ct to preauthorisation (member must call Discovery 911 for authorisation

ancer-related and certain trauma-related surgery, cleft-lip and palate repairs

GPS AND SPECIALISTS: PROVIDES FULL COVER AT GP/SPECIALIST PARTICIPATING IN PAYMENT ARRANGEMENT

Out-of-hospital trauma-related casualty visits for children when normal Day-to-day

rirtual paediatrician consultations for children aged 14 years and younger from a

etwork paediatrician consulted in the six months before the virtual consultation

HOSPITALISATION, THEATRE FEES, INTENSIVE AND HIGH-CARE UNIT COSTS

Second-opinion consultation obtained from specialists at the Cleveland Clinic

Out-of-hospital specialist visits in doctors rooms or virtual consultations

prophylaxis (rape or mother-to-child transmission) and all HIV or

lospital Benefit

xtended Day-to-day Benefit

Medical Savings Account

ubject to preauthorisation

Dentistry in-hospital

Dentistry out-of-hospita

Out-of-hospital GP visits

Benefits are exhausted

Out-of-network Benefit

ERNITY BENEFIT

Pregnancy scans

Diabetes Programme

Additional Chronic Conditions (ADL)

Specialised Medicine and Technology Benefit

Take-home medicine (when discharged from hospital)

Over-the-counter medicine (schedule 0, 1 and generic or non-generic, whether prescribed or not)

Prescribed/acute medicine

Blood tests

Private hospitals, subject to preauthorisation

ospital, subject to preauthorisation Baths for use during water births

Out-of-hospital GP and specialist consultation

asualty/outpatient Benefit (excluding facility fees)



cover and day-to-day medical expense benefits. It has a Designated Service Provider for in-hospital and out-of-hospital benefits, which is in the KeyCare network. Members must use a KeyCare network hospital for all non-emergency and other procedures otherwise no benefit will be allowed. Members must also use the services of GPS in the KeyCare

OVERALL ANNUAL LIMITS
Not applicable
No overall limit at all KeyCare network hospitals
Not applicable

BLOOD TRANSFUSIONS AND BLOOD PRODUCTS Paid from Major Medical Benefit; no overall limit

Paid from Major Medical Benefit; no overall limit

Not covered on this Option

lot applicable

SPECIALISED DENTISTR

BASIC DENTISTRY

overed with no overall benefit limit, subject to a list of procedures and performed by a lentist in the KevCare network

PS AND SPECIALISTS

overall limit in a network hospital. Specialists must be working in a KeyCare hospita

nember's elected GP working in the DSP network. Unscheduled emergency visits limited three visits per person per year at member's chosen GP

lot covered on this Option

imited to R3 570 per person, only if referred by the chosen KeyCare GP ncluding radiology and pathology done in KeyCare network) lot covered on this Option

aid from Major Medical Benefit to a maximum of 50% of the cost of the consultation

four out-of-network GP visits per person per year, selected blood tests, x-rays and acute medicine (subject to a formulary) requested by the pop-network GP.

Paid from Major Medical Benefit; no overall limit and subject to clinical entry criteria

HOSPITALISATION, THEATRE FEES, INTENSIVE AND HIGH-CARE UNIT COSTS

lo overall limit and paid from Major Medical Benefit for treatment authorised in a KeyCare etwork hospital. No benefit outside of the network for planned admissions

irst R300 paid by member at a casualty unit at any of the KeyCare network hospitals

MATERNITY BENEFIT

aid from Maior Medical Benefit subject to preauthorisation and certain clinical criteria Inlimited at GP working in the KeyCare network. Preauthorisation required after ne 15th GP visit per beneficiary per year. If authorisation not obtained, no further GP enefits except those for PMBs, will be paid. Specialist consultations limited to R3 570 er beneficiary per year. Gynaecology specialist visits further limited to four visits per person per year

One 2D scan per person per pregnancy

Selected blood tests per pregnancy (must be requested by a KeyCare GP)

e use of the Scheme's Designated Service Provider courier pharmacy. If the Designated ervice Provider courier pharmacy is not used, a co-payment applies lot covered on this Option

Not covered on this Option

overed with no overall limit from Designated Service Provider. Prescribed medicine only or acute and non-Prescribed Minimum Benefits chronic conditions, subject a formulary and only covered if prescribed by the member's chosen GP working

Not covered on this Option

Not covered on this Option

Limited to R140 per person per hospital event



This Option has a Major Medical Benefit for all in-hospital and large expenses and medicine for Prescribed Minimum Benefit Chronic Disease List conditions. It also pays for some day-to-day expenses from a Medical Savings Account. We will pay hospital costs in full at any LA Focus network hospital. These are all hospitals in a Province with a coastline and specific hospitals in the remaining South African Provinces. If you do not use he services of one of the network hospitals for planned procedures, you will have to pay a ortion of the costs from your own pocket (co-payment). All planned in-hospital procedures

VERALL ANNUAL LIMITS lo overall limit in LA Focus Network hospitals only Not applicable

LOOD TRANSFUSIONS AND BLOOD PRODUCTS

IN-HOSPITAL SPECIALISED DENTISTRY Hospital Older than 13 years R4 380

lospital and related accounts paid from Major Medical Benefit, up to 100% of the LA Health Rate. Basic dental services that form part of the specialised treatment, obtained from a Network Dentist, unlimited, subject to a list of procedures. Related non-hospital accounts (for non-Network dentists, anaeasthetists, etc) subject to a limit of R19 310 per

eductibles payable by the member from own pocket Younger than 13 years R1 730 Older than 13 years R4 380 Hospital Day Clinics Younger than 13 years R 850

Benefit, subject to a list of procedures. Related, non-hospital accounts (for non-Network dentists, anaesthetists, etc) paid from Medical Savings Account. OUT-OF-HOSPITAL SPECIALISED DENTISTRY

Basic services provided by a Network Dentist, included as part of the specialised dental care, unlimited and paid from the Major Medical Benefit, subject to a list of procedures. All other specialised dental care paid from the Medical Savings Account

by a dentist in the Network. One set of plastic dentures per person every four years, paid from Major Medical Benefit if obtained from a Network Dentist. If a non-Network dentist is

**GPS AND SPECIALISTS** 

wo trauma-related casualty visits for children aged 10 and under, paid from Major Medical Benefit once the Medical Savings Account has been depleted. Includes cost of the emergency casualty consultation, facility fees and consumables

Paid from Medical Savings Account

Paid from Major Medical Benefit once the Medical Savings Account is depleted, subject to clinical criteria Paid from Major Medical Benefit to a maximum of 50% of the cost of the consultation.

Subject to preauthorisation Not applicable

om Major Medical Benefit; no overall limit and subject to clinical entry criteria

HOSPITALS

OSPITALISATION, THEATRE FEES, INTENSIVE AND HIGH-CARE UNIT COSTS Paid from Major Medical Benefit; no overall limit

Paid from Major Medical Benefit; no overall limit

Paid from and limited to funds in Medical Savings Account

MATERNITY BENEFIT

Not covered on this Option

imited to funds in Medical Savings Account

Limited to funds in Medical Savings Account (except Prescribed Minimum Benefits)

n a formulary and subject to approval. The Scheme only pays up to a Chronic Drug mount if non-formulary medicine is used

enefits for persons registered on the Chronic Illness Benefit for diabetes, registered by the Scheme's Designated Service Provider for GP related services. These benefits are paid from the Major Medical Benefit in addition to the normal PMB CDL benefits, baskets of care and clinical criteria

Not covered on this Option

imited to funds in Medical Savings Account and paid at 100% of the LA Health Medicine Rate for medicine on the preferred list of medicine and at 90% of the Medicine Rate for

Not covered on this Option

imited to funds in Medical Savings Account up to 100% of the cost

imited to funds in Medical Savings Account and paid at 100% of the LA Health Medicine rate for medicine on the preferred list of medicine and at 90% of the Medicine Rate for medicine on the non-preferred medicine list



nis Option has a Major Medical Benefit for all in-hospital and large expenses as well as for Prescribed Minimum Benefit Chronic Disease List cover. It also pays for some day-to-day expenses from a Medical Savings Account. Further cover for specific sciplines is provided through the Extended Day-to-day Benefit (GPS, specialists ntists, acute medicine, radiology, pathology and optical benefits). All planned in-hospital ocedures must be preauthorised

lot applicable lo overall limit R 816 34 092 R2 856

aid from Maior Medical Benefit: no overall limit

BLOOD TRANSFUSIONS AND BLOOD PRODUCTS

aid from Major Medical Benefit; no overall limit

aid from Major Medical Benefit; no overall limit

IN-HOSPITAL SPECIALISED DENTISTRY

payable by the member from own pocket Younger than 13 years Hospital Older than 13 years R4 380

Hospital and related accounts paid from Major Medical Benefit, up to 100% of the A Health Rate. Related accounts (for dentists, anaesthetists, etc) subject to a limit R19 310 per person per year

IN-HOSPITAL BASIC DENTISTRY le by the member from own pocket
Younger than 13 years R1 730 Hospital

Older than 13 years R4 380 Younger than 13 years R 850 Older than 13 years R2 880 Day Clinics ospital and related accounts paid from Major Medical Benefit, up to 100% of the

LA Health Rate. Related accounts (for dentists, anaesthetists, etc) paid from funds available in Medical Savings Account and the Extended Day-to-day Benefit

**OUT-OF-HOSPITAL SPECIALISED DENTISTRY** aid from and limited to funds in Medical Savings Account and Extended Day-to-day

OUT-OF-HOSPITAL BASIC DENTISTRY

First R3 130 per family per year paid from Major Medical Benefit. Thereafter paid from and limited to funds in Medical Savings Account and Extended Day-to-day Benefit

GPS AND SPECIALISTS

aid up to 100% of the LA Health Rate from Major Medical Benefit. No overall limit aid from Medical Savings Account/Extended Day-to-day Benefit

o trauma-related casualty visits for children aged 10 and under, paid from Major Medical Benefit once the Medical Savings Account and Extended Day-to-day Benefits re depleted. Includes the cost of the emergency casualty consultation, facility fees and

aid from Medical Savings Account/Extended Day-to-day Benefit

aid from Major Medical Benefit once the Medical Savings Account and Extended Day-to-day Benefit are depleted, subject to clinical criteria aid from Major Medical Benefit to a maximum of 50% of the cost of the consultation. Subject to preauthorisation

Not applicable

aid from Major Medical Benefit; no overall limit and subject to clinical entry criteria and ertain HIV*Care* Programme protocols

HOSPITALISATION, THEATRE FEES, INTENSIVE AND HIGH-CARE UNIT COSTS

Paid from Major Medical Benefit; no overall limit

aid from and limited to funds in Medical Savings Account

ATERNITY BENEFIT

mited to funds in Medical Savings Account/Extended Day-to-day Benefit

Limited to funds in Medical Savings Account (except Prescribed Minimum Benefits)

Il Prescribed Minimum Benefits Chronic Disease List conditions covered based on a ormulary and subject to approval. The Scheme only pays up to a Chronic Drug Amount if non-formulary medicine is used

enefits for persons registered on the Chronic Illness Benefit for diabetes, registered by ne Scheme's Designated Service Provider for GP related services. These benefits are paid om the Major Medical Benefit in addition to the normal PMB CDL benefits, baskets of care and clinical criteria

Not covered on this Option

t 100% of the LA Health Medicine Rate for medicine on the preferred list of medicine and t 90% of the Medicine Rate for medicine on the non-preferred medicine list

Not covered on this Option

imited to funds in Medical Savings Account/Extended Day-to-day Benefit up to 100% of

Health Medicine Rate for medicine on the preferred list of medicine and at 90% of the Medicine Rate for medicine on the non-preferred medicine list



This Option has a Major Medical Benefit for all in-hospital and large expenses. It provides cover for the Prescribed Minimum Benefit Chronic Disease List medicine as well as for several Additional Chronic conditions. It pays for some day-to-day expenses from a Medical Savings Account, with further cover for specific disciplines through the Extended Day-to-day Benefit (GPS, specialists, dentists, acute medicine, radiology, pathology and optical benefits). All planned in-hospital procedures must be preauthorised

Child R1 464

R5 436

Not applicable

R3 792 Member R7 680

Paid from Major Medical Benefit; no overall limit

Paid from Major Medical Benefit; no overall limit

Paid from Major Medical Benefit; no overall limit

IN-HOSPITAL SPECIALISED DENTISTRY Deductibles payable by the member from own pocket Hospital Younger than 13 years R1 730 Hospital Older than 13 years R4 380

Hospital and related accounts paid from Major Medical Benefit, up to 100% of the A Health Rate. Related accounts (for dentists, anaesthetists, etc) subject to a limit of R25 530 per person per year IN-HOSPITAL BASIC DENTISTRY

Deductibles payable by the member from own pocket Hospital Younger than 13 years R1 730 Older than 13 years

Hospital and related accounts paid from Major Medical Benefit, up to 100% of the LA Health Rate. Related accounts (for dentists, anaesthetists, etc) paid from available in Medical Savings Account and the Extended Day-to-day Benefit

OUT-OF-HOSPITAL SPECIALISED DENTISTRY Paid from and limited to funds in Medical Savings Account and Extended Day-to-day

**OUT-OF-HOSPITAL BASIC DENTISTRY** 

Paid from and limited to funds in Medical Savings Account and Extended Day-to-day

Paid up to 100% of the LA Health Rate from Major Medical Benefit. No overall limit Paid from Medical Savings Account/Extended Day-to-day Benefit

wo trauma-related casualty visits for children aged 10 and under, paid from Major Medical Benefit once the Medical Savings Account and Extended Day-to-day Benefits are depleted. Includes the cost of the emergency casualty consultation, facility fees

Paid from Major Medical Benefit once the Medical Savings Account and Extended Day-to-day Benefit are depleted, subject to clinical criteria Paid from Major Medical Benefit to a maximum of 50% of the cost of the consultation.

Paid from Medical Savings Account/Extended Dav-to-day Benefit

Subject to preauthorisation Not applicable

Paid from Major Medical Benefit; no overall limit and subject to clinical entry criteria and

ertain HIV*Care* Programme protocols

HOSPITALISATION, THEATRE FEES, INTENSIVE AND HIGH-CARE UNIT COSTS

Paid from Major Medical Benefit; no overall limit Paid from Major Medical Benefit; no overall limit

Paid from and limited to funds in Medical Savings Account

Paid from Major Medical Benefit; no overall limit

Not covered on this Option Limited to funds in Medical Savings Account/Extended Day-to-day Benefit

Limited to funds in Medical Savings Account (except Prescribed Minimum Benefits)

Limited to funds in Medical Savings Account

All Prescribed Minimum Benefits Chronic Disease List conditions covered based on a formulary, subject to approval. The Scheme only pays up to a Chronic Drug Amount if non-formulary medicine is used

Benefits for persons registered on the Chronic Illness Benefit for diabetes, registered by the Scheme's Designated Service Provider for GP related services. These benefits are paid from the Major Medical Benefit in addition to the normal PMB CDL benefits, baskets of care and clinical criteria

Paid up to a Chronic Drug Amount. Limited to:



Limited to funds in Medical Savings Account/Extended Day-to-day Benefit and paid at 100% of the LA Health Medicine Rate for medicine on the preferred list of medicine and at 90% of the Medicine Rate for medicine on the non-preferred medicine list

Not covered on this Option

Limited to funds in Medical Savings Account/Extended Day-to-day Benefit up to 100% of

Limited to funds in Medical Savings Account/Extended Day-to-day Benefit and paid at 100% of the LA Health Medicine Rate for medicine on the preferred list of medicine and at 90% of the Medicine Rate for medicine on the non-preferred medicine list



BLOOD TRANSFUSIONS AND BLOOD PRODUCTS

N-HOSPITAL SPECIALISED DENTISTRY

R25 530 per person per year

IN-HOSPITAL BASIC DENTISTRY

OUT-OF-HOSPITAL SPECIALISED DENTISTRY

OUT-OF-HOSPITAL BASIC DENTISTRY

GPS AND SPECIALISTS

Subject to preauthorisation

Not applicable

HOSPITALS

MATERNITY BENEFIT

Not covered on this Option

on-formulary medicine is used

Hospital

Day Clinics

Hospital

Day Clinics

nis Option has a Major Medical Benefit for all in-hospital and large expenses This option has a wagor welcar be right to fair in right spirit and range expenses. It provides cover for the Prescribed Minimum Benefit Chronic Disease List medicine, as well as for several Additional Chronic conditions. It pays for some day-to-day expenses om a Medical Savings Account, with further cover through the Above Threshold Benefit. most disciplines, subject to applicable limits. All planned in-hospital procedures

## Spouse/adult R9 624 overall lim Not applicable

by the member from own pocket for all specialised dentistry

Younger than 13 years R1 730 Older than 13 years R4 380 Younger than 13 years R 850

dospital and related accounts paid from Major Medical Benefit, up to 100% of the A Health Rate. Related accounts (for dentists, anaesthetists, etc) subject to a limit

Younger than 13 years R1 730 Older than 13 years R4 380 Younger than 13 years R 850

ospital and related accounts paid from Major Medical Benefit, up to 100% of the A Health Rate. Related accounts (for dentists, anaesthetists, etc) paid from funds

vailable in Medical Savings Account and Above Threshold Benefit subject to joint limit of

Paid from and limited to funds in Medical Savings Account and Above Threshold Benefit, subject to a joint limit of R25 530 per person per year for specialised dentistry, performed

aid from and limited to funds in Medical Savings Account and Above Threshold Benefit,

o trauma-related casualty visits for children aged 10 and under, paid from Major Medical

Benefit once Medical Savings Account is depleted and before the Threshold is reached. Includes the cost of the emergency casualty consultation, facility fees and consumables

Paid from Major Medical Benefit once the Medical Savings Account is depleted and before

Paid from Major Medical Benefit to a maximum of 50% of the cost of the consultation.

d from Major Medical Benefit; no overall limit and subject to clinical entry criteria

HOSPITALISATION, THEATRE FEES, INTENSIVE AND HIGH-CARE UNIT COSTS

limited to the cost of two 2D scans per pregnancy and paid from Medical Savings

Prescribed Minimum Benefits Chronic Disease List conditions covered based on a nulary, subject to approval. The Scheme only pays up to a Chronic Drug Amount if

nefits for persons registered on the Chronic Illness Benefit for diabetes, who have been

gistered by the Scheme's Designated Service Provider for GP related services. These enefits are paid from the Major Medical Benefit in addition to the normal PMB

Paid at 100% of the LA Health Medicine Rate for medicine that is on the Scheme's

referred list of medicine or at 90% for medicine that is not on the preferred list from the ledical Savings Account or Above Threshold Benefit, limited to:

Additional cover up to R228 000 per person per year, subject to clinical entry criteria and authorisation. Members pay a variable co-payment of up to 20% based on the condition

imited to funds in Medical Savings Account, paid up to 100% of the cost

imited to funds in Medical Savings Account/Above Threshold Benefit and paid

at 100% of the LA Health Medicine Rate for medicine on the preferred list of medicine and at 90% of the Medicine Rate for medicine on the non-preferred medicine list

ubject to a joint limit of R13 190 per person per year for basic dentistry, performed in- or

Older than 13 years

Older than 13 years

aid from Medical Savings Account/Above Threshold Benefit

Paid from Medical Savings Account/Above Threshold Benefit

Paid from Major Medical Benefit; no overall limit

Paid from Major Medical Benefit; no overall limit

d from Major Medical Benefit; no overall limit

Paid from and limited to funds in Medical Savings Account

aid from Medical Savings Account/Above Threshold Benefit

aid from Medical Savings Account/Above Threshold Benefit

CDL benefits, baskets of care and clinical criteria

(+3) R12 155 (+4) R13 170 (5+) R14 475

M R8 590 (+1) R10 985 (+2) R13 240

Paid up to a Chronic Drug Amount, Limited to: M R4 590 (+1) R9 235 (+2) R10 695

+3 R15 280 +4 R17 460

nd the medicine used

IN-HOSPITAL BASIC DENTISTRY

Basic dental services obtained from a Network Dentist, unlimited from Major Medical

OUT-OF-HOSPITAL BASIC DENTISTRY llimited and paid from Major Medical Benefit, subject to a list of procedures, if performed

Paid from Medical Savings Account

aid from Major Medical Benefit; no overall limit

lot covered on this Option

nited to funds in Medical Savings Account/Extended Day-to-day Benefit and paid

mited to funds in Medical Savings Account/Extended Day-to-day Benefit at 100% of the LA



## OPTION COMPARISON

An overview of the LA Health Benefit Options and what they offer, to help you to decide what would suit your needs best.











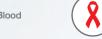














from Medical Savings Account/Above Threshold Benefit, Limited to R16 500 pe

vered from benefits in the Oncology Programme. No overall limit in a 12-month cycle, bject to approval of a treatment plan, paid up to the LA Health Rate. All claims accumulate

a threshold of R456 000. A 20% co-payment applies after this. Prescribed Minimum

No overall limit in a 12-month cycle. Must obtain benefits at the Scheme's Designated

lo overall limit at the Designated Service Provider, subject to registration on the Oncology Programme. Limited to R1 million, if Designated Service Provider is not used

Paid from Major Medical Benefit Subject to a basket of care and registration on the Oncology Management Programme by

aid from Medical Savings Account/Above Threshold Benefit up to a limit of R3 920 per

d up to a limit of R9 620 per family from Medical Savings Account or Above Threshold Benefit

imited to funds in the Medical Savings Account or Above Threshold Benefit

Limited to funds in the Medical Savings Account or Above Threshold Benefit

vice Provider, subject to preauthorisation. A co-payment of R3 080 will apply

efits-related oncology care is paid in full without any co-payments

MENTAL HEALTH

OTHER SERVICES

DRGAN TRANSPLANTS

PATHOLOGY AND RADIOLOGY

OUT-OF-HOSPITAL

ROSTHESES

Paid from Major Medical Benefit; no overall limit

Paid from Major Medical Benefit; no overall limit

Paid from Major Medical Benefit: no overall limit

Paid from Major Medical Benefit; no overall limit

Paid from Major Medical Benefit; no overall limit

nly one procedure per year will be authorised

nd covered from Major Medical Benefit

neme's contracted providers is used

EXTERNAL MEDICAL ITEMS

PREVENTIVE CARE

RENAL CARE

SUBSTANCE ABUSE

External Medical

Hearing Aids

Prosthetic limbs

R5 946

with no further access

to the external medical

aid from Major Medical Benefit subject to preauthorisation

Paid from Medical Savings Account/Above Threshold Benefi

aid from Major Medical Benefit up to R207 000 per person per year

nlimited and paid from Major Medical Benefit if obtained from Designated

f the Scheme's DSP is not used, limited to R25 500 per level, with an overall limit

nlimited and paid from the Major Medical Benefit if obtained from the Scheme's Preferred

ovider. A limit of R40 000 per prosthesis will apply if the Preferred Provider is not used

imited to R25 050 per family with a sub-limit of R16 750 per family for hearing aids.

me time or a flu vaccination. Payable from Major Medical Benefit only if one of the

the prostate-specific antigen test per person per year, paid from Major Medical Benefit. consultations, other related costs and procedures paid from Medical Savings Account/

R65 per qualifying child per year for one or all of the listed screening tests, if performed tt the same time. Paid from Major Medical Benefit only if one of the Scheme's contract

o overall limit. Benefits subject to a treatment plan and use of the Scheme's Designated

I from the Major Medical Benefit up to 100% of the LA Health Rate per family up to the

Allied and therapeutic healthcare services R15 650 (1) R21 200 (3) R25 900 (3) R30 000

Prescribed Medicine M R17 200 1 R20 850 3 R25 150 3+ R27 450

Benefits are paid according to general Rules applicable to this Benefit Option in terms of Designated Service Providers and clinical entry criteria

dependant

R4 323

R1 441

R39 400

ervice Provider. Co-payments will apply if the Designated Service Provider is not used

gible persons have access to one specific approved pneumococcal vaccine per lifetime

mited to one Pap smear every three years, one mammogram every two years ar

tended Day-to-day Benefit, unless it is a Prescribed Minimum Benefit

overall limit. Benefits subject to approval of treatment plan

RMINAL CARE BENEFIT (EXCLUDING FRAIL CARE)

following limits for the benefits listed below:

LA COMPREHENSIVE: TOTAL CONTRIBUTIONS

R4 541

ONCOLOGY (CANCER-RELATED CARE)

the Designated Service Provider is not used

vered from benefits in the Oncology Programme

## MENTAL HEALTH ychologists, psychiatrists, art therapy and social workers; alcohol and drug ONCOLOGY (CANCER-RELATED CARE)

PET scans Brachytherapy treatment for prostate cancer (PMB) Stem cell transplants

Advanced Illness Benefit for patients with end-of-life stage cancer but-of-hospital

Spectacles, frames, contact lenses and refractive eye surgery

IN-HOSPITAL uxillary services (p therapy, occupational therapy, audiology, psychology, etc OUT-OF-HOSPITAL

Auxillary services (physiotherapy, occupational therapy, audiology, psychology, etc) Alternative healthcare practitioners (chiropodists, homeopaths, naturopaths and

PATHOLOGY AND RADIOLOGY

MRI and CT scans, including ultrasounds: Must be referred by specialist and subject adiology (x-rays) and pathology subject to preauthorisatior Endoscopic procedures: Gastroscopy, colonoscopy, sigmoidoscopy and proctoscopy, OUT-OF-HOSPITAL

MRI and CT scans, subject to preauthorisation Radiology, (including x-rays and ultrasounds) and pathology

ndoscopic procedures: Gastroscopy, colonoscopy, sigmoidoscopy and proctoscopy

INTERNAL PROSTHESES Cochlear implants, implantable defibrillators, internal nerve stimulators and auditory brain Spinal devices/pro

lip, knee and shoulder prostheses Other internal prostheses (subject to clinical protocols) EXTERNAL MEDICAL ITEMS Oxygen rental Crutches, wheelchairs, artificial limbs, stoma bags, etc

PREVENTIVE CARE nacy screening benefit at a network pharmacy: blood glucose, esterol and body mass index (BMI) or one flu vaccination

Screening Benefit at other providers: Mammogram, Pap smear and prostate-specific

Screening Benefit for children between the ages of 2 and 18 Body Mass Index, including counseling if necessary, basic hearing and dental screenings; estone tracking for children between the ages of 2 and 8 years old

Acute and chronic dialysis Dialysis and other renal care-related treatment and educational care

BSTANCE ABUSE

he benefit is paid up to the end of the year following the one in which the traumatic

Remember: If you get a subsidy, you will only have to pay a portion of this you will have to calculate it based on your subsidy level

MENTAL HEALTH

**KEYPLUS** 

1 days per person, paid from Major Medical Benefit sychiatrists only. Cover subject to R3 570 Specialist Benefi

ONCOLOGY (CANCER-RELATED CARE)

nemo- and radiotherapy provided by an oncologist in the KeyCare network, paid to e Major Medical Benefit at 100% of the LA Health Rate, subject to the Prescribed inimum Benefits protocols. If the services of a non-network Oncologist is used

Only at the KeyCare Oncology Network, subject to strict protocols

Covered from Major Medical Benefit from Network Hospital identified by the Scheme overed from Major Medical Benefit if obtained from a state hospital or the Scheme's esignated Service Provider, subject to Prescribed Minimum Benefit requirements nd clinical protocols

Paid from Major Medical Benefit ubject to a basket of care and registration on the Oncology Management Programme by

ne eye test per person per year at an optometrist in the KeyCare optometry network

One pair of clear mono- or bi-focal glasses or contact lenses per person every two years

THER SERVICES aid from Maior Medical Benefit

Not covered on this Option

Inlimited. Only at a state hospital subject to strict clinical entry criteria and

PATHOLOGY AND RADIOLOGY

IN-HOSPITAL

overed subject to a preauthorised event and scan related to the hospital admission, only

aid from Major Medical Benefit; no overall limit at a KeyCare network hospital Covered with no overall limit in a KeyCare hospital, if referred by a specialist

overed with no overall limit at a day-care facility subject to preauthorisation

Covered by Specialist Benefit up to R3 570, if referred by specialist

aid according to a list of procedure codes, subject to PMBs and only if requested ber's chosen KeyCare GP. Requests from specialists covered p to the R3 570 specialist limit

INTERNAL PROSTHESES lot covered on this Option

Covered in full at the Scheme's Designated Service Provider. Subject to preauthorisation

Not covered on this Option

Paid from Major Medical Benefit subject to preauthorisation EXTERNAL MEDICAL ITEMS overed in full at the Scheme's Designated Service Provider. If the Designated Service

Provider is not used, no benefit will be payable

Mobility benefits: R5 200 per family from the Scheme's Designated Service Provider. If the Designated Service Provider is not used, then no benefit will be payable

R180 per person per year for one or all of the listed screening tests, if performed at the same time or a flu vaccination. Payable from Major Medical Benefit only if one

of the Scheme's contracted providers is used

lot covered on this Option

ligible persons have access to one specific approved pneumococcal vaccine aid from Major Medical Benefit only if Scheme's Designated Service Provider is used

verall limit of R65 per qualifying beneficiary for a single or basket of these tests.

Cover for chronic dialysis only. Covered at DSP, National Renal Care. Co-payments will apply if the network is not used

ot covered on this Option

aid from the Major Medical Benefit up to 100% of the LA Health Rate per family up to the following limits for the benefits listed below:

Allied and therapeutic

M R 6 250 1 R 9 450 3 R11 750 3 R14 150 nealthcare services External Medical R26 450 Hearing Aids R13 000 Prescribed Medicine M R12 250 1 R14 500 3 R17 150 3+ R20 850 with no further acces to the external medical

Benefits are paid according to general Rules applicable to this Benefit Option in terms of Designated Service Providers and clinical entry criteria

Adult dependant dependants R0 – R7 700 R 975 R7 701 – R10 600 R1 030 R10 601 + R1 549 R 852 R 900 R1 379 R 357 R1 071 R 376 R1 128 R 579 R1 737 R10 601 +

MENTAL HEALTH

mited to funds in the Medical Savings Account

ONCOLOGY (CANCER-RELATED CARE)

ect to approval of a treatment plan, paid up to the LA Health Rate. All claims accumulate threshold of R228 000. A 20% co-payment applies after this. Prescribed Minimum o overall limit in a 12-month cycle. Must obtain benefits at the Scheme's Designated

the Designated Service Provider is not used vered from benefits in the Oncology Programme lo overall limit at the Designated Service Provider, subject to registration on the Oncology trogramme. Limited to R1 million, if Designated Service Provider is not used

rvice Provider, subject to preauthorisation. A co-payment of R3 080 will apply

aid from Major Medical Benefit ubject to a basket of care and registration on the Oncology Management Programme by

nited to funds in Medical Savings Account

THER SERVICES

mited to funds in the Medical Savings Account

imited to funds in the Medical Savings Account

to funds in the Medical Savings Account

ORGAN TRANSPLANTS

PATHOLOGY AND RADIOLOGY

aid from Major Medical Benefit; no overall limit

aid from Major Medical Benefit; no overall limit

First R2 400 of Hospital account paid from Medical Savings Account. emainder of scope account paid from Major Medical Benefit. Related accounts paid from nd limited to funds in Medical Savings Account OUT-OF-HOSPITAL

First R2 400 of the scan paid from and limited to funds in Medical Savings Account. Remainder of the account is paid from Major Medical Benefit Paid from Medical Savings Account

aid from Major Medical Benefit. Unlimited

ROSTHESES

aid from Major Medical Benefit up to R207 000 per person per year

nlimited and paid from the Major Medical Benefit if obtained from Designated

the Scheme's DSP is not used. limited to R25 500 per level, with an overall limit nly one procedure per year will be authorised

nlimited and paid from the Major Medical Benefit if obtained from the Scheme's Preferred rovider. A limit of R40 000 per prosthesis will apply if the Preferred Provider is not used aid from Major Medical Benefit subject to preauthorisation

EXTERNAL MEDICAL ITEMS nd covered from Major Medical Benefit

mited to funds in Medical Savings Account

PREVENTIVE CARE

a flu vaccination. Payable from Major Medical Benefit only if one of the Scheme's

tracted providers is used nited to one Pap smear every three years, one mammogram every two years and e prostate-specific antigen test per person per year, paid from Major Medical Benefit. onsultations, other related costs and procedures paid from Medical Savings Account,

nless it is a Prescribed Minimum Benefit gible persons have access to one specific approved pneumococcal vaccine per lifetime

165 per qualifying child per year for one or all the listed screening tests, if performed at ne same time. Payable from Major Medical Benefit only if one of the Scheme's contracted

RENAL CARE

overall limit. Benefits subject to approval of treatment plan

o overall limit. Benefits subject to a treatment plan and use of the Scheme's Designated ervice Provider. Co-payments will apply if the Designated Service Provider is not used

UBSTANCE ABUSE

MINAL CARE BENEFIT (EXCLUDING FRAIL CARE)

id from the Major Medical Benefit up to 100% of the LA Health Rate per family up to the ollowing limits for the benefits listed below:

Allied and therapeutic healthcare services M R 6 250 (1) R9 450 (3) R11 750 (3+) R14 150 External Medical R26 450 Hearing Aids Prescribed Medicine M R12 250 1 R14 500 3 R17 150 3+ R20 850 (with no further access to the external medical

Benefits are paid according to general Rules applicable to this Benefit Option in terms of

0					
LA FOCUS: TOTAL CONTRIBUTIONS					
Member	Adult	Child dependant	Maximum for 3 child dependants		
R2 039	R1 317	R 600	R1 800		

MENTAL HEALTH

days per person, paid from Major Medical Benefit

mited to funds in the Medical Savings Account

ONCOLOGY (CANCER-RELATED CARE)

pject to approval of a treatment plan, paid up to the LA Health Rate. All claims accumulate a threshold of R228 000, A 20% co-payment applies after this, Prescribed Minimum

rvice Provider, subject to preauthorisation. A co-payment of R3 080 will apply ne Designated Service Provider is not used vered from benefits in the Oncology Programme

o overall limit in a 12-month cycle. Must obtain benefits at the Scheme's Designated

o overall limit at the Designated Service Provider, subject to registration on the Oncology rogramme. Limited to R1 million, if Designated Service Provider is not used

Paid from Major Medical Benefit Subject to a basket of care and registration on the Oncology Management Programme by

mited to funds in Medical Savings Account/Extended Day-to-day Benefit

mited to funds in Medical Savings Account/Extended Day-to-day Benefit

THER SERVICES Paid from Maior Medical Benefit

mited to funds in the Medical Savings Account Limited to funds in the Medical Savings Accoun

nited to funds in the Medical Savings Account

PATHOLOGY AND RADIOLOGY N-HOSPITAL

RGAN TRANSPLANTS

Paid from Major Medical Benefit; no overall limit

aid from Major Medical Benefit; no overall limi rst R2 400 of Hospital account paid from Medical Savings. Remainder of scope account aid from Major Medical Benefit. Related accounts paid from and limited to funds in dical Savings Account/Extended Day-to-day Benefit

OUT-OF-HOSPITAL First R2 400 of the scan paid from and limited to funds in Medical Savings Account. Remainder of the account is paid from Major Medical Benefit

Paid from Major Medical Benefit. Unlimited

Paid from Medical Savings Account/Extended Day-to-day Benefi

NTERNAL PROSTHESES

Paid from Major Medical Benefit up to R207 000 per person per year

nlimited and paid from the Major Medical Benefit, if obtained from Designated

f the Scheme's DSP is not used, limited to R25 500 per level, with an overall limit of R51 000 for two or more levels Only one procedure per year will be authorised nlimited and paid from the Major Medical Benefit if obtained from the Scheme's Preferred

ovider. A limit of R40 000 per prosthesis will apply if the Preferred Pro aid from Major Medical Benefit subject to preauthorisation EXTERNAL MEDICAL ITEMS

overed in full at the Scheme's Designated Service Provider. Subject to preauthorisation d covered from Major Medical Benefit nited to funds in Medical Savings Account

PREVENTIVE CARE

80 per person per year for one or all of the listed screening tests, if performed at the ame time or a flu vaccination. Payable from Major Medical Benefit only if one of the

neme's contracted providers is used nited to one Pap smear every three years, one mammogram every two years and e prostate-specific antigen test per person per year, paid from Major Medical Benefit. onsultations, other related costs and procedures paid from Medical Savings Account, less it is a Prescribed Minimum Benefit

gible persons have access to one specific approved pneumococcal vaccine per lifetime id from Major Medical Benefit

R65 per qualifying child per year for one or all of the listed screening tests, if performed tt the same time. Paid from Major Medical Benefit only if one of the Scheme's contracter

RENAL CARE

R2 440

No overall limit. Benefits subject to approval of treatment plan

o overall limit. Benefits subject to approval of treatment plan and use of the Scheme's signated Service Provider, Co-payments will apply if the Designated Service Provider is

BSTANCE ABUSE

RMINAL CARE BENEFIT (EXCLUDING FRAIL CARE)

aid from the Major Medical Benefit up to 100% of the LA Health Rate per family up to the following limits for the benefits listed below:

Allied and therapeutic Realthcare services R 6 250 R 9 450 R R11 750 R R14 150 External Medical R26 450 Items: Hearing Aids R13 000 Prescribed Medicine M R12 250 1 R14 500 3 R17 150 3+ R20 850 Prosthetic limbs (with no further acces to the external medical

Benefits are paid according to general Rules applicable to this Benefit Option in terms of LA ACTIVE: TOTAL CONTRIBUTIONS

Child dependant for 3 child dependants R1 640 R 809 R2 427

21 days per person, paid from Major Medical Benefit Limited to funds in the Medical Savings Account

Covered from benefits in the Oncology Programme. No overall limit in a 12-month cycle subject to approval of a treatment plan, paid up to the LA Health Rate. All claims accumulate a threshold of R456 000. A 20% co-payment applies after this, Prescribed Minimum Benefits-related oncology care is paid in full without any co-payments No overall limit in a 12-month cycle. Must obtain benefits at the Scheme's De

Service Provider, subject to preauthorisation. A co-payment of R3 080 will apply if the Covered from benefits in the Oncology Programme

No overall limit at the Designated Service Provider, subject to registration on the Oncology Programme. Limited to R1 million, if Designated Service Provider is not used

Paid from Major Medical Benefit Subject to a basket of care and registration on the Oncology Management Programme by the treating doctor

imited to funds in Medical Savings Account/Extended Day-to-day Benefit

Limited to funds in Medical Savings Account/Extended Day-to-day Benefit

Paid from Major Medical Benefit

Limited to funds in the Medical Savings Account Limited to funds in the Medical Savings Account

imited to funds in the Medical Savings Account

No overall limit and subject to preauthorisation As per Chronic Illness Benefit Chronic Drug Amount

IN-HOSPITAL

Paid from Major Medical Benefit; no overall limit

Paid from Medical Savings Account/Extended Day-to-day Benefi

Paid from Major Medical Benefit; no overall limit

OUT-OF-HOSPITAL

INTERNAL PROSTHESES

Paid from Major Medical Benefit up to R207 000 per person per year

Unlimited and paid from Major Medical Benefit if obtained from Designated Service Provider. If the Scheme's DSP is not used, limited to R25 500 per level, with an overall limit

Only one procedure per year will be authorised Unlimited and paid from the Major Medical Benefit if obtained from the Scheme's Preferred Provider. A limit of R40 000 per prosthesis will apply if the Preferred Provider is not used

Paid from Major Medical Benefit subject to preauthorisation EXTERNAL MEDICAL ITEMS Covered in full at the Scheme's Designated Service Provider. Subject to preauthorisation and covered from Major Medical Benefit

Limited to funds in Medical Savings Account

R180 per person per year for one or all of the listed screening tests, if performed at the same time. Payable from Major Medical Benefit only if one of the Scheme's contracted

providers is used Limited to one Pap smear every three years, one mammogram every two years and one prostate-specific antigen test per person per year, paid from Major Medical Benefit.

Consultations, other related costs and procedures paid from Medical Savings Account/ Extended Day-to-day Benefit, unless it is a Prescribed Minimum Benefit

Eligible persons have access to one specific approved pneumococcal vaccine per lifetime paid from Major Medical Benefit R65 per qualifying child per year for one or all of the listed screening tests, if performed at the same time. Paid from Major Medical Benefit only if one of the Scheme's contracted

roviders is used

No overall limit. Benefits subject to approval of treatment plan

o overall limit. Benefits subject to approval of treatment plan and use of the Scheme's Designated Service Provider. Co-payments will apply if the Designated Service Provider is

following limits for the benefits listed below:

Allied and therapeutic healthcare services M R15 650 1 R21 200 3 R25 900 3 R30 000 healthcare services External Medical R39 400 Hearing Aids R18 300 Prescribed Medicine M R17 200 1 R20 850 3 R25 150 3+ R27 450 Prosthetic limbs (with no further acces R75 600 to the external medical

aid from the Major Medical Benefit up to 100% of the LA Health Rate per family up to the

Benefits are paid according to general Rules applicable to this Benefit Option in terms of

R4 007

R4 438

Maximum for 3 child dependant dependants R1 326 R3 978



Client Services 0860 103 933 or

service@discovery.co.za



To help you understand the table better, please have a look

This covers all your medical expenses when you are admitted to hospital and also certain out-of-

LA Active Options for limited day-to-day medical expenses and includes cover for doctor and

Medical Savings Account Most out-of-hospital expenses are paid from this benefit. These funds can be carried over

If you are on the LA Comprehensive Option, you have access to this benefit once the Medical Savings

LA Health Rate is the rate of reimbursement used, based on the Discovery Health Rate, or a specific rate negotiated with the healthcare professional. If your doctor charges more than this rate, the claim will be paid to you, otherwise we will pay the doctor directly. All claims are

Treatment and care for

to preferential rates for PMBs. Providers are used, claims will be paid in full.

> the different benefit categories in alphabetical order in the table.

To find out more, please call LA Health Medical Scheme on 0860 103 933, visit www.lahealth.co.za or contact your accredited LA Health's key benefits and features, submitted to the Registera of Medical Schemes. If there is any discrepancy between this document and the registered Rules, the Rules will always apply.







Extended Day-to-day Benefit This is an annual amount LA Health makes available to members on the LA Core and

hospital procedures, subject to preauthorisation.

specialists visits, acute medicine, dentistry, optical, radiology and pathology claims.

from one year to the next if it remains unspent at the end of the year.

**Above Threshold Benefit** 

Account is exhausted and after the Annual Threshold is reached, subject to applicable limits. The Annual Threshold Benefit will pay for day-to-day expenses.

paid up to 100% of the LA Health Rate, unless a different rate is specifically indicated.

Prescribed Minimum Benefit conditions Certain specialists and GPS have agreed

If these providers Preferred or Designated If other providers are used, claims will be paid up to the LA Health Rate only.

Please note: For ease of reference, we have listed