg
					Bilocor 5mg; 10mg
					Bisbeta 5mg; 10mg
					Bislo 5mg; 10mg
					Bisoprolol Unichem 5mg; 10mg
					Bisoprolol Unicorn 5mg; 10mg
					Bisozyd 5mg; 10mg
					Mylan Bisoprolol 5mg; 10mg
					R25
	R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
					Furobe 40mg
					Mylan Furosemide 40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
					Ridaq 12.5mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg
Dapril 2.5mg					
Mylan Indapamide 2.5mg					
R120	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
				Sandoz Spironolactone 25mg	
				Spiractin 25mg	
R105	R105	Potassium supplements	Potassium chloride	Plenish K 600mg	
				Ultipot 600mg	
R195	R195	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
			Isosorbide mononitrate	Ismo 20mg	
				Monicor SR 60mg	
R100	R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml Vaxigrip single dose 0.5ml pre-filled	

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R175	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax vaccine
Chronic obstructive pulmonary disease (COPD)	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg Venteze CFC free 200 dose 100mcg
	R100	R155	Anti-asthmatics: Systemic xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R250	R250	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg Iprvent HFA 200 dose 40mcg/dose
	R205	R205	Salbutamol and Ipratropium bromide	Salbutamol and Ipratropium bromide	Duolin HFA 200 dose
	R827	R827	Surgical item: Oxygen concentrator	Oxygen	Oxygen concentrator rental
	R15	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg Panafcort 5mg Trolic 5mg
	R100	R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml Vaxigrip single dose 0.5ml pre-filled
Chronic renal disease	R100	R115	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg (Not available on KeyPlus Option)
					Pharmapress co 20/12.5mg
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
					Zestoretic 10/12.5mg; 20/12.5mg
				Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Only Core and Comprehensive Options)
					Ciplasyl Plus 4/1.25mg (Only Core and Comprehensive Options)
					Circator Plus 4/1.25mg (Only Core and Comprehensive Options)
					Pearinda Plus 4/1.25mg (Not available on KeyPlus Option)
					Perindopril co Unicorn 4/1.25mg (Only Core and Comprehensive Options)
					Prexum Plus 5/1.25mg (Not available on KeyPlus Option)
	Vectoryl Plus 4/1.25mg (Only Core and Comprehensive Options)				
	R85	R100	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Biotech 5mg; 10mg; 20mg
					Enalapril Unicorn 10mg; 20mg
					Hypace 5mg
Lisinopril				Austell-Lisinopril 10mg; 20mg	
	Sinopren 5mg; 10mg; 20mg				
Perindopril	Ciplasyl 4mg (Not available on KeyPlus Option)				
	Circator 4mg; 8mg (Only Core and Comprehensive Options)				
	Pearinda 4mg; 8mg (Only Core and Comprehensive Options)				
	Perindopril Unicorn 4mg; 8mg (Only Core and Comprehensive Options)				

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength			
Chronic renal disease	R85	R100	ACE inhibitors: Plain	Perindopril	Prexum 5mg; 10mg (Only Core and Comprehensive Options)			
					Ran-Perindopril 4mg			
					Reprex 4mg; 8mg			
					Spec-Perindopril 4mg; 8mg (Only Core and Comprehensive Options)			
					Vectoryl 8mg (Only Core and Comprehensive Options)			
				Quinapril	Accumax 10mg; 20mg (Only Core and Comprehensive Options)			
				R120	R120	Angiotensin II antagonists: Combinations	Losartan and diuretics	Losaar Plus 50/12.5mg; 100/25mg
								Netrasol co 50/12.5mg; 100/25mg
								Zartan co 100/25mg
							Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)
	Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)							
	Jubitan 150mg; 300mg (Not available on KeyPlus Option)							
	R85	R120	Angiotensin II antagonists: Plain	Irbesartan	Annin 100mg			
					Ciplazar 100mg (Only Core and Comprehensive Options)			
				Losartan	Zartan 100mg (Only Core and Comprehensive Options)			
	R300	R300	Calcium supplements	Calcium carbonate	B-cal			
	R5	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg			
					Folic acid 0.5mg; 5mg			
					Gulf Folic acid 5mg			
	R45	R45	Iron in other combinations	Ferrous fumarate	Pregamal			
	R535	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml			
					Equifer ampoule 5ml 100mg/5ml			
					Rautevene ampoule 5ml 100mg/5ml			
					Sucrofer 5ml 20mg/1ml			
	R3 340	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml			
					Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml			
					Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml			
					Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml			
					Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml			
					Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml			
				Erythropoietin	Eporex pre-fill 2000U/0.5ml			
Eporex pre-fill 4000U/0.4ml								
Recormon pre-filled syringe 500U/0.3ml								
Recormon pre-filled syringe 2000U/0.3ml								
Recormon pre-filled syringe 4000U/0.3ml								
Repotin ampoule 1ml 2000U; 4000U								
Methoxy polyethylene glycol-epoetin beta				Mircera pre-filled syringe 0.3ml 30mcg/0.3ml				
				Mircera pre-filled syringe 0.3ml 50mcg/0.3ml				
				Mircera pre-filled syringe 0.3ml 75mcg/0.3ml				
				Mircera pre-filled syringe 0.3ml 100mcg/0.3ml				
				Mircera pre-filled syringe 0.3ml 120mcg/0.3ml				
				Mircera pre-filled syringe 0.3ml 150mcg/0.3ml				
				Mircera pre-filled syringe 0.3ml 200mcg/0.3ml				
Mircera pre-filled syringe 0.3ml 250mcg/0.3ml								
R400	R400	Vitamin D and analogues	Alfacalcidol	One alpha 0.25mcg; 1mcg				

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R30	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R85	R200	Beta blocking agents: Non-selective	Propranolol	Inderal 10mg
					Indoblok 10mg; 40mg
					Purbloka 40mg
	R75	R85	Beta blocking agents: Selective	Atenolol	B-Block 100mg
					Tenopress 50mg; 100mg
					Zetenol 50mg; 100mg
	R230	R320	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg
					Adco-Zildem SR 180mg; 240mg
				Verapamil	Vasomil 40mg; 80mg
					Verahexal SR 240mg
	R100	R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg
					Amtas 5mg; 10mg
					Aprate 5mg; 10mg
					Austell-Amlodipine 5mg; 10mg
					Ciplavasc 5mg; 10mg
					Gulf Amlodipine 5mg; 10mg
					Lomanor 5mg; 10mg
					Pendine 5mg; 10mg
Pharma Dynamics Amlodipine besylate 5mg; 10mg					
Felodipine				Felodipine-Hexal 5mg; 10mg (Only Core and Comprehensive Options)	
Plendil 2.5mg; 5mg (Only Core and Comprehensive Options)					
Nifedipine	Cipalat Retard 20mg				
R195	R195	Vasodilators in Cardiac Disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
				Isosorbide mononitrate	Ismo 20mg
				Monicor SR 60mg	
Crohn's disease	R5	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
					Folic acid 0.5mg; 5mg
					Gulf Folic acid 5mg
	R810	R810	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
					Mezavant 1200mg
					Pentasa 500mg; 1000mg
					Salofalk 1000mg
				Sulfasalazine	Salazopyrin 500mg
	Salazopyrin EN 500mg				
	R1 940	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema
	R775	R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg
					Azathioprine PCH 50mg
	R110	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
Methotrexate 2.5mg					
R15	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Diabetes insipidus	R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg
					Ddavp nasal spray 5ml 0.1mg/1ml

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 1	***Please note an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for Active and Focus Options is R700. The overall monthly limit for Core and Comprehensive Options is R720.				
	R460	R530	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine Insulin Human Insulin Lispro	Apidra - cartridge 3ml Biosulin r - cartridge 3ml Humulin r - cartridge 3ml; vial 10ml Humalog - cartridge 3ml; kwikpen 3ml; vial 10ml
	R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Aspart Insulin Human Insulin Lispro	Novomix 30 - flexpen 3ml (Only Core and Comprehensive Options) Actraphane hm(ge) - vial 10ml (Only Core and Comprehensive Options) Biosulin 30-70 - cartridge 3ml Humulin 30/70 - cartridge 3ml; kwikpen 3ml; vial 10ml Humalog mix 25 - cartridge 3ml; vial 10ml Humalog mix 25 - kwikpen 3ml (Only Core and Comprehensive Options) Humalog mix 50 - cartridge 3ml Humalog mix 50 - kwikpen 3ml (Only Core and Comprehensive Options)
	R435	R465	Anti-diabetic agents: Intermediate-acting Insulins	Insulin Human	Biosulin l - cartridge 3ml Biosulin n - cartridge 3ml Humulin n - cartridge 3ml; kwikpen 3ml; vial 10ml
	R460	R555	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir Insulin Glargine	Levemir - prefilled cartridge 3ml (Not available on KeyPlus Option) Basaglar - cartridge 3ml (Not available on KeyPlus Option) Basaglar - pre-filled pen 3ml (Only Core and Comprehensive Options) Optisulin - cartridge 3ml (Not available on KeyPlus Option) Optisulin - pen 3ml (Only Core and Comprehensive Options) Toujeo - pen 1.5ml (Only Core and Comprehensive Options)
	R30	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg Myoprin 100mg
	R200	R280	Blood glucose monitoring agents	Glucose strips	Accu chek instant strip Caresens n glucose test strip 29g Freestyle strip optium glucose test (Not available on KeyPlus Option) Strip accu check glucose active (Not available on KeyPlus Option) Test fora diamond blood glucose strip Test glucocheck (Not available on KeyPlus Option) Test strip blood glucose clicks bionime gs550 Test strip glucose on call plus ez Test strip onetouch select (Not available on KeyPlus Option) Test strip onetouch select plus (Not available on KeyPlus Option)
	R350	R350	Surgical item	Lancets	Lancet 50s Lancet blood collection needle loris Lancet fora collection needle sterile 30g Lancet fora tender needle sterile 33g

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength				
Diabetes mellitus Type 1	R350	R350	Surgical item	Lancets	Lancet oncall glucose				
					Lancet solus v2				
					Lancet unilet sterile 28g				
					Lancet unilet sterile 4cm x 6cm x 7.5cm 28g				
				Needles	Droplet pen needle 6mm 31g				
					Droplet pen needle 6mm 32g				
					Droplet pen needle 8mm 31g				
					Droplet pen needle 10mm 29g				
					Droplet pen needle 12mm 29g				
					Needle insulin pen bd microfine 30g 8mm				
					Needle insulin pen bd microfine 31g 5mm				
					Needle insulin pen bd microfine tw 32g 4mm				
				Syringes	Needle accufine insulin pen 8mm 30g				
					Syringe insulin 1.0ml with 27g needle				
					Syringe insulin bd microfine 0.3ml 30g 8mm demi				
					Syringe insulin bd microfine 1ml 30g 8mm				
Syringe insulin bd microfine 1ml 9g 12.7mm									
Diabetes mellitus Type 2	R65	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg				
					Apex-Metformin 500mg				
					Austell-Metformin 500mg; 850mg				
					Bigsens 500mg; 850mg; 1000mg				
					Diamin 500mg; 850mg				
					Diaphage 500mg; 850mg; 1000mg				
					Gluconorm 500mg; 850mg				
					Metchek 500mg; 850mg				
					Metformin Alkem 500mg				
					Mylan Metformin 500mg; 850mg; 1000mg				
					Romidab 500mg; 850mg; 1000mg				
					Sandoz Metformin 500mg				
					Please note an overall monthly limit applies to Insulins across the different Insulin classes The overall monthly limit for Active and Focus Options is R700. The overall monthly limit for Core and Comprehensive Options is R720.				
					R460	R530	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra - cartridge 3ml
Insulin Human	Biosulin r - cartridge 3ml								
	Humulin r - cartridge 3ml; vial 10ml								
R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml; vial 10ml					
				Insulin Aspart	Novomix 30 - flexpen 3ml (Only Core and Comprehensive Options)				
					Insulin Human	Actraphane hm(ge) - vial 10ml (Only Core and Comprehensive Options)			
			Biosulin 30-70 - cartridge 3ml						
			Insulin Lispro	Humalog 30/70 - cartridge 3ml; kwikpen 3ml; vial 10ml					
				Humalog mix 25 - cartridge 3ml; vial 10ml					
				Humalog mix 25 - kwikpen 3ml (Only Core and Comprehensive Options)					
				Humalog mix 50 - cartridge 3ml					
				Humalog mix 50 - kwikpen 3ml (Only Core and Comprehensive Options)					
Humalog mix 50 - kwikpen 3ml (Only Core and Comprehensive Options)									
R435	R465	Anti-diabetic agents: Intermediate-acting Insulins	Insulin Human	Biosulin l - cartridge 3ml					
				Biosulin n - cartridge 3ml					
				Humulin n - cartridge 3ml; kwikpen 3ml; vial 10ml					

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R460	R555	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml (Not available on KeyPlus Option)
					Insulin Glargine
				Basaglar - pre-filled pen 3ml (Only Core and Comprehensive Options)	
				Optisulin - cartridge 3ml (Not available on KeyPlus Option)	
				Optisulin - pen 3ml (Only Core and Comprehensive Options)	
				Toujeo - pen 1.5ml (Only Core and Comprehensive Options)	
	R150	R150	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Adco-Glucomed 80mg
					Austell-Gliclazide 80mg
					Diagluclide 80mg
					Diagluclide MR 60mg
					Diaglumed 80mg
					Dyna Gliclazide SR 30mg
					Gliclazide Unicorn MR 30mg
					Glygard 80mg
					Mylan Gliclazide 80mg
					Sandoz Gliclazide 80mg
	R200	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Accord Pioglitazone 15mg; 30mg; 45mg
					Cipla-Pioglitazone 15mg; 30mg
	R30	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
					Myoprin 100mg
	R200	R280	Blood glucose monitoring agents	Glucose strips	Accu chek instant strip
					Caresens n glucose test strip 29g
					Freestyle strip optimum glucose test (Not available on KeyPlus Option)
					Strip accu check glucose active (Not available on KeyPlus Option)
					Test fora diamond blood glucose strip
					Test glucocheck (Not available on KeyPlus Option)
					Test strip blood glucose clicks bionime gs550
					Test strip glucose on call plus ez
					Test strip onetouch select (Not available on KeyPlus Option)
					Test strip onetouch select plus (Not available on KeyPlus Option)
R350	R350	Surgical item	Lancets	Lancet 50s	
				Lancet blood collection needle loris	
				Lancet fora collection needle sterile 30g	
				Lancet fora tender needle sterile 33g	
				Lancet oncall glucose	
				Lancet solus v2	
				Lancet unilet sterile 28g	
			Lancet unilet sterile 4cm x 6cm x 7.5cm 28g		
			Needles	Droplet pen needle 6mm 31g	
				Droplet pen needle 6mm 32g	
				Droplet pen needle 8mm 31g	
				Droplet pen needle 10mm 29g	
				Droplet pen needle 12mm 29g	
				Needle insulin pen bd microfine 30g 8mm	
Needle insulin pen bd microfine 31g 5mm					

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength					
Diabetes mellitus Type 2	R350	R350	Surgical item	Needles	Needle insulin pen bd microfine tw 32g 4mm Needle novofine					
				Syringes	Needle accufine insulin pen 8mm 30g					
					Syringe insulin 1.0ml with 27g needle					
					Syringe insulin bd microfine 0.3ml 30g 8mm demi					
					Syringe insulin bd microfine 1ml 30g 8mm					
					Syringe insulin bd microfine 1ml 9g 12.7mm					
Dysrhythmia	R620	R680	Anti-arrhythmics: class Ic	Flecainide	Tambacor 100mg Tambacor CR 100mg; 200mg					
				Propafenone	Rythmol 150mg; 300mg (Not available on KeyPlus Option)					
	R475	R475	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Arycor 100mg; 200mg Bio-Amiodarone 200mg Hexarone 100mg; 200mg					
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg					
	R30	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg Myoprin 100mg					
	R85	R200	Beta blocking agents: Non-selective	Propranolol	Inderal 10mg Indoblok 10mg; 40mg Purbloka 40mg					
				Sotalol	Sotahexal 80mg; 160mg					
	R75	R85	Beta blocking agents: Selective	Atenolol	B-Block 100mg Tenopress 50mg; 100mg Zetenol 50mg; 100mg					
	R25	R25	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg Lanoxin paediatric/geriatric syrup 0.05mg/1ml					
	R230	R320	Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg Verahexal SR 240mg					
	Epilepsy	R30	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Lethyl 30mg Sedabarb 30mg				
						R185	R285	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg Rivotril 0.5mg; 2mg
		R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine					Degranol 200mg Tegretol CR 200mg; 400mg Zeptol 200mg
						R490	R490	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg Convulex syrup 250mg/5ml Epilim crushable 100mg Epilim sugar-free syrup 200mg/5ml Epilazine CR 200mg; 300mg; 500mg Eprolep CR 200mg; 300mg; 500mg Navalpro CR 200mg; 300mg; 500mg Valeptic CR 300mg; 500mg
										R85
R325		R415	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg Epitec 25mg; 50mg; 100mg; 200mg Girotec 50mg; 100mg; 200mg Lamidus 50mg Lamitor 25mg; 50mg; 100mg; 200mg					
					Topiramate					Epitoz 25mg; 50mg; 100mg

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Epilepsy	R5	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
					Folic acid 0.5mg; 5mg	
					Gulf Folic acid 5mg	
Glaucoma	R230	R230	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%	
					Trusopt 5ml owi 2%	
	R235	R235	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 0.01%	
					Latanoprost	Atana 2.5ml 50mcg/1ml
						Spersatan 2.5ml 50mcg/1ml
						Xalatan 2.5ml 50mcg/1ml
	R240	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml	
					Brimoct 5ml 2mg/1ml	
	R100	R100	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Glaucosan 5ml 0.5%	
					Occumol 5ml 0.5%	
	R275	R275	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml	
					Co-Atana 2.5ml	
					Combigan 5ml 2mg/5mg	
					Cosopt 5ml 0.5%	
					Duotrav 2.5ml	
					Ganfort 3ml	
					Glauaide-co 5ml	
Glauopt co 5ml						
Xalacom 2.5ml						
Haemophilia	R5	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol 500mg	
					Adco-Prolief 500mg	
					Cetapon 500mg	
					Painogesic 500mg	
	R220	R220	Anti-fibrinolytics: Amino acids	Tranexamic acid	Tranexamic acid Medwich 500mg	
	R50 000	R50 000	Blood coagulation factors	Coagulation factor IX	Haemosolvex IX 500U	
					Octanine F vial 30ml 250U; 500U; 1000U	
				Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U	
					Octanate vial 5ml 250U	
	R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg	
Ddavn nasal spray 5ml 0.1mg/1ml						
Hyperlipidaemia	R290	R290	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg	
					Dyna-Bezafibrate SR 400mg	
					Sandoz Bezafibrate 400mg	
	R50	R55	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg	
					Aspavor 10mg; 20mg; 40mg; 80mg	
					Astor 10mg; 20mg; 40mg 80mg	
					Atolip 10mg; 20mg; 40mg; 80mg	
					Atorvastatin Unicorn 10mg; 20mg; 40mg	
					Lestavor 10mg; 20mg; 40mg; 80mg	
					Lipogen 10mg; 20mg; 40mg; 80mg	
					Vastor 10mg; 20mg; 40mg; 80mg	
				Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg	
					Aspen Simvastatin 10mg; 20mg; 40mg	
					Austell-Simvastatin 10mg; 20mg; 40mg	
					Choleste 20mg; 40mg	

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Hyperlipidaemia	R50	R55	Lipid modifying agents: Statins	Simvastatin	Cipla-Simvastatin 10mg; 20mg; 40mg	
					Zysim 10mg; 20mg	
Hypertension	R200	R200	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Coveram 5/5mg; 10/5mg; 5/10mg; 10/10mg (Only Core and Comprehensive Options)	
					R100	R115
	Pharmapress co 20/12.5mg					
	Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg				
		Lisinopril co Unicorn 10/12.5mg; 20/12.5mg				
	Lisoretic 10/12.5mg; 20/12.5mg					
	Lisozide 10/12.5mg; 20/12.5mg					
	Zestoretic 10/12.5mg; 20/12.5mg					
	Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Only Core and Comprehensive Options)				
		Ciplasyl Plus 4/1.25mg (Only Core and Comprehensive Options)				
		Circator Plus 4/1.25mg (Only Core and Comprehensive Options)				
		Pearinda Plus 4/1.25mg (Not available on KeyPlus Option)				
		Perindopril co Unicorn 4/1.25mg (Only Core and Comprehensive Options)				
		Prexum Plus 5/1.25mg (Not available on KeyPlus Option)				
		Vectoryl Plus 4/1.25mg (Only Core and Comprehensive Options)				
		R85	R100	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
						Mylan Captopril 25mg; 50mg
					Enalapril	Alapren 5mg; 10mg; 20mg
	Enalapril Biotech 5mg; 10mg; 20mg					
	Enalapril Unicorn 10mg; 20mg					
	Hypace 5mg					
	Lisinopril				Austell-Lisinopril 10mg; 20mg	
					Sinopren 5mg; 10mg; 20mg	
	Perindopril				Ciplasyl 4mg (Not available on KeyPlus Option)	
					Circator 4mg; 8mg (Only Core and Comprehensive Options)	
		Pearinda 4mg; 8mg (Only Core and Comprehensive Options)				
		Perindopril Unicorn 4mg; 8mg (Only Core and Comprehensive Options)				
Prexum 5mg; 10mg (Only Core and Comprehensive Options)						
Ran-Perindopril 4mg						
Reprex 4mg; 8mg						
Spec-Perindopril 4mg; 8mg (Only Core and Comprehensive Options)						
Vectoryl 8mg (Only Core and Comprehensive Options)						
Quinapril		Accumax 10mg; 20mg (Only Core and Comprehensive Options)				
R230		R260	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg	
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg	
	Carvetrend 6.25mg; 12.5mg; 25mg					
	Vediblok 6.25mg; 12.5mg; 25mg					

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R120	R120	Angiotensin II antagonists: Combinations	Losartan and diuretics	Losaar Plus 50/12.5mg; 100/25mg
					Netrasol co 50/12.5mg; 100/25mg
					Zartan co 100/25mg
				Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)
					Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)
	R85	R120	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg (Not available on KeyPlus Option)
					Losartan
				Ciplazar 100mg (Only Core and Comprehensive Options)	
					Zartan 100mg (Only Core and Comprehensive Options)
	R180	R180	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
	R170	R170	Anti-adrenergic agents: Methylodopa	Methylodopa	Hypotone 250mg Mylan Methylodopa 250mg
	R30	R30	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R100	R100	Arteriolar smooth muscle agents: Hydrazino-phthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
					Sandoz Hydralazine 25mg
	R85	R200	Beta blocking agents: Non-selective	Propranolol	Inderal 10mg
					Indoblok 10mg; 40mg
					Purbloka 40mg
	R75	R85	Beta blocking agents: Selective	Atenolol	B-Block 100mg
					Tenopress 50mg; 100mg
					Zetenol 50mg; 100mg
	R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
					Furobe 40mg
					Mylan Furosemide 40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
					Ridaq 12.5mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg
					Daptril 2.5mg
					Mylan Indapamide 2.5mg
	R120	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
					Sandoz Spironolactone 25mg
					Spiractin 25mg
	R105	R105	Potassium supplements	Potassium chloride	Plenish K 600mg Ultipot 600mg
	R230	R320	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg
Adco-Zildem SR 180mg; 240mg					
Verapamil				Vasomil 40mg; 80mg	
	Verahexal SR 240mg				
R100	R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg	
				Amtas 5mg; 10mg	
				Aprate 5mg; 10mg	
				Austell-Amlodipine 5mg; 10mg	
				Ciplavasc 5mg; 10mg	
				Gulf Amlodipine 5mg; 10mg	
				Lomanor 5mg; 10mg	
				Pendine 5mg; 10mg	

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R100	R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Pharma Dynamics Amlodipine besylate 5mg; 10mg
				Felodipine	Felodipine-Hexal 5mg; 10mg (Only Core and Comprehensive Options)
					Plendil 2.5mg; 5mg (Only Core and Comprehensive Options)
				Nifedipine	Cipalat Retard 20mg
Hypothyroidism	R45	R45	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg
Multiple sclerosis	R90	R90	Anti-depressants: Tricyclics	Amitriptyline	Gulf Amitriptyline 25mg
				Sandoz Amitriptyline 25mg	
				Trepiline 10mg	
	R215	R270	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg
					Oxyrest 5mg
	R7 700	R7 700	Interferons	Interferon beta-1a	Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
					Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
					Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml					
R1 250	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Bio-Baclofen 10mg	
				Teva Baclofen 10mg	
R15	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Parkinson's disease	R280	R280	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R700	R700	Dopamine agonists	Pramipexole	Mylan Pramipexole 0.125mg; 0.25mg; 1mg
					Pexasp 0.125mg; 0.25mg; 1mg
				Pramex 0.125mg; 0.25mg; 1mg	
				Ropinirole	Accord Ropinirole 0.25mg; 0.5mg; 1mg; 2mg; 5mg
	R280	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R680	R680	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Carbilev 25/100mg; 25/250mg
Teva Carbi-Levo 25/100mg; 25/250mg					
Rheumatoid arthritis	R65	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
					A-Lennon Diclofenac 25mg; 50mg
					Diclofenac Biotech 25mg
					Mylan Diclofenac 25mg; 50mg
					Panamor AT 50mg
				Indomethacin	Betacin 25mg
					Gulf Indomethacin 25mg
	Methocaps 25mg				
	R60	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
					Apex-Meloxicam 7.5mg
					Flexocam 7.5mg
					Medoxicam 7.5mg
					Zydus-Meloxicam 7.5mg
Piroxicam	Pyrocaps 20mg				
	Roxifen 20mg				
R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg	

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Rheumatoid arthritis	R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen FC	400mg
					Bren	400mg
					Ibucine	200mg; 400mg
					Ibunate	200mg
					Ibusor	200mg
				Naproxen	Mylan Naproxen	250mg
					Naproscrip	250mg
	R105	R105	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine	200mg
	R5	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
					Folic acid	0.5mg; 5mg
					Gulf Folic acid	5mg
	R810	R810	Intestinal anti-inflammatory agents: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin	500mg
					Salazopyrin EN	500mg
	R775	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg
					Azathioprine PCH	50mg
	R110	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate	2.5mg
					Methotrexate	2.5mg
R15	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg	
				Panafcort	5mg	
				Trolic	5mg	
Schizophrenia	R120	R160	Anti-depressants: SSRI's	Citalopram	Adco-Talomil	20mg
					Arrow Citalopram	40mg
					Cilate	20mg
					Recita	20mg
				Escitalopram	Accord Escitalopram	10mg; 20mg (Only Core and Comprehensive Options)
					Dolin	10mg; 20mg
					Marprem	20mg
					Zitolex	10mg; 20mg
					Fluoxetine	Deprozan
				Fluoxetine Actor		20mg
				Prolax		20mg
				Ranflocs		20mg
				Zydus-Fluoxetine		20mg
	Sertraline	Dyna Sertraline	50mg; 100mg			
		Serdep	50mg; 100mg (Only Core and Comprehensive Options)			
		Serlife	50mg; 100mg (Only Core and Comprehensive Options)			
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol	200mg
					Tegretol CR	200mg; 400mg
					Zeptol	200mg
	R615	R945	Anti-psychotics: Clozapine	Clozapine	Cloment	25mg; 100mg
R600	R600	Anti-psychotics: Olanzapine	Olanzapine	Olawin	5mg; 10mg	
				Olawin oradispersible	5mg; 10mg	
				Olexar	5mg; 10mg	
				Prexolan	5mg; 10mg	
				Prexolan ODT	5mg; 10mg	
				Redilanz	5mg; 10mg	
Zylena	5mg; 10mg					

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Schizophrenia	R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 100mg	
	R295	R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg	
					Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
					Psyquet 25mg; 100mg; 200mg; 300mg	
					Quetiapine Biotech 300mg	
					Serez 25mg; 100mg; 200mg; 300mg	
	R515	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
					Fluanxol depot 1ml 20mg	
					Zuclopenthixol	Clopixol 2mg; 10mg
	R350	R505	Other anti-psychotics	Aripiprazole	Arizofy 5mg; 10mg; 15mg	
					Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
						Rispacor 0.5mg; 1mg; 2mg; 3mg
						Rispevon 1mg; 2mg; 3mg; 4mg
						Rispide 0.5mg; 1mg; 2mg
	Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg					
Systemic lupus erythematosus (SLE)	R65	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg	
					A-Lennon Diclofenac 25mg; 50mg	
					Diclofenac Biotech 25mg	
					Mylan Diclofenac 25mg; 50mg	
					Panamor AT 50mg	
	Indomethacin	Betacin 25mg				
		Gulf Indomethacin 25mg				
		Methocaps 25mg				
	R60	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg	
					Apex-Meloxicam 7.5mg	
					Flexocam 7.5mg	
					Medoxicam 7.5mg	
					Zydus-Meloxicam 7.5mg	
	Piroxicam	Pyrocaps 20mg				
		Roxifen 20mg				
	R45	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg	
					Betaprofen FC 400mg	
					Bren 400mg	
					Ibucine 200mg; 400mg	
					Ibunate 200mg	
Ibusor 200mg						
Naproxen				Mylan Naproxen 250mg		
				Naproscrip 250mg		
R105	R105	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg		
R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg		
R30	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg		
				Myoprin 100mg		
R25	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp		
R5	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg		
				Folic acid 0.5mg; 5mg		
				Gulf Folic acid 5mg		

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R775	R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg
					Azathioprine PCH 50mg
	R110	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
					Methotrexate 2.5mg
	R15	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
					Trolic 5mg
	R25	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%
					Topivate cream 0.1%
					Vari-Betamethasone cream 0.1%
Ulcerative colitis	R5	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
					Folic acid 0.5mg; 5mg
					Gulf Folic acid 5mg
	R810	R810	Intestinal anti-inflammatory: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
					Mezavant 1200mg
					Pentasa 500mg; 1000mg
				Sulfasalazine	Salofalk 1000mg
					Salazopyrin 500mg
					Salazopyrin EN 500mg
	R1 940	R1 940	Intestinal anti-inflammatory: Corticosteroids	Budesonide	Entocord enema
	R775	R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg
					Azathioprine PCH 50mg
	R110	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
					Methotrexate 2.5mg
	R15	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg					
Trolic 5mg					

The CDL Enhanced medicine list for LA Health Medical Scheme (for all benefit options)

The CDA (Chronic Drug Amount) does not apply to the LA KeyPlus Benefit Option.

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Asthma	R250	R275	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Kulair 4mg; 5mg; 10mg (Only Core and Comprehensive Options)
					Lumont 4mg; 5mg; 10mg (Not available on KeyPlus Option)
					Monteflo 4mg; 5mg; 10mg (Only Core and Comprehensive Options)
					Montelukast Biotech 10mg (Only Core and Comprehensive Options)
					Montelukast chew Biotech 4mg; 5mg (Only Core and Comprehensive Options)
					Sintair 4mg; 5mg; 10mg (Only Core and Comprehensive Options)
					Topraz 4mg; 5mg; 10mg (Only Core and Comprehensive Options)
	R100	R100	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
					Clenil aqueous 200 dose 50mcg
					Fluticasone
				Flonase 120 dose 50mcg (Not available on KeyPlus Option)	
Chronic obstructive pulmonary disease (COPD)	R190	R190	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R410	R410	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R305	R305	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
					Symbicord turbohaler 60 dose 320/9mcg (Not available on KeyPlus Option)
					Symbicord turbohaler 120 dose 160/4.5mcg (Not available on KeyPlus Option)
					Vannair 120 dose 80/4.5mcg; 160/4.5mcg (Not available on KeyPlus Option)
	R305	R305	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg (Not available on KeyPlus Option)
	R545	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R430	R430	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R525	R525	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
	R355	R355	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250 (Not available on KeyPlus Option)
					Foxair accuhaler 60 dose 50/500 (Only Core and Comprehensive Options)
					Sereflo HFA 120 dose 25/50; 25/125; 25/250
Sereflo HFA synchrobreath 120 dose 25/50; 25/125; 25/250					
R355	R355	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg (Not available on KeyPlus Option)	
				Relvar ellipta 30 dose 184/22mcg (Only Core and Comprehensive Options)	

Chronic Disease List condition	CDA for LA Active and LA Focus Options	CDA for LA Core and LA Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R250	R250	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
					Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R230	R230	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Clopidogrel 75 Biotech 75mg
					Clopidogrel Unicorn 75mg
					Closolve 75mg
					Pharma Dynamics Clopidogrel 75mg
					Plagrol 75mg
					Zyklot 75mg
Diabetes mellitus Type 2	R685	R685	Anti-diabetic agents: Other, excluding Insulins: Exenatide	Exenatide	Byetta disposable pen 1.2ml 60 dose 5mcg/dose
	R150	R215	Dipeptidyl peptidase inhibitors: Saxagliptin	Saxagliptin	Byetta disposable pen 2.4ml 60 dose 10mcg/dose Onglyza 2.5mg; 5mg (Not available on KeyPlus Option)
Rheumatoid arthritis	R60	R280	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg (Only Core and Comprehensive Options)
					Coxleone 100mg; 200mg (Only Core and Comprehensive Options)
Systemic lupus erythematosus (SLE)	R60	R280	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg (Only Core and Comprehensive Options)
					Coxleone 100mg; 200mg (Only Core and Comprehensive Options)

Complaints process

You may lodge a complaint or query with LA Health Medical Scheme directly on **0860 103 933** or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the LA Health Medical Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / **0861 123 267** / complaints@medicalschemes.com / www.medicalschemes.com